

SUBJECT: DISTRICT WELLNESS POLICY

It is the policy of the Board of Education, pursuant to the National School Lunch Act, Child Nutrition Act of 1966, and the Healthy Hunger-Free Kids Act (HHFKA) that:

- a) Nutrition education shall be integrated into the District's health curriculum at all academic levels consistent with national and state health education standards. The curriculum shall include the following goals:
 1. Increase students' nutritional knowledge, including but not limited to, the benefits of healthy eating, essential nutrition, weight management, safe food preparation, handling and storage.
 2. Increase students' understanding of food labels, nutritional information and misinformation, as well as commercial food advertising.
 3. The promotion of healthy foods including fruits, vegetables, whole grains and low fat dairy products is encouraged.
- b) In accordance with national and state recommended guidelines, the District recognizes the benefits of providing, to the extent practical, opportunities for students to participate in physical activity each day. The benefits of physical activity shall be integrated into the Districts' physical education curriculum and health curriculum at all levels and implemented within the school on a regular basis.
- c) The District shall provide food to students in accordance with State and Federal nutritional guidelines.
 1. A food service program that employs well prepared staff who serve appealing choices of nutritious food.
 2. A clean, safe, enjoyable meal environment for students.
 3. The school district guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by the Secretary of Agriculture pursuant to subsections (a) and (b) of Section 10 of the Child Nutrition Act (42 USC 1779) and Section 9(f)(1) and 17(a) of the Richard B. Russell National School Lunch Act (42 USC 1758(f)(1), 1766(a)(O), as applied to schools.
- d) A plan for measuring implementation of this policy shall be created and monitored by the Superintendent or designee and the Board further designates the responsibility of ensuring the School District meets the criteria of this policy to the Superintendent. The plan shall include the following:

(Continued)

POLICY

2015 5661
2 of 2
Non-Instructional /
Business Operations

SUBJECT: DISTRICT WELLNESS POLICY (Cont'd.)

1. Methods of reporting on program implementation;
 2. Methods for collection and evaluation of results of the program;
 3. Strategies for identifying weak areas of the program and means for improving those areas;
 4. Means for ensuring various components of the program are integrated within the basic operation of the district and are designed to reinforce one another and present consistent messages to student learning.
- e) Local wellness policies and procedures shall be developed in conjunction with parents, students, representatives of the school food authority, representatives of the school administration, teachers of physical education and school health and members of the public.

Child Nutrition and WIC Reauthorization Act of 2004, Public Law Section 108-265 Section 204
Richard B. Russell National School Lunch Act, 42 United States Code (USC) Section 1751 et seq.
Child Nutrition Act of 1966, 42 United States Code (USC) Section 1771 et seq.
7 Code of Federal Regulations (CFR) Section 210.10
Healthy, Hunger-Free Kids Act (HHFKA) of 2010, Public Law 111-296

Adopted 6/8/10
Amended 8/11/15