

Beautiful turmeric and its benefits.

Beautiful turmeric and its benefits. It is used by many food manufacturers to give food a lovely natural yellow color in products such as curry powders, mustards, butters and cheeses. It can also add a warm and peppery flavor to liven up a dish. By adding this spice, food manufacturers are also giving us minor medicinal benefits. Turmeric contains compounds called curcuminoids of which curcumin is the most important. This compound is very effective as an anti-inflammatory that can be used for arthritis, joint pain, ulcerative colitis and the list goes on. JSL uses turmeric in our Fortune Yakisoba Noodles as a natural color enhancer. We feel that using natural ingredients benefit the quality and flavor of our products without using artificial colors and flavors that may cause harm.

