

# Binghamton City Elementary Schools & Broome County Catholic Schools

# May 2012 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	Hot Dog on a Bun Mac & Cheese California Blend Veggies Fresh Apple Low Fat Milk	Asian Chicken (Tangerine) Brown Rice Broccoli Chilled Pears Low Fat Milk	Fish Sticks w/Tartar Sauce Wheat Dinner Roll Sweet Potato Fries Fresh Kiwi Low Fat Milk	100% Fruit Juice Stuffed Crust Pizza Garden Salad w/Chickpeas Assorted Fresh Fruit Low Fat Milk
	1	2	3	4
Hamburger on a Bun Potato Puffs Green Beans Chilled Peaches Low Fat Milk	½ Day Parent Conferences Ham & Cheese Sandwich Carrot Sticks Fresh Orange Low Fat Milk	Tomato Soup Grilled Cheese Sandwich Fresh Broccoli Fresh Banana Low Fat Milk	Pasta w/Meat Sauce Italian Bread Green Salad Mixed Fruit Low Fat Milk	100% Fruit Juice Pizza Sticks Garden Salad w/Chickpeas Assorted Fresh Fruit Low Fat Milk School Nutrition Employee Week 11
School Nutrition Employee Week 7	School Nutrition Employee Week 8	School Nutrition Employee Week 9	School Nutrition Employee Week 10	
Chicken Poppers Wheat Dinner Roll Oven Roasted Potatoes California Blend Veggies Fresh Apple Low Fat Milk	Meat Ball Sub Broccoli Chilled Peaches Low Fat Milk	Rex & Roxy's B-Day Fruit & Yogurt Parfait Mozzarella String Cheese Soft Pretzel Baby Carrots Low Fat Milk Oatmeal Raisin Cookie	Roasted Chicken Mashed Potatoes Green Peas Fresh Orange Low Fat Milk	100% Fruit Juice Stuffed Crust Pizza Garden Salad w/Chickpeas Assorted Fresh Fruit Low Fat Milk
14	15	16	17	18
Chicken Patty on a Bun Sweet Potatoes Green Beans Applesauce Low Fat Milk	Chicken Soft Tacos Spanish Rice Baby Carrots Fresh Kiwi Low Fat Milk	100% Fruit Juice French Toast Sticks Sausage* Hash Brown Fresh Banana Low Fat Milk	100% Fruit Juice School's Choice Pizza Garden Salad w/Chickpeas Assorted Fresh Fruit Low Fat Milk	NO SCHOOL
21	22	23	24	25
NO SCHOOL <b>MEMORIAL DAY</b>	Chicken Tenders Wheat Dinner Roll Oven Baked Fries Broccoli Chilled Mixed Fruit Low Fat Milk	Fruit & Yogurt Munchable (Gold Fish Grahams, Fruit, Carrots, String Cheese) Low Fat Milk	Pierogies w/Meat Sauce Wheat Dinner Roll Green Salad Chilled Peaches Low Fat Milk	
28	29	30	31	

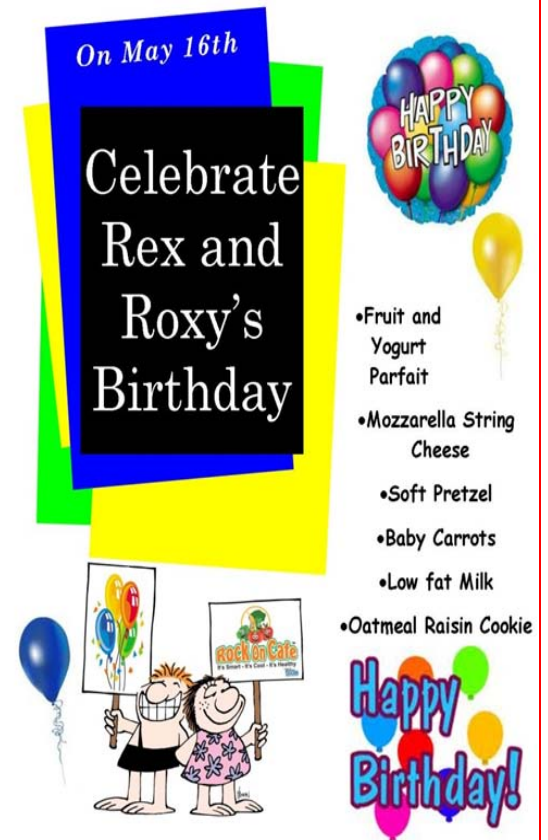
Now you can pay for your meals on-line. Visit our new website: [www.bcsdfs.org](http://www.bcsdfs.org)

\* - Shaded Boxes –  
Food item that contains pork.

Lunch – \$1.95      Catholic School - \$2.20      Student Milk - \$.55      Ice Cream - \$.65

1%, Skim, ½% Low Fat Choc., Fresh Fruit and/or Juice offered daily. Menu subject to change without notice.

Assorted Fresh Fruit & Whole Wheat Dinner Roll Available Daily



### Replace the Entrée:

Monday – Turkey      Thursday – Bologna  
Tuesday – Ham      Friday – Tuna  
Wednesday – Turkey

Peanut Butter & Jelly available daily

### "Rock On" Alternative Choice:

5/1-5/4: Hummus Munchable  
5/7-5/11: Turkey Bacon Ranch  
5/14-5/18: Popper's Salad  
5/21-5/24: Chicken Fajita Salad  
5/29-5/31: Chef Salad