TAKE ACTION!
Living well with diabetes

Western New York
Directory of Resources
January 2010

Sponsored By:

Western New York Association of Diabetes Educators (WNYADE)
***Please note, this may not be a complete directory of community services currently available to diabetics in Western New York. If you are aware of a program that is not currently listed in the guide but should be, please complete and submit the form below. The Diabetes Resource Guide Directory of Services will be updated quarterly in order to maintain current with services available***

Diabetes Resource Guide  
Community Resources Inventory

Organization/Practice:  

Program Name (if applicable):  

Address:  

Phone (including area code):  
Fax (including area code):  
Email and/or Website address:  

Briefly describe the service(s) offered.

We would appreciate it if you would provide us your name and phone number so we may contact you should we have any questions about the information.

Submitted by ________________________________

Phone ___________________ Email ____________________

Note: Submission of information does not guarantee publication in Resource Guide. Submitted content may be edited to meet specifications of the Resource Guide.

Please return completed form to:  
Dawn Greyson, 6225 Sheridan Drive, Suite 206, Williamsville, NY 14221  
Email: dawn@p2wny.org  
Fax: 716-631-2962
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Allegany County
Allegany Eye Associates
Kurt Benham, MD
Kenneth Van Dine, MD
12 Martin Street
Wellsville, NY 14895
Ph: (585) 593-6041
Website: www.alleganyeye.com/index.php
Description: Allegany Eye Associates is a full service eye care center with offices in Olean and Wellsville. They offer pediatric and diabetic eye care, complete eye exams, no-stitch cataract surgery, intraocular lenses, macular degeneration treatment and a complete selection of eyewear. Their doctors and staff are well trained and skilled in the latest treatments available to assure that you receive the best care possible.

Robert Gilfert, DPM
4305 Fassett Lane
Wellsville, NY 14895
Ph: (585) 593-3900
Fax: (585) 593-3901
Description: Physician offering foot care services to diabetic patients.

Jones Memorial Hospital
191 North Main Street
Wellsville, NY 14895
Ph: (585) 596-4035
Fax: (585) 596-2055
Website: www.jmhny.org
Program: Wellsville Lions Club Diabetes Center
Description: The Wellsville Lions Club Diabetes Center offers programs recognized by the American Diabetes Association. Some of the programs they offer include: monthly self-management classes; one-on-one diabetes education and nutritional counseling with a RN, CDE or RD; point-of-care testing: A1C; lipids and urine microalbumin; external ocular photographic screening; continuous glucose monitoring sensor: patient hook-up, training, removal, and download; pump education; and starts.
Cattaraugus County
**Allegany Eye Associates**
Kurt Benham, MD  
Kenneth Van Dine, MD
130 South Union Street #8  
Olean, NY 14760
Ph: (716) 372-8642  
Website: www.alleganyeye.com/index.php

**Description:** Allegany Eye Associates is a full service eye care center with offices in Olean and Wellsville. They offer pediatric and diabetic eye care, complete eye exams, no-stitch cataract surgery, intraocular lenses, macular degeneration treatment and a complete selection of eyewear. Their doctors and staff are well trained and skilled in the latest treatments available to assure that you receive the best care possible.

**Bertrand Chaffee Hospital**
222 East Main Street  
Springville, NY 14141
Ph: (716) 592-2871 x 1489  
Fax: (716) 592-8104  
Website: www.chaffeehospitalandhome.com  
E-mail: dschrantz@bch-jbr.org

**Program:** Diabetes Education Counseling

**Description:** Whether newly-diagnosed, or in need of updated information, Diabetes Management classes are offered for Type 2 diabetics. Classes are conducted on an individual basis and family members are encouraged to attend. Classes are covered by most insurance plans.

**Cornell University Cooperative Extension of Allegany & Cattaraugus Counties**
28 Parkside Drive  
Ellicottville, NY 14731
Ph: (716) 699-2377 x 111  
Fax: (716) 699-5701  
E-mail: ake2@cornell.edu

**Program:** Living Smart

**Description:** One-on-one, family or small group education is offered in the home or at an agency in nutrition, budgeting, menu planning, shopping for special diets and fitting them into your budget. Living Smart Community Educators take the diet prescribed by a doctor, and set-up by a registered dietician, and instructs patients how to put it into practice.

**Healthy Community Alliance**
One School Street  
Gowanda, NY 14070
Ph: (716) 532-1010  
Fax: (716) 532-1011  
Website: www.communityalliance.org

**Program:** Diabetes Education & Prevention

**Description:** The Healthy Community Alliance is a member of the New York State Diabetes Control and Prevention Coalition. A grant from the New York State Department of Health has enabled the Alliance to participate in diabetes control, education and prevention programs throughout the area. The Alliance program focuses on increasing community awareness of Type 2 diabetes through education
and outreach. The Alliance website features diabetic-friendly recipes.

Michael Izzo, DPM
100 Memorial Drive
Gowanda, NY 14070
Ph: (716) 532-3368
Description: Physician offering foot care to diabetic patients.

Lionel R John Health Center
987 RC Hoag Drive
Salamanca, NY 14779
Ph: (716) 945-5894
Fax: (716) 945-1983
Website: www.sni.org/health.html
E-mail: Luanne.spruce@senecahealth.org
Program: Stomping Out Diabetes at Ohi:yo’
Description: The Lionel R John Health Center offers one-on-one diabetes education, a disease management support group, disease management self-management classes, fitness programs, nutrition education, and a diabetes prevention program for eligible Native participants utilizing Indian Health Services.

John Miller, DPM
2646 West State Street
Olean, NY 14070
Ph: (716) 373-3338
Fax: (716) 373-4825
Description: Physician offering foot care to diabetic patients.

Olean General Hospital
515 Main Street
Olean, NY 14760
Ph: (716) 375-4127
(716) 375-6271
Fax: (716) 375-6096
Website: www.ogh.org
Email: bwalker@ogh.org
mfay@ogh.org
Program: Diabetes Education Program
Description: Whether newly diagnosed, have had diabetes, or are having your treatment plan changed, the program and faculty at Olean General Hospital can help you gain the skills and knowledge necessary to lead a healthy life with diabetes. Their competent Certified Diabetes Educators provide all the services including an ADA-recognized, 10-hour workshop monthly. Individual counseling is also offered. A free Diabetes Support Group meets the 3rd Tuesday of the month. We offer MNT education for those with specific meal planning needs, such as carbohydrate counting. They also have a “Diet Hotline” for anyone with questions regarding health nutrition at (716)375-6270.

Olean Medical Group
Priya Mohanty, MD
535 Main Street
Olean, NY 14760
Ph: (716) 376-2282
Fax: (716) 373-6632
Website: www.oleanmedicalgroup.com
Description: Diabetics can come to this practice, for the management of their diabetes – injections, diet consultation, testing, devices and medications.

Olean Podiatry, PC
Puneet Chahal, DPM
Richard Scott, DPM
2605 West State Street
Olean, NY 14760
Ph: (716) 372-7396
Fax: (716) 372-1451
Description: Podiatry practice offering foot care services to diabetic patients.
Chautauqua County
**Brooks Memorial Hospital**  
529 Central Avenue  
Dunkirk, NY 14048  
**Ph:** (716) 363-7296  
**Fax:** (716) 363-7340  
**Website:** www.brookshospital.org  
**E-mail:** lwalters@brookshospital.org  
**Program:** *Diabetes Self-Management Education Program*  
**Description:** Brooks Memorial Hospital offers general diabetic education, diabetes self-management education, individual counseling, group sessions, and dietary council. A Diabetic Support group meets last Monday of every month at 6:30pm.

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**Cattaraugus Indian Reservation Health Center**  
36 Thomas Indian School Drive  
Irving, NY 14081  
**Ph:** (716) 532-8223 x 5208  
**Fax:** (716) 532-2501  
**Website:** www.sni.org/health.htm  
**E-mail:** Luanne.spruce@senecahealth.org  
**Program:** *Balancing Your Life & Diabetes*  
**Description:** Programs offered include: diabetes prevention program for people with pre-diabetes; core diabetes instruction program for people with diabetes; individual diabetes education; disease management support group; disease management self-management classes; fitness; and nutrition education for eligible Native participants utilizing Indian Health Services.

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**Chautauqua County Office for the Aging**  
HRC Building  
7 North Erie Street  
Mayville, NY 14757  
**Ph:** (716) 753-4471  
**Website:** www.co.chautauqua.ny.us  
**Program:** *Nutrition & Wellness Programs*  
**Description:** The Chautauqua County OFA offers numerous activities to promote the health and wellness of seniors. Services include: in-home nutrition education, physical activity programs, Meals on Wheels and congregate meal sites.

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**Chautauqua PT, OT & SLP Professionals, PLLC**  
Riverwalk Center  
15 South Main Street, Suite 220  
Jamestown, NY 14701  
**Ph:** (716) 488-2322  
**Fax:** (716) 488-2574  
**Website:** www.chautauquapt.com  
**E-mail:** jgoerke@chautauquapt.com  
**Description:** Chautauqua PT, OT & SLP Professionals offers anodyne therapy for diabetic neuropathy, numbness and pain. Balance training and therapeutic exercise is also available.

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**Chautauqua County Health Network**  
200 Harrison Road  
Jamestown, NY 14701  
**Ph:** (716) 338-0010  
**Fax:** (716) 338-9740  
**Website:** www.cchn.net  
**Program:** *Living Well – Chronic Disease Self-Management Program*  
**Description:** The Chronic Disease Self-Management Program is a workshop given two and a half hours, once a week, for six weeks, in community settings such as senior centers, churches, libraries and hospitals. People with different chronic health problems attend together. Subjects covered include: 1) techniques to deal with problems such as frustration, fatigue, pain and isolation, 2) appropriate exercise for maintaining and improving strength, flexibility, and endurance, 3) appropriate use of medications, 4) communicating effectively with family, friends, and health professionals, 5) nutrition, and 6) how to evaluate new treatments.
**Cornell Cooperative Extension of Chautauqua County**
3542 Turner Road, Suite 1
Jamestown, NY 14701

**Ph:** (716) 664-9502 x 216  
**Fax:** (716) 664-6327  
**Website:** [http://chautauquacce.shutterfly.com](http://chautauquacce.shutterfly.com)

**Program:** *Eat Smart NY*

**Description:** Nutrition educators work with low-income individuals with diabetes that have received a meal plan from a dietician. The service consists of 6-8 lessons that can be offered in a home or group setting.

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**Cornell Cooperative Extension of Chautauqua County**
3542 Turner Road, Suite 1
Jamestown, NY 14701

**Ph:** (716) 664-9502  
**Fax:** (716) 664-6327  
**Website:** [http://chautauquacce.shutterfly.com](http://chautauquacce.shutterfly.com)

**Program:** *Women, Infants, Children Nutrition Program*

**Description:** Nutrition education is provided to women and children through the WIC program. CCE also provides home health services, minority health outreach for the developmentally disabled, mobile crisis services and a migrant health program.

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**Great Lakes Home Healthcare Services Allied Healthcare Systems**
37 West Main Street  
Fredonia, NY 14063  
15 South Main Street  
Jamestown, NY 14701

**Ph:** (716) 672-4704 (Fredonia)  
(716) 664-5092 (Jamestown)

**Website:** [www.greatlakeshhs.com](http://www.greatlakeshhs.com)

**Description:** Diabetic supplies such as shoes, blood glucose monitors, insulin pumps are available. Educational sessions on diabetes are also available.

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**Hospice Chautauqua County**
4840 West Lake Road  
Mayville, NY 14757

**Ph:** (716)753-5383  
**Fax:** (716)753-5253

**Website:** [http://hospicechautco.org](http://hospicechautco.org)  
**E-mail:** egaken@hospicechautco.org

**Program:** *Connections*

**Description:** *Connections* is a community service program dedicated to helping people achieve quality of life as they cope with a life-limiting and/or terminal illness. The program liaisons provide client advocacy and support and link people to other community resources for which they may be eligible.

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**Great Lakes Medical Research**
138 East Main Street  
Westfield, NY 14787

**Ph:** (716) 326-4890  
**Fax:** (716) 326-4887

**E-mail:** seek@glmr.info

**Description:** A variety of clinical research trials, many of which are for the treatment of diabetes are performed. Volunteers who participate in the trials are given one-on-one diabetic education sessions, free study-related medical care, medications, and supplies.

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**Lakeshore Eye Care**
*Vishal Sharma, MD*
12657 Seneca Road  
Irving, NY 14081

**Ph:** (716) 934-3300

**Description:** Ophthalmology practice offering comprehensive eye care services to diabetic patients.
**Northern Chautauqua Eye Clinic**  
*Michael Lahood, MD*

749 Central Avenue  
Dunkirk, NY 14048

**Ph:** (716) 366-6300

**Description:** Ophthalmology practice offering comprehensive eye care services to diabetic patients.

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**Nutri-Perx**

323 Central Avenue  
Dunkirk, NY 14048

**Ph:** (716) 366-1012

**Program:** Choose to Lose

**Description:** Nutri-Perx offers services including nutrition planning, medical nutrition therapy, diabetes self-management, individual, and group weight loss programs.

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**Nutrition To Go**  
*Kerry Mihalko, RD, CDE*

255 Maple Avenue  
Cassadaga, NY 14718

**Ph:** (716) 665-0792  
**Fax:** (716) 595-3310

**E-mail:** kmihalko1@stny.rr.com

**Description:** Nutrition and diabetes education offered in the privacy of your home or office.

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**Podiatry Associates of Jamestown**  
*Anthony Tuccio, DPM*  
*Mark Tuccio, DPM*

844 Fairmount Avenue  
Jamestown, NY 14701

**Ph:** (716) 483-2220  
**Fax:** (716) 487-2885

**Description:** Podiatry practice offering foot care services to diabetic patients.

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**The Resource Center**

880 East 2nd Street  
Jamestown, NY 14701

**Ph:** (716) 661-1447  
**Fax:** (716) 661-1487

**Website:** www.resource-center.org

**Program:** Primary Care Medical Services

**Description:** The Resource Center offers medical care that emphasizes health promotion and disease prevention through patient education, as well as medical management of acute and chronic illness. Podiatrists, nutritionists, dentists, as well as a number of other medical professionals are on site for your health care needs.

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**Seneca Eye Surgeons**  
*Timothy O’Brien, MD*  
*Robert Weiss, MD*

27 Porter Avenue  
Jamestown, NY 14701

**Ph:** (716) 483-2020

**Website:** www.senecaeye.com

**Description:** Ophthalmology practice offering comprehensive eye care services to diabetic patients.

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**WCA Hospital**

Lakewood Health Center  
100 Mall Boulevard  
Lakewood, NY 14750

**Ph:** (716) 763-7378  
(716) 763-7390

**Fax:** (716) 763-5671

**Website:** www.WCAHospital.org  
**E-mail:** Jacqueline.carlson@wcahospital.org

**Program:** Diabetes Self-Management Program

**Description:** WCA Hospital offers a comprehensive diabetes education program approved by the American Diabetes Association for meeting quality standards for excellence in
diabetes education. Classes and individual appointments, specialty services such as insulin pump education, and Healthy Balance classes are available. Services are covered by most insurance.

**Westfield Memorial Hospital**
189 East Main Street
Westfield, NY 14787

Ph:  (716) 793-2211  
(716) 326-4921  
Fax:  (716) 793-2312  
E-mail:  Kgreiner@svhs.org

**Program:**  *Diabetes Self-Management Education Program*

**Description:**  Westfield Memorial Hospital offers outpatient programs for nutrition and diabetes education. Diabetes support group also available.

**Robert Zimmer, DPM**
614 Central Avenue
Dunkirk, NY 14048

Ph:  (716) 366-6393  
Fax:  (716) 366-6394

**Description:**  Podiatry practice offering foot care services to diabetic patients.
Erie County
**Academic Medicine Service**
Ajay Chaudhuri, MD  
Paresh Dandona, MD  
Sandeep Dhindsa, MD  
Augustine Ryan, MD  
John Ryan, MD  
3980 Sheridan Drive #601  
Buffalo, NY 14226  
Ph: (716) 961-9900  
Website: www.amsdocs.med.buffalo.edu  
Description: Full service Internal Medicine Practice providing primary care and all the subspecialties associated with internal medicine.

**Ambulatory Foot Care Center**
George Vasiliadis, DPM  
190 Main Street  
Tonawanda, NY 14150  
Ph: (716) 693-1050  
Fax: (716) 693-1240  
Website: www.ambulatoryfootcarecenter.com  
Description: The goal of the Ambulatory Foot Care Center is to make you feel comfortable by providing friendly, reliable and timely assistance in a compassionate, professional environment. They believe that early intervention, prompt diagnosis, preventative care and patient education are essential in the treatment of foot and ankle conditions.

**Advanced Podiatry Services**
Howard Penn, DPM, FACFS  
1271 Ridge Road  
Lackawanna, NY 14218  
Ph: (716) 824-9835  
Fax: (716) 827-7095  
Website: www.drhowardpenn.com  
Description: Advanced Podiatry Services is a private practice serving Lackawanna and the surrounding communities. Dr. Howard Penn offers expert and professional podiatric services: this includes complete diabetic foot care, arthritic foot care, sports medicine, and foot surgery.

**Alianza Latina, Inc**
200 South Elmwood Avenue  
Buffalo, NY 14201  
Ph: (716) 852-5969  
Fax: (716) 362-3173  
Website: www.alwny.org  
Program: *Por Tu Familia*  
Description: Staff is trained in providing *Por Tu Familia*, a program developed by the ADA, to the community in Spanish.

**American Diabetes Association**
315 Alberta Drive  
Amherst, NY 14226  
Ph: (716) 835-0274  
Fax: (716) 835-0283  
Website: www.diabetes.org  
Description: Diabetes is a disease that affects the whole family. Whether you're a patient, parent, sibling or other family member, your support and understanding can make all the difference. The American Diabetes Association provides information and resources to help every individual and every family adjust to life with diabetes.

**American Heart / American Stroke Association**
20 Northpointe Parkway, Suite 130  
Amherst, NY 14228  
Ph: (716) 614-1986  
Fax: (716) 564-1101  
Website: www.iknowdiabetes.org/enroll.html  
E-mail: Roseanne.stephan@heart.org  
Program: *Heart of Diabetes*  
Description: The *Heart of Diabetes* program encourages patients living with Type 2 diabetes to get regular physical activity, eat...
healthy foods, and work with a healthcare provider to develop a comprehensive treatment plan. Enrolling is FREE, and you'll receive these great benefits: A free cookbook, “Recipes for a Healthier Life,” filled with diabetes-friendly recipes.; and a monthly e-newsletter filled with heart-healthy tips, events and programs, news, recipes, promotions and more.

Armenia, Armenia & Bruno MDs
Donald Armenia, MD
John Armenia, MD
Maria Bruno, MD
3723 Seneca Street
West Seneca NY 14224
Ph: (716) 675-5000

Description: Ophthalmology practice offering comprehensive eye care services to diabetic patients.

Back of the Eye MD
Saralyn Notaro Rietz, MD
4476 Main Street, Suite 114
Amherst, NY 14226
Ph: (716) 839-9009
Website: www.backoftheeyemd.com

Description: Ophthalmology practice offering comprehensive eye care services to diabetic patients.

Pamela J. Beamer, RD, CDE, CDN
Ph: (716) 861-6044
Fax: (716) 834-2229
E-mail: pam@ckfs.com

Description: Pamela Beamer, a Certified Diabetes Educator, offers presentations for community groups, cooking demonstrations and workplace/employee education/consulting.

Behavioral Healthcare Network (BHN)
PO Box 543
Williamsville, NY 14231
Ph: (716) 633-9100
Fax: (866) 352-3385

Website: www.behavioralhealthcarenetwork.org

Description: There is a known correlation between diabetes and depression. BHN is a network of thirty (30) psychologists and social workers who are able to work with individuals who have diabetes around issues related to depression and compliance. Check our website for therapist’s individual listings.

BlueCross BlueShield of WNY
257 West Genesee Street
Buffalo, NY 14202
Ph: (877) 878-8785
Fax: (877) 448-0702

Website: www.bcbswny.com
E-mail: belling.celine@bcbswny.org

Program: Diabetes Disease Management Program

Description: The Diabetes Disease Management program provides FREE telephonic health coaching, written and web-based education, and professional health instruction by Registered Nurses to promote a healthy lifestyle to manage diabetes and prevent life changing complications to all members of BlueCross BlueShield of Western New York.

Buffalo Endocrinology
Amy Wnek, MD
600 Harlem Road
West Seneca, NY 14224
Ph: (716) 332-2121

Description: Physician office offering treatment and care for those afflicted with diabetes.
Buffalo Eye Center
Ashvani Gulati MD
3750 Delaware Avenue
Kenmore, NY 14217

Ph:  (716) 874-2455
Fax:  (716) 874-5775

Website:  www.buffaloeyecenter.com

Description:  This ophthalmology practice offers the most current and innovative services available and the latest in diagnostic equipment. Whether you suffer from cataracts, impaired vision, glaucoma, macular degeneration or dry eyes, they offer the most advanced treatment options available. Routine comprehensive eye exams are performed by our board-certified ophthalmologist and optometrist.

Buffalo General Hospital
100 High Street
Buffalo, NY 14203

Ph:  (716) 859-1897
Website:  http://bgh.kaleidahealth.org
E-mail:  Cchelus@KaleidaHealth.org

Program:  Diet Education

Description:  Buffalo General Hospital provides inpatient and outpatient diet education.

Buffalo Medical Group
Ravi Sinha, MD
Joseph Torre, MD
85 High Street
Buffalo, NY 14203

Ph:  (716) 857-8800
Website:  www.buffalomedicalgroup.com

Program:  Endocrinology Services

Description:  The Buffalo Medical Group’s Endocrinology Department specializes in preventive medicine and nutrition, and works closely with a certified dietician/nutritionist and diabetes educator. The Endocrinology staff also has extensive experience and skill in the supervision of insulin pump therapy and continuous glucose monitoring, as well as fine needle aspiration and biopsy of thyroid nodules. In addition, the Buffalo Medical Group now has a pediatric endocrinologist who specializes in juvenile onset diabetes.

Buffalo Medical Group
Jon Dusse, MD
85 High Street, Suite 316
Buffalo, NY 14203
Ph:  (716) 857-8604
Website:  www.buffalomedicalgroup.com

Program:  Ophthalmology Services

Description:  The Buffalo Medical Group’s Ophthalmology Department, under the direction of a board certified ophthalmologist, offers a comprehensive range of services to diagnose and treat visual disorders. From basic eye exams to diagnostic testing and surgery, the ophthalmologists use sophisticated equipment to test vision and the health of the eye while treating a broad spectrum of eye conditions including cataracts, glaucoma and low vision as the result of macular degeneration.

Buffalo-Niagara Retina Associates
Umberto Albanese, MD
Mark Comaratta, MD
Henry Lee, MD
220 Red Tail, Suite 3
Orchard Park, NY 14127
6480 Main Street, Suite 1
Williamsville, NY 14221
Ph:  (716) 631-3300
Website:  www.bnretina.com

Description:  Diabetes is a condition that primarily damages the small blood vessels throughout the body. When diabetes affects the small blood vessels in the eye, it leads to diabetic retinopathy. This can cause several sight-threatening conditions. With timely diagnosis and treatment, vision often can be preserved or even improved. For the management of diabetic retinopathy, it is essential to follow up with a
primary medical doctor, to control blood sugar, blood pressure, and cholesterol levels. Keeping these under control is the best way to prevent many of the complications from diabetes. Additionally, however, it is important to follow-up with an eye care specialist on a regular basis, so any problems can be identified and treated in a timely manner. This gives you the best chance to prevent vision loss due to this condition.

Buffalo Urban League
15 East Genesee Street
Buffalo, NY 14203
Ph: (716) 854-7625
Fax: (716) 854-8960
Website: www.buffalourbanleague.org
E-mail: gtate@buffalourbanleague.org
Program: Remarkable Women: That’s You
Description: Remarkable Women: That’s You, is a diabetes prevention program geared toward African-American women.

BWI Health Promotions
8355 Cherry Lane
Eden, NY 14057
Ph: (716) 992-2732
Fax: (716) 992-3747
Website: www.bwihp.com
E-mail: battleworks@verizon.net
Program: Common Sense Nutrition for Diabetes
Description: Common Sense Nutrition for Diabetes is your opportunity to learn “how” to help get your diabetes under control. A qualified health professional will offer you the tools necessary to improve your blood sugar through good eating habits and activity.

Community Action Organization of Erie County
70 Harvard Place
Buffalo, NY 14209
Ph: (716) 881-5150
(716) 903-3290
Website: www.caaoec.org
E-mail: myhealthyadvantage@yahoo.com
Program: Health and Healing Circle
Description: Healthy lifestyles are promoted through health and nutrition education, with a focus on diabetes and other health issues. This program advocates prevention, self-management, exercise, weight release and healthy cooking to improve quality of life.

Community Health Center of Buffalo
462 Grider Street
Buffalo, NY 14215
Ph: (716) 898-4062
Fax: (716) 898-3051
Website: www.chcb.net
E-mail: lrochon@chcb.net
Description: Provides quality, culturally-sensitive, preventative and primary healthcare to the underserved of the community through state-of-the art clinical and business practices in a teaching environment.

Cornell Cooperative Extension of Erie County
21 South Grove Street
East Aurora, NY 14052
Ph: (716) 652-5400 x 175
Fax: (716) 652-5073
Website: http://counties.cce.cornell.edu/erie/esny.html
Program: Eat Smart NY
Description: Nutrition educators work with low-income individuals with diabetes that have received a meal plan from a dietitian. The service consists of 6-8 lessons which can be offered in a home or group setting.
Cukierman and Haque, MDs
Jack Cukierman, MD
Shahid Haque, MD
4247 Maple Road
Buffalo, NY 14226

Ph: (716) 838-9871
Fax: (716) 838-3084

Description: Physician practice offering treatment and care for those afflicted with diabetes.

Phillip Culliton, DPM
2700 Sheridan Drive
Tonawanda, NY 14150

Ph: (716) 835-2617
Fax: (716) 835-2618

Description: Podiatry practice offering foot care services to diabetic patients.

Roy DeFrancis, DPM
570 French Road
Cheektowaga, NY 14227

Ph: (716) 668-1610
Fax: (716) 668-1483

Description: Podiatry practice offering foot care services to diabetic patients.

Diabetic Foot Clinic of Western New York (DFC)
Corstian Brass, MD
G Richard Curl, MD
Paul Nasca, DPM
Peter Pons, MD
Jonathan Reynhout, MD
Bernard Rohrbacher, MD
Raymond Schultz, MD
Joseph Torre, MD
85 High Street
Buffalo, NY 14203

Ph: (716) 857-8603
Website: www.centerforskinintegrity.com

Description: Diabetic Foot Clinic (DFC) of Western New York is an expert team of board certified physician specialists who work with each patient’s primary care physician to provide coordinated and comprehensive treatment of foot problems for diabetics.

Educated Healthcare
9700 The Pines
Clarence, NY 14031

Ph: (716) 713-7865
Fax: (716) 636-6244

Website: www.myhealthpac.com
E-mail: healthcarepac@yahoo.com


Description: This workshop helps patients manage their health care by:
1. Providing a HealthPac to manage important health care information.
2. Teaching patients how to use this information at the time of a visit to maximize their visit, minimize their costs.
3. Preparing patients in case of emergency: critical health care information is in one place – organized and ready to use.

Elmwood Health Center
2128 Elmwood Avenue
Buffalo, NY 14207

Ph: (716) 874-4500
Fax: (716) 873-3638
Website: www.people-inc.org

Description: Nutrition services offered include a complete nutrition evaluation and individualized nutrition plan provided by a Registered Dietitian/Certified Diabetes Educator. Additionally, rehabilitation services are available to the diabetic population. These services include outpatient physical therapy and a self-pay wellness program to assist with weight loss, aerobic conditioning and patient education.
Epstein & Vilardo MDs
Barry Epstein, MD
Michael Vilardo, MD
606 North French Road
Amherst, NY  14228
Ph: (716) 688-0996
Description:  Ophthalmology practice offering comprehensive eye care services to diabetic patients.

Erie County Department of Health
95 Franklin Street, Room 950
Buffalo, NY  14202
Ph:  (716) 858-7685
(716) 858-7695
Fax:  (716) 858-4966
Website:  www.erie.gov
E-mail:  Kelly.asher@erie.gov
Cheryll.moore@erie.gov
Program:  Be Active Erie County
Description:  Be Active Erie County provides a community-packaged walking program, a mailing list for notification of structured physical activity opportunities and educational materials that include nutrition information, activity tracking logs, and physical activity education.

Erie County Department of Health
95 Franklin Street, Room 975A
Buffalo, NY  14202
Ph:  (716) 858-7629
Fax:  (716) 858-7964
Website:  www.erie.gov/health
E-mail:  brinkwoj@erie.gov
Program:  Erie County Syringe-Expanded Access & Disposal Project
Description:  The Erie County Department of Health, along with representatives from a variety of organizations and walks of life, created a partnership to safely dispose used needles, syringes and lancets free of charge.

Disposal is now very convenient to county residents through the establishment of kiosk disposal sites in many Kmart pharmacies, health department clinic sites, community based organizations and diabetes specialty centers.

The Erie County Department of Health is a distribution site for free medical supplies such as syringes, band-aids, cotton, alcohol wipes, etc.

Erie County Department of Health
95 Franklin Street, Room 979
Buffalo, NY  14202
Ph:  (716) 858-7921
Fax:  (716) 858-4966
Website:  www.erie.gov/health
E-mail:  moorec@erie.gov
Program:  Type 2 Diabetes Prevention in Children Project
Description:  The Erie County Department of Health, with funding from the NYS Department of Health Diabetes Prevention and Control Program, is implementing a school-to-community program for children and their families called Fit and Fun. The program provides numerous educational and experiential opportunities for learning about healthier eating and physical activity.

Erie County Department of Health
95 Franklin Street, Room 975A
Buffalo, NY  14202
Ph:  (716) 858-7629
Fax:  (716) 858-7964
Website:  www.erie.gov/health
E-mail:  brinkwoj@erie.gov
Program:  WNY Coalition for Diabetes Prevention
Description:  The WNY Coalition for Diabetes Prevention is an eight-county collaboration of public health departments, community-based organizations and consumers that has the mission to effectively collaborate to promote and measure healthy lifestyles within diverse communities of Western New York for
the prevention and/or management of diabetes. The coalition provides diabetes self-management education for the un/underinsured client, pre-diabetes education for those diagnosed, and diabetes prevention activities such as walking and nutrition education programs in the eight-county region through funding received from the NYSDOH and partner-in-kind contributions.

**Erie County Department of Senior Services**  
95 Franklin Street  
Buffalo, NY 14202  
Ph: (716) 858-7639  
Fax: (716) 858-4966  
Website: www.erie.gov/stayfit  
Program: **Stay Fit Dining / Fitness Program**  
Description: The Erie County Stay Fit Dining/Fitness Program offers all county residents over the age of 60 the opportunity to participate in the noonday hot luncheon program offered Monday through Friday at most senior centers located in Erie County. There is no set cost for this meal but a voluntary contribution of $2.50 is requested. All menus are prepared by NYS Registered Dieticians and the meals served contain one-third of the Minimum Dietary Requirement. A special meal is offered for individuals with Diabetes and Hypertension. This tasty low sugar, low sodium meal is available on most days. Another activity offered at selected senior centers are group exercise sessions.

**Erie County Medical Center**  
A John Ryan, MD  
Rashmi Tomar, MD  
462 Grider Street  
Buffalo, NY 14215  
Ph: (716) 898-3147  
Fax: (716) 898-5352  
Website: www.ecmc.edu  
Program: **Endocrinology Clinic**  
Description: The Endocrinology Clinic provides consultation and ongoing follow-up to patients who are referred by a primary care physician. The clinical spectrum of diseases seen by Dr. A. John Ryan reflects a broad array of common and unusual endocrine and metabolic disorders. Physician referrals should include the patient’s history, a physical, appropriate lab data and the reason for referral.

**Erie Niagara Area Health Education Center**  
355 Linwood Avenue  
Buffalo, NY 14209  
Ph: (716) 881-8222  
Fax: (716) 881-8225  
Website: http://enahec.org  
E-mail: craigme@enahec.org  
Program: **Health Talkers**  
Description: Health Talkers train individuals to reach out and provide diabetes resource information to their neighborhoods.

**Excelsior Orthopaedics**  
John Hurley, DPM  
3925 Sheridan Drive, Suite 100  
Amherst, NY 14226  
Ph: (716) 250-9999  
Website: www.excelsiorortho.com  
Description: Podiatrist on site providing foot care services to diabetic patients.

**Eye Care & Vision Associates (EVCA)**  
Daniel Cotter, MD  
Paul Holmwood, MD  
Leon Lewis, MD  
David Montesanti, MD  
George Pfohl, MD  
932 Elmwood Avenue  
Buffalo, NY 14222  
3712 Southwestern Boulevard  
Orchard Park, NY 14127
At Eye Care & Vision Associates (ECVA), skilled ophthalmologists, optometrists and opticians apply the most advanced methods of diagnosis and treatment for eye conditions and disorders to help our patients maintain healthy sight throughout their lifetimes.

Eye Sight Medical Center
Russell Knapp, Jr. MD
Nicholas Stathopoulos MD
1890 Colvin Boulevard
Tonawanda, NY 14150
Ph: (716) 837-5200
Fax: (716) 837-8750
Description: Ophthalmology practice offering comprehensive eye care services to diabetic patients.

Cynthia Ferrelli, DPM
330 Harris Hill Road, Suite B
Williamsville, NY 14221
Ph: (716) 631-1133
Website: http://drferrelli.com
Description: Podiatry practice offering foot care services to diabetic patients.

Fichte, Endl & Elmer Eye Care
Michael Endl, MD
Thomas Elmer, MD
Claus Fichte, MD
2825 Niagara Falls Boulevard, Suite 130
Amherst, NY 14228
Ph: (716) 564-2020
Fax: (716) 564-2060
Website: www.fichte.com
E-mail: info@fichte.com
Description: The office of Fichte, Endl & Elmer Eye Care, is a leader in comprehensive eye care in Amherst and Niagara Falls, NY. They strive to provide top-notch ophthalmologic care in a comfortable, professional atmosphere.

FidelisCare NY
40 John Glenn Drive
Amherst, NY 14228
Ph: (800) 247-1441 x 14260
Fax: (866) 815-7223 Attn.: Joy
Website: www.fideliscareny.org
E-mail: jchristie@fideliscare.org
Program: Diabetes Management Program
Description: Program provides education, instruction and support to all individuals who are diabetic, regardless of age.

Food & Drug Administration (FDA)
Olympic Towers
300 Pearl Street, Suite 100
Buffalo, NY 14202
Ph: (716) 541-0318
Fax: (716) 551-3845
Website: www.fda.gov
E-mail: Diana.Monaco@fda.hhs.gov
Description: FDA, an agency under the Department of Health & Human Services, has a variety of free publications including: Women’s Health, Diabetes, Food Safety, Supplements, Nutrition Labeling. Speakers are available on a variety of topics.
American Diabetes Association. An additional 5.2 million people have it and do not know. Circulatory and nerve damage problems caused by diabetes can leave patients with serious foot ulcers, and other conditions that, left untreated, can result in amputation. Doctors at Hassenfratz Podiatry can order appropriate diagnostic tests, coordinate diabetic care with a primary care physician or recommend qualified providers, if necessary.

**Hassenfratz Podiatry**

*Jay Hassenfratz, DPM*

*Thomas Hassenfratz, DPM*

308 Cleveland Drive

Buffalo, NY 14215

1026 Union Road

West Seneca, NY 14224

Ph: (716) 836-7156

Fax: (716) 837-4112

Website: www.hassenfratz.com

Description: An estimated 18.2 million Americans have diabetes, according to the
Fax:  (716) 838-1694
E-mail:  ephencde@verizon.net

Description:  One-on-one diabetes self-management classes and group presentations are available. Most insurance reimbursements are accepted, but check with health insurance coverage first. Elizabeth is certified in all Insulin Pen delivery devices including BYETTA and SYMLIN, as well as Osteoporosis medication FORTEO Pen delivery device.

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**Michael Izzo, DPM**
1045 Wehrle Drive
Williamsville, NY  14221

Ph:  (716) 688-1464
Fax:  (716) 688-1465

Description:  Podiatry practice offering foot care services to diabetic patients.

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**Jefferson Family Practice**
1315 Jefferson Avenue
Buffalo, NY  14208

Ph:  (716) 332-4061
Fax:  (716) 332-4247

Website:  http://fammed.buffalo.edu/jefferson
E-mail:  emmabyrd@buffalo.edu

Description:  Primary care health care available for the underserved. Diabetes education, instruction and support are available to patients with diabetes. A certified diabetes educator is on site.

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**Jericho Road Ministries**
184 Barton Street
Buffalo, NY  14213

Ph:  (716) 348-3000
Fax:  (716) 348-3002

Website:  www.jrm-buffalo.org
E-mail:  emmabyrd@buffalo.edu

Program:  Diabetic Center of Excellence

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**Juvenile Diabetes Resource Foundation WNY Chapter**
331 Alberta Drive, Suite 106
Buffalo, NY 14226

Ph:  (716) 833-2873
Fax:  (716) 833-0199

Website:  www.jdrf.org/westernny
E-mail:  westernny@jdrf.org

Description:  The following services are available:

- **Bag of Hope** - deliver a Bag of Hope that contains valuable information about diabetes. It also has a wonderfully soft and loveable Rufus bear who has patches on all the places a child can get tested and receive insulin shots.

- **Caregiver Classes** - personalized training class for friends and family that help care for a diabetic child. The class covers basic information on diabetes management and care. It can be held in your home or any location that you choose.

- **Medical & 504 Plans** - assistance is provided to help with writing, reviewing and implementing your Medical and/or 504 plans. They understand that you want the rights your child is entitled to and they are there to help. They can have someone go over the different plans and even have someone attend school meetings with you.

- **In-Service Training Programs** - provide training at day cares, schools and summer programs to nurses, teachers, and school personnel so that you can feel more comfortable with their care of your child.

- **Support** – If there is anything that you need help or support with, JDRF is there to help! They have a Family Mentor Program that connects families of children who have been living with diabetes with those who are newly diagnosed. They try their best to connect families based on location and ages, if possible.
Kenmore Mercy Hospital

Irene Haefner, BS, RN, CDE
2950 Elmwood Avenue
Kenmore, NY 14217

Ph:  (716) 447-6273
Fax:  (716) 447-6314
Website:  www.chsbuffalo.org

Program:  Lifeskills Diabetes Self-Management Education Program

Description:  The Lifeskills Diabetes Self-Management Education classes have received American Diabetes Association recognition as meeting the National Standards for Diabetes Self-Management Education. They consist of a series of four classes to provide attendees with the knowledge and skills necessary to control diabetes and live a healthy life. They are taught by specialists in diabetes education including certified diabetes educators, nurses, dietitians, physical therapists and podiatrists. In addition to this class, the following classes are also offered:

Continuing Your Journey: is an optional follow-up session available to those who attended the four class series.

Individual Instruction: For insulin administration and home glucose monitoring.

Gestational Diabetes Class: Offered weekly.

Pre-Diabetes Class: For those individuals who are at risk for developing diabetes and would like to learn lifestyle changes to help to prevent it.

Asha Kumar MD
501 Kenmore Avenue
Buffalo, NY 14223

Ph:  (716) 838-5162
Fax:  (716) 862-0446

Description:  Ophthalmology practice offering comprehensive eye care services to diabetic patients.

Sharon Kuritzky MD
54 Alcona Avenue
Amherst, NY 14226

Ph:  (716) 832-3281

Description:  Ophthalmology practice offering comprehensive eye care services to diabetic patients.

Lancaster Depew Podiatry Group
Robert Rudewicz, DPM
3423 Bailey Avenue
Buffalo, NY 14215

5429 Broadway Street
Lancaster, NY 14086

Ph:  (716) 836-8123 (Buffalo)
     (716) 684-1010 (Lancaster)
Fax:  (716) 836-2995

Description:  Podiatry practice offering foot care services to diabetic patients.

Legarreta Eye Center
Edward Legarreta, MD
2720 Union Road
Cheektowaga, NY 14227

1301 North Forest Road
Williamsville, NY 14221

Ph:  (716) 668-3030 (Cheektowaga)
     (716) 633-2203 (Williamsville)
Fax:  (716) 668-0705

Website:  www.legarretaeyecenter.com

Kenmore Mercy Hospital
2940 Elmwood Avenue
Kenmore, NY 14217

Ph:  (716) 447-6539
Fax:  (716) 447-6314
Website:  www.chsbuffalo.org

E-mail:  aneyman@chsbuffalo.org

Program:  Outpatient Nutrition Counseling

Description:  Private nutritional counseling and group classes available.
Legarreta Eye Center is a multi-service eye care center offering medical, surgical and optical services including an extensive selection of designer frames and sunglasses.

LEWAC Associates of Western New York
135 Grant Street
Buffalo, NY 14213

Ph: (716) 881-6111
Fax: (716) 881-4411

Website: www.lewac.com
E-mail: hwellness@aol.com

Program: Your role in the management and care of YOUR diabetes and partnering with the clinical team for a better outcome

Description: Community-based outreach health education, awareness and screening programs.

Hyun Jin Lim-Soh, MD
290 Center Road
West Seneca, NY 14224

Ph: (716) 674-2393

Description: Ophthalmology practice offering comprehensive eye care services to diabetic patients.

Meadowlands Endocrinology
Karen Giardino, MD
1000 Youngs Road, Suite 207
Williamsville, NY 14221

Ph: (716) 636-1947
Fax: (716) 636-1369

Description: Evaluation/management of pre-diabetes and diabetes by a physician and two nurse practitioners.

Medical Associates Southtowns
Joseph Armenia, MD
Ann S. Klein, RD, CDE
300 Center Road #8
West Seneca, NY 14224

Ph: (716) 675-3754
Fax: (716) 675-7110

E-mail: Medicalassociatespc@verizon.net

Program: Diabetes Center

Description: Individual diabetes education and nutrition counseling on an appointment basis.

Mercy Hospital
Mary Taberski, RN, BSN, CDE
565 Abbott Road
Buffalo, NY 14220

Ph: (716) 828-2821
Fax: (716) 828-2714

Website: www.chsbuffalo.org

Program: Lifeskills Diabetes Self-Management Education Program

Description: The Lifeskills Diabetes Self-Management Education classes have received American Diabetes Association recognition as meeting the National Standards for Diabetes Self-Management Education. They consist of a series of four classes to provide attendees with the knowledge and skills necessary to control diabetes and live a healthy life. They are taught by specialists in diabetes education including certified diabetes educators, nurses, dietitians, physical therapists and podiatrists. In addition to this class, the following classes are also offered:

Continuing Your Journey: is an optional follow-up session available to those who attended the four class series.

Individual Instruction: For insulin administration and home glucose monitoring.

Gestational Diabetes Class: Offered weekly.

Pre-Diabetes Class: For those individuals who are at risk for developing diabetes and would like to learn lifestyle changes to help to prevent it.
**Mercy Hospital**  
515 Abbott Road, Suite 1020  
Buffalo, NY 14220  
Ph: (716) 828-2132 (registered dietician)  
(716) 828-2101 (appointment)  
Fax: (716) 828-2714  
Website: www.chsbuffalo.org  
E-mail: asmokows@chsbuffalo.org  
**Program:** Outpatient Nutrition Counseling  
**Description:** Nutritional counseling for diabetes, carb counting, meal planning, food allergies (celiac, etc.) and chronic kidney disease are available.

**Millard Fillmore Hospital – Gates**  
Ajay Chaudhuri, MD  
Paresh Dandona, MD  
Sandeep Dhindsa, MD  
Priya Mohanty, MD  
Sathyavani Prabhakar, MD  
3 Gates Circle (10-Center)  
Buffalo, NY 14209  
Ph: (716) 887-4069  
(716) 887-4935  
Fax: (716) 887-4773  
Website: http://gates.kaleidahealth.org  
**Program:** Diabetes & Endocrinology Center of WNY  
**Description:** The Diabetes & Endocrinology Center specializes in the diagnosis, management and treatment of Type 1 and Type 2 diabetes. ADA-approved diabetes education classes, individual diabetes education, medical nutrition therapy, insulin pump programs are available.

**Millard Fillmore Hospital - Suburban**  
1540 Maple Road  
Williamsville, NY 14221  
Ph: (716) 887-4869  
(716) 887-4935  
Fax: (716) 887-4773  
Website: http://suburban.kaleidahealth.org

**Program:** Healthy U: Managing Diabetes  
**Description:** They specialize in the management and treatment of Type 1 and Type 2 diabetes. ADA-approved diabetes education classes, individual diabetes education and medical nutrition therapy are available.

**William E Mosher Health Center**  
899 Main Street  
Buffalo, NY 14203  
Ph: (716) 878-2700  
Website: www.lifetimehealth.org  
**Program:** Podiatry services specialize in the treatment of the foot and its disorders. This includes routine foot care, surgical procedures, orthopedic problems, toenail and skin problems and diabetic foot care. Services are available on Friday mornings.

**Paul Nasca, DPM**  
2562 Walden Avenue, Suite 105  
Cheektowaga, NY 14225  
Ph: (716) 683-3330  
Fax: (716) 683-7759  
**Program:** Podiatry practice offering foot care services to diabetic patients.

**Niswander Eye Center**  
Philip Niswander, MD  
40 North Union Road  
Williamsville, NY 14221  
Ph: (716) 634-4441  
Fax: (716) 634-3174  
Website: www.niswandereyecenter.com  
E-mail: necinfo@choiceonemail.com  
**Program:** The mission of Niswander Eye Center is to promote the ocular health of its patients. They provide high quality, total vision care. They strive to deliver services efficiently, using the highest level of technology available, and seek to deliver their services with compassion and understanding.
Northtown Medical Associates
8750 Transit Road, Suite 110
East Amherst, NY 14051
Ph: (716) 639-1111
Fax: (716) 639-1150
Description: Practitioners of internal and general medicine. Primary care office sees many patients with diabetes and associated diseases.

Northtown Podiatry
Joseph Anain, DPM
Michael Butler, DPM
Daniel Keating, DPM
Sean Keating, DPM
Michael LaCivita, DPM
2121 Main Street, Suite 214
Buffalo, NY 14214
9600 Main Street, Suite 2
Clarence, NY 14031
Ph: (716) 838-2983 (Buffalo)
(716) 759-2004 (Clarence)
Fax: (716) 838-2942 (Buffalo)
(716) 759-2009 (Clarence)
Website: www.northtownpodiatry.com
E-mail: northtownpodiatry@gmail.com
Description: Ulcerations, infections and gangrene are the most common foot and ankle problems that the patient with diabetes must face. As a result, thousands of diabetic patients require amputations each year. Foot infections are the most common reason for hospitalization of diabetic patients. It takes 20 times more energy to heal a wound than to maintain a health foot. To avoid problems, a diabetic should have their feet examined at least once a year.

Northwest Buffalo Community Health Care Center (NWBCHC)
155 Lawn Avenue
Buffalo, NY 14207
Ph: (716) 875-2904
Fax: (716) 875-5346
Website: www.nwbchc.org
Description: Northwest Buffalo Community Health Care Center offers primary medical, dental, and behavioral health care. Additionally, a registered dietician is on staff to provide nutritional counseling and community health workers are available to navigate the health care system and decrease barriers to care. In order to provide quality care to patients with diabetes, they use a population management system to ensure patients are getting the care they need. NWBCHCC was recently recognized by NCQA for the care provided to diabetic patients. Those who achieve this recognition from NCQA show their peers, patients and others in the diabetes community that they are part of an elite group that is publically recognized for its skill in providing the highest-level diabetes care.

Nutris HealthWorks
400 International Drive
Williamsville, NY 14221
Ph: (716) 631-3555
Fax: (716) 631-9525
Website: www.nutrishealthworks.meta-ehealth.com
Program: First Line Therapy
Description: Nutris HealthWorks takes a medical-holistic-integrative approach to manage diabetes.

Nutrition Concepts
3685 Southwestern Boulevard
Orchard Park, NY 14127
Ph: (716) 662-2408
Fax: (716) 662-2508
Website: www.nutrition-concepts.net
E-mail: nutritionconcepts@verizon.net
Description: Nutrition Concepts recognizes the value of every person and are committed to improving the health of the people and communities they serve. Nutrition Concepts is dedicated to providing valid nutritional information and expert counseling to
enable, support and empower personal growth through health and well being.

**Olmsted Center for Sight**
1170 Main Street
Buffalo, NY 14209

**Ph:** (716) 882-1025  
**Fax:** (716) 885-6388

**Website:** www.olmstedcenter.org

**Program:** *Paul Bulger Vision Rehabilitation Clinic*

**Description:** The Olmsted Center for Sight offers a diversified approach to vision rehabilitation services covering the eight counties of Western New York. They specialize in Low Vision adaptations and the effects of general health issues from a visual perspective. These health issues include diabetes, arthritis, neuropathy, and other disorders that often affect one’s ability to be independent at home, work, or school.

Their professional staff is comprised of a Medical Director who is a Physiatrist, specializing in neuro-muscular-skeletal issues. Also on staff is a Nurse Practitioner, Low Vision Specialist, Certified Diabetic Educator/ Dietician, Occupational Therapist, and Psychotherapist.

**Ophthalmology Associates**

*Louis Antonucci, MD*  
*Thomas Guttuso, MD*  
*Rafael Medina, MD*  
*Charles Medina, MD*

5851 Main Street
Williamsville, NY 14221

**Ph:** (716) 632-3545

**Description:** Ophthalmology practice offering comprehensive eye care services to diabetic patients.

**Parents of Diabetics (PODS) of WNY**

900 Maryvale Drive
Cheektowaga, NY 14225

**Ph:** (716) 833-2873  
**Fax:** (716) 833-1099

**Website:** www.podswny.org

**E-mail:** mail@podswny.org

**Program:** *Parents of Diabetics a WNY Support Group*

**Description:** PODS has a mission to aid families in Western New York coping with the daily rigors of raising children and teenagers with diabetes. Professionals such as psychologists, doctors, nurses, nutritionists, and pharmaceutical representatives come to their meetings providing information on the latest research, techniques and technologies available to the diabetic community.

**Mary Jo Parker, MS, RD, CDN**

8160 Wehrle Drive
Williamsville, NY 14221

**Ph:** (716) 634-0906  
**Fax:** (716) 204-2725

**E-mail:** Mary_jo_parker@juno.com

**Description:** Individual, family and group counseling on nutrition and lifestyle, the emotional impact of diabetes, and weight/eating issues is available.

**Frank Perillo, DPM**

1431 Hertel Avenue
Buffalo, NY 14216

**Ph:** (716) 838-1131

**Description:** Podiatry practice offering foot care services to diabetic patients.

**William Pierce, DPM**

4184 Seneca Street, Suite 203
West Seneca, NY 14224

**Ph:** (716) 675-3555  
**Fax:** (716) 675-3556

**Description:** Podiatry practice offering foot care services to diabetic patients.
Podiatry Affiliates, PC
Jeffery Carrel, DPM
David Davidson, DPM
Edward Fitzpatrick, DPM
Kenneth Goldstein, DPM
David Perelstein, DPM
3980 Sheridan Drive, Suite 308
Amherst, NY 14226
403 Main Street, Suite 603
Buffalo, NY 14203
Ph:  (716) 839-3930 (Amherst)
     (716) 852-7800 (Buffalo)
Fax:  (716) 839-2667
Website:  www.podiatryaffiliates.com
Description:  A patient with diabetes is at risk for serious foot problems which may require medical and surgical care. These problems may produce serious complications including ulceration, infection and/or amputation. Podiatric care, both medical and surgical, integrated with your overall medical care can reduce the incidence and severity of these complications.

Podiatry Surgeon of WNY, PC
James Burruano, DPM
135 Grant Street
Buffalo, NY 14213
94 Olean Street
East Aurora, NY 14052
80 Delaware Road
Kenmore, NY 14217
Ph:  (716) 881-4300 (Buffalo)
     (716) 652-0188 (East Aurora)
     (716) 874-5540 (Kenmore)
Fax:  (716) 839-2667
Website:  www.buffalofeet.com
Description:  According to the American Diabetes Association, about 15.7 million people (5.9 percent of the United States population) have diabetes. Foot problems are a big risk in diabetics. Diabetics must constantly monitor their feet or face severe consequences.

Stephen Pollack, MD
1630 Maple Road
Williamsville, NY 14221
Ph:  (716) 689-7330
Description:  Ophthalmology practice offering comprehensive eye care services to diabetic patients.

Propel Health, LLC
P.O. Box 543
West Seneca, NY 14224
Ph:  (716) 674-1148
Fax:  (716) 674-1153
Website:  www.propelhealth.com
E-mail:  jensminger@propelhealth.com
Description:  Propel Health, LLC is a health care group that specializes in helping patients prevent and manage chronic diseases. The group is staffed with Registered Dietitians and Certified Diabetes Educators that see patients in groups and on a one-on-one basis to help people achieve their health goals in conjunction with their physician's care plan. A DVD, Diabetes Self-Care: Getting Healthy One Step at a Time, is available. Also available is an ADA-recognized, 6-week diabetes program designed to help participants achieve glucose control and reduce complications associated with diabetes.

Norma Quijada, MD
200 Sterling Drive, Suite 400
Orchard Park, NY 14127
Ph:  (716) 677-0250
Fax:  (716) 677-0253
Program:  Diabetes Self-Management Counseling
Description:  Diabetes and nutrition education including carbohydrate counting, insulin pump therapy, and pre-diabetes is available. An endocrinologist is on site for diagnosis, treatment, and management of diabetes.
**R & B Medical Group**  
*Howard Lippes, MD*  
*Juliette Nwachukwu, MD*  
297 Spindrift Drive, Suite 200  
Williamsville, NY 14221  
Ph: (716) 635-0688  
Description: Physician practice offering care to those dealing with diabetes.

**Retina Consultants of WNY**  
*Christopher Jermak, MD*  
*Medhi Khan, MD*  
*Faruk Koreishi, MD*  
*Paul J. Lee, MD*  
3055 Southwestern Boulevard, Suite 108  
Orchard Park, NY 14127  
531 Farber Lakes Drive  
Williamsville, NY 14221  
Ph: (716) 712-2440 (Orchard Park)  
(716) 632-1595 (Williamsville)  
Website: www.wnyretina.com  
Description: Specializing in the diagnosis and treatment of diseases of the retina and vitreous eye, one of Retina Consultants main areas of focus is Macular Degeneration/Diabetic Retinopathy. Their vision is to provide the highest quality eye care possible.

**Samuel Ruggiero, DPM**  
2507 Harlem Road  
Cheektowaga, NY 14225  
10440 Main Street  
Clarence, NY 14031  
Ph: (716) 896-6262 (Cheektowaga)  
(716) 759-8005 (Clarence)  
Fax: (716) 897-3338  
Description: Podiatry practice offering foot care services to diabetic patients.

**Daniel Schaefer, MD**  
4590 Main Street  
Buffalo, NY 14226  
Ph: (716) 839-3535  
Description: Ophthalmology practice offering comprehensive eye care services to diabetic patients.

**Karen Schoene, MD**  
934 Cleveland Drive  
Cheektowaga, NY 14225  
Ph: (716) 634-3901  
Description: Ophthalmology practice offering comprehensive eye care services to diabetic patients.

**Schofield Residence**  
3333 Elmwood Avenue  
Kenmore, NY 14216  
Ph: (716) 995-3851  
Fax: (716) 874-6942  
Website: www.schofieldcare.org  
Program: *Schofield Adult Wellness Center*  
Description: The *Schofield Adult Wellness Center* is a community outreach initiative of the not-for-profit Schofield Residence offering health screenings, health education programs and other wellness-related activities that focus on preventing or managing chronic diseases and injuries among the growing population of older adults in our community. The goal is for participants to improve their overall health and well-being through increased knowledge. Monthly education classes on managing diabetes are held at the Center.

**Joseph Sciandra, DPM**  
1275 Hertel Avenue  
Buffalo, NY 14216  
Ph: (716) 875-3313  
Fax: (716) 694-6721  
Description: Podiatry practice offering foot care services to diabetic patients.
Sheehan Health Network
425 Michigan Avenue
Buffalo, NY 14203
Ph: (716) 848-2124
Fax: (716) 848-2385
Website: www.sheehanhn.com
Program: Diabetes Support & Education Group
Description: A Diabetes Focus Class meets on Tuesdays twice a month from 10am – 11am. The class discusses topics including, but not limited to: weight management, healthy eating and exercise.

Sirkin Eye Care Center
Sara Sirkin MD
2441 Sheridan Drive
Tonawanda, NY 14150
Ph: (716) 836-8700
Fax: (716) 836-3549
Description: Ophthalmology practice offering comprehensive eye care services to diabetic patients.

Sisters Hospital of Buffalo
2157 Main Street
Buffalo, NY 14214
Ph: (716) 862-1338
Fax: (716) 862-1846
Website: www.chsbuffalo.org
Program: Lifeskills Diabetes Self-Management Education Program
Description: The Lifeskills Diabetes Self-Management Education classes have received American Diabetes Association recognition as meeting the National Standards for Diabetes Self-Management Education. They consist of a series of four classes to provide attendees with the knowledge and skills necessary to control diabetes and live a healthy life. They are taught by specialists in diabetes education including certified diabetes educators, nurses, dietitians, physical therapists and podiatrists. In addition to this class, the following classes are also offered:
Continuing Your Journey: is an optional follow-up session available to those who attended the four class series.
Individual Instruction: For insulin administration and home glucose monitoring.
Gestational Diabetes Class: Offered weekly.
Pre-Diabetes Class: For those individuals who are at risk for developing diabetes and would like to learn lifestyle changes to help to prevent it.

Sisters Hospital of Buffalo
2157 Main Street
Buffalo, NY 14214
Ph: (716) 626-5170
Fax: (716) 626-5170
E-mail: joannesorci@verizon.net
Program: Outpatient Nutrition Counseling
Description: One-on-one diabetes classes; flexible scheduling; family members welcome. Available to teach in physician offices and/or establish education programs for companies.

Joanne Sorci, RN, MS, ANP/BC, CDE
86 Rue Madeline
Williamsville, NY 14221
Ph: (716) 626-5170
Fax: (716) 626-5170
E-mail: joannesorci@verizon.net
Program: Lifeskills Diabetes Self-Management Education Program
Description: The Lifeskills Diabetes Self-Management Education classes have received American Diabetes Association recognition as meeting the National Standards for Diabetes Self-Management Education. They consist of a series of four classes to provide attendees with the knowledge and skills necessary to control diabetes and live a healthy life. They are taught by specialists in diabetes education including certified diabetes educators, nurses, dietitians, physical therapists and podiatrists. In addition to this class, the following classes are also offered:
Continuing Your Journey: is an optional follow-up session available to those who attended the four class series.
Individual Instruction: For insulin administration and home glucose monitoring.
Gestational Diabetes Class: Offered weekly.
Pre-Diabetes Class: For those individuals who are at risk for developing diabetes and would like to learn lifestyle changes to help to prevent it.

Southtowns Eye Center
Albert Schlisserman MD
3151 Southwestern Boulevard
Orchard Park, NY 14127
Ph: (716) 674-6030
Description: Ophthalmology practice offering comprehensive eye care services to diabetic patients.

Southtowns Foot Care
Peter Riznyk, DPM
6272 West Quaker Street
Orchard Park, NY 14127
Ph: (716) 662-7729
Fax: (716) 662-1822
Description: Podiatry practice offering foot care services to diabetic patients.

St. Joseph’s Chronic Wound Service/Physical Therapy
Michael S Brogan, DPT, PhD, CWS
2605 Harlem Road
Cheektowaga, NY 14225
Ph: (716) 891-2703
Fax: (716) 891-2757
Website: www.chsbuffalo.org
Program: Chronic Wound Management
Description: Chronic, diabetic foot ulcers are treated by licensed physical therapists who are wound specialists in conjunction with the patient’s referring physician. A very close working relationship with the referring physician ensures the most efficacious treatment possible. Various interventions such as highly sophisticated wound dressings, electrical stimulation, and ultrasound are used to enhance healing and to decrease pain.

St. Joseph Campus / Sisters Hospital
Deborah Richter, RD, CDE, CDN
2605 Harlem Road
Cheektowaga, NY 14225
Ph: (716) 891-2676
Fax: (716) 891-2788
Website: www.chsbuffalo.org
E-mail: drichter@chsbuffalo.org
Program: Diabetes / Nutrition Education
Description: Diabetes self-management, meal planning education, and one-on-one instruction provided for glucose monitoring, injection technique, and all aspects of diabetes management is available.

Program: Lifeskills Diabetes Self-Management Education Program
Description: The Lifeskills Diabetes Self-Management Education classes have received American Diabetes Association recognition as meeting the National Standards for Diabetes Self-Management Education. They consist of a series of four classes to provide attendees with the knowledge and skills necessary to control diabetes and live a healthy life. They are taught by specialists in diabetes education including certified diabetes educators, nurses, dietitians, physical therapists and podiatrists. In addition to this class, the following classes are also offered:

Continuing Your Journey: is an optional follow-up session available to those who attended the four class series.

Individual Instruction: For insulin administration and home glucose monitoring.

Gestational Diabetes Class: Offered weekly.

Pre-Diabetes Class: For those individuals who are at risk for developing diabetes and would like to learn lifestyle changes to help to prevent it.

St. Lawrence Church
1520 Delavan Avenue
Buffalo, NY 14215
Ph: (716) 308-6302
Fax: (716) 625-1323
E-mail: patriciadyernd@gmail.com

Program: **Diabetes Instruction**

Description: One-on-one diabetes education is available.

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**Nicholas Tiberia, DPM**

100 Union Road
West Seneca, NY 14224

Ph: (716) 674-0375
Fax: (716) 677-2965

Description: Podiatry practice offering foot care services to diabetic patients.

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**Tops Cooking School**

3980 Maple Road
Amherst, NY 14226

355 Orchard Park Road
West Seneca, NY 14224

Ph: (716) 515-2000 (Amherst)
(716) 517-3006 (West Seneca)

Website: www.topsmarkets.com

Program: **Your Health Health/Cooking Classes**

Description: Health and cooking classes taught by Registered Dieticians are available. Topics include diabetes, heart health and more. Cost covered in part by some insurance.

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**University Ophthalmology**

James Reidy, MD
James Reynolds, MD
3580 Sheridan Drive, Suite 115
Amherst, NY 14226

Ph: (716) 834-1113

Website: www.ubmd.com

Description: Comprised of highly-skilled ophthalmologists and professional staff who provide a complete range of medical and surgical management of both routine and complex eye disorders. Their specialty services include cornea and external disease, neuro-ophthalmology, oculoplastic surgery, ophthalmic pathology, pediatric ophthalmology, glaucoma and retina and vitreous disorders. Medical residents and fellows train under close supervision of senior faculty physicians.

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**Urban Family Practice**

564 Niagara Street
Buffalo, NY 14201

Ph: (716) 882-0366
Fax: (716) 884-8096

Website: www.urbanfamilypractice.com

Description: Urban Family Practice is devoted to improving and maintaining your total health and well-being in a friendly, bilingual, private practice setting. Primary care and specialty providers are available.

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**VA WNY Healthcare System**

Amy O'Donnell, MD
Stephen Spaulding, MD
3495 Bailey Avenue
Buffalo, NY 14215

Ph: (716) 862-3145
Fax: (716) 862-8759

Website: www.buffalo.va.wny

Description: The VA Western New York Healthcare System offers primary and specialty medical services to veterans. In addition, diabetes self-management education is available.

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**Aaron Weisbrot, DPM**

1241 Colvin Boulevard
Buffalo, NY 14223

Ph: (716) 877-3624
Fax: (716) 877-8409

Description: Podiatry practice offering foot care services to diabetic patients.
Wellness Institute of Greater Buffalo & WNY
65 Niagara Square, Room 607
Buffalo, NY 14202

Ph:  (716) 851-4052
Fax:  (716) 851-4309

Website:  www.nysphysicalactivity.org
E-mail:  wellness@city-buffalo.org
         beactive@city-buffalo.org

Program:  Promotion of Physical Activity
Description:  The Wellness Institute of Greater Buffalo & WNY offers the following programs: Passport to Wellness, a senior walking program; WOW, walking/wellness on Wednesday; and Green Options Buffalo.

Wellness Medical Practice, PLLC
135 Grant Street
Buffalo, NY  14213

Ph:  (716) 881-4300
Fax:  (716) 881-5300

E-mail:  hwellness@aol.com

Program:  Clinical Diabetes Care & Management
Description:  Community-based, clinical-care management of diabetes by a bilingual staff serving a diverse community in Buffalo’s West side.

Wettlaufer Eye Clinic
David Rodman, MD
100 High Street
Building B, 5th Floor
Buffalo, NY  14209

Ph:  (716) 854-1137
     (716) 859-2555
Fax:  (716) 859-1147

Website:  www.bgh.kaleidahealth.org

Description:  The Wettlaufer Eye Clinic provides complete ophthalmic care. An interdisciplinary team of nurses, ophthalmic technicians, ophthalmologist, ophthalmic photographer and neurological specialist are available.

Jason White, DPM
15 South Forest Road
Williamsville, NY  14221

Ph:  (716) 634-5993
Fax:  (716) 434-1096

Description:  Podiatry practice offering foot care services to diabetic patients.

Dennis Winiecki, DPM
5181 Transit Road
Williamsville, NY  14221

Ph:  (716) 634-5767

Description:  Podiatry practice offering foot care services to diabetic patients.

Women & Children’s Hospital of Buffalo
Armando Arroyo, MD
219 Bryant Street, 3rd Floor
Buffalo, NY  14222

Ph:  (716) 878-7262
Fax:  (716) 878-7364

Website:  www.wchob.org
E-mail:  diabetes@upa.chob.edu

Program:  Diabetes Center of Excellence
Description:  Women & Children’s Hospital of Buffalo partners with schools and community partners in Erie County to develop collaborative approaches for the prevention, early diagnosis and treatment of pre-diabetes.

Women & Children’s Hospital of Buffalo
219 Bryant Street
Buffalo, NY  14222

Ph:  (716) 878-1227
**Fax:** (716) 878-1230  
**Website:** www.wchob.org  
**Program:** *Diabetes & Pregnancy Program*  
**Description:** Intensive prenatal care is available for patients with a pregnancy complicated by Type 1, Type 2 or Gestational diabetes by an entire health care team.

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*Susan Wright, DPM*  
2222 Main Street  
Buffalo, NY 14214  
**Ph:** (716) 833-2680  
**Description:** Podiatry practice offering foot care services to diabetic patients.
Genesee County
Advanced Podiatry Associates
Dr. Shawn Buoye, DPM
Dr. Joseph Canzoneri, DPM
2 State Street
Batavia, NY 14020
Ph: (585) 343-8150
Fax: (585) 343-1768
Description: Podiatry practice offering foot care services to diabetic patients.

Angel Food Ministries
Bergen United Methodist Church
27 South Lake Street
Bergen NY, 14416
Calvary Baptist Church
8703 Lake Street Road
LeRoy, NY 14485
New Hope Ministries
8052 Bank Street Road
Batavia, NY 14020
Oakfield – Alabama Baptist Church
2210 Judge Road
Oakfield, NY 14125
Ph: (585) 494-1312 (Bergen)
(585) 768-2380 (Calvary)
(585) 344-2997 (New Hope)
(585) 948-9401 (Oakfield)
Website: www.angelfoodministries.com
Description: Individuals can choose from meal plans and pick up food at these locations. Food Stamps may also be used.

Batavia Foot Care Center
Dawn Dryden, DPM
Gina Teresi, DPM
203 Summit Street
Batavia, NY 14020
Ph: (585) 344-1677
Fax: (585) 344-1685
Website: www.bataviafootcare.com
Description: Podiatry practice offering foot care services to diabetic patients.

Batavia Ophthalmology
John Crofts, MD
Gary Jeffery, MD
Peter Paulus, MD
229 Summit Street
Batavia, NY 14020
Ph: (585) 344-0933
Fax: (585) 344-3669
Description: Ophthalmology practice offering comprehensive eye care services to diabetic patients.

Care-A-Van Ministries
4 Lewis Avenue
Batavia, NY 14020
Ph: (585) 343-0328
Description: Care-A-Van Ministries is a bus that travels to various locations offering food and prayer to those who may not be able to get transportation to attend Church and/or receive food.

Catholic Charities
25 Liberty Street, Suite 7
Batavia, NY 14020
Ph: (585) 343-0614
Website: www.ccwny.org
Description: A variety of services, including advocacy, counseling, emergency food and prescription assistance are available by appointment.

Cornell Cooperative Extension of Genesee County
420 East Main Street
Batavia, NY 14020
Ph: (585) 343-3040 x 102
Fax: (585) 343-1275
Website: http://genesee.shutterfly.com
Program: Eat Smart NY
**Eat Smart New York** is a free nutrition class series that covers topics such as planning and making the most of food dollars, reading food labels, food safety, and using My Pyramid to make healthier food choices. A Cornell Cooperative Extension Nutrition Educator will make appointments that are convenient for the participant and can conduct the classes at their home.

**Ross Fanara, DPM**
4110 West Main Street
Batavia, NY 14020

Ph: (585) 343-8638
Fax: (585) 344-0746

**Description:** Podiatry practice offering foot care services to diabetic patients.

**Genesee County Department of Health**
County Building II
3837 West Main Street Road
Batavia, NY 14020

Ph: (585) 344-2580 x 5000
Fax: (585) 344-4713

Website: www.co.genesee.ny.us

**Description:** Public health clinics and resources on diabetes and other health-related issues are available through the Genesee County Department of Health.

**Genesee County Office for the Aging**
2 Bank Street
Batavia, NY 14020

Ph: (585) 343-1611
Fax: (585) 344-8559

E-mail: saudino@co.genesee.ny.us

**Program:** Nutrition Counseling

**Description:** Nutrition counseling by a registered dietitian is available to any Genesee County residents 60 years of age or older.

Individual counseling can be done at the Office for the Aging or an individual's home.

**Lake Plains Community Care Network**
56 Harvester Avenue, 3rd Floor, Suite 1
Batavia, NY 14020

Ph: (585) 345-6110
Fax: (585) 345-7452

Website: www.lakeplains.org
E-mail: chayden@lakeplains.org

**Program:** Living Healthy: Chronic Disease Self-Management Program

**Description:** This is a program developed by Stanford University to help people with chronic health conditions manage their healthcare. This program will teach you to:

1. Improve communication with your doctor, family and friends.
2. Manage fatigue and frustration.
3. Use relaxation techniques.
4. Deal with negative emotions.
5. Eat well and increase activity.

Program is offered in Genesee, Orleans and Wyoming counties. Call for dates and location.

**Mental Health Association**
25 Liberty Street
Batavia, NY 14020

Ph: (585) 344-2611
Fax: (585) 345-1418
Website: www.gcmha.org

**Description:** The Mental Health Association promotes mental wellness through education, advocacy and support.

**Marion R. Miano, RN, CDE**
941 Akron Road
Corfu, NY 14036

Ph: (585) 542-2180
E-mail: mmiano001@rochester.rr.com
United Memorial Medical Center
Healthy Living Department
127 North Street
Batavia, NY 14020
Ph: (585) 344-5331
Fax: (585) 344-5267
Website: www.ummc.org
Program: Diabetes Education
Description: Individual diabetes self-management training is available. Provider for patients with most Blue Cross/Blue Shield and Independent Health plans as their primary insurance.

United Memorial Medical Center
Healthy Living Department
127 North Street
Batavia, NY 14020
Ph: (585) 344-5331
Fax: (585) 344-5267
Website: www.ummc.org
Program: Medical Nutrition Therapy
Description: Individual counseling sessions with a registered dietitian for nutrition education and guidance for weight management, diabetes, high blood pressure, cholesterol, food allergies, digestive problems and other nutrition related problems or concerns is available.

United Memorial Medical Center
Healthy Living Department
127 North Street
Batavia, NY 14020
Ph: (585) 344-5331
Fax: (585) 344-5267
Website: www.ummc.org
Program: Living Healthy with Diabetes: A Self-Management Education Program
Description: Living Healthy with Diabetes is a comprehensive program that has been recognized by the American Diabetes Association for meeting quality standards of excellence in diabetes education. The program is presented in four interactive classes covering the key aspects of living with diabetes, such as incorporating activity and healthy eating into lifestyle, problem solving glucose values and self care. The program is offered bimonthly and alternates between day and evening.

University Eye Specialists
Daniel Levin, MD
Reginald Ishman, MD
Alan Siegel, MD
William White, MD
217 Summit Street
Batavia, NY 14020
Ph: (585) 345-1342
Fax: (585) 786-3699
Website: www.universityeyespl.com
Description: University Eye is a group of experienced, caring physicians who have provided the highest quality of comprehensive eye care in Western New York for over 25 years. They provide state-of-the-art eye care, from routine eye exams to the most complex eye surgery.

VA WNY Healthcare System
Ambulatory Care Clinic
222 Richmond Avenue
Batavia, NY 14020
Ph: (585) 297-1000 x 72555
Fax: (585) 297-1069
E-mail: Michelle.Gaylord@Med.VA.gov
Program: Diabetes Self Management Program
Description: Three-day, ADA-approved diabetes self-management education classes are held six times per year. Also available six times per year is a one day, three-hour pre-diabetes class. An adult diabetes support group is held the second Tuesday of the month.
Niagara County
**Back of the Eye MD**  
_Saralyn Notaro Rietz, MD_  
6930 Williams Road, Suite 400  
Wheatfield, NY 14304  
Ph: (716) 839-9009  
Website: www.backoftheeyemd.com  
Description: Ophthalmology practice offering comprehensive eye care services to diabetic patients.

**Cornell Cooperative Extension of Niagara County**  
1001 11th Street  
Niagara Falls, NY 14301  
Ph: (716) 278-8131  
Fax: (716) 278-8174  
Website: https://counties.cce.cornell.edu/niagara  
Program: _Eat Smart NY_  
Description: Nutrition Educators work with income-eligible individuals, offering a program that provides a series of 6-8 lessons on topics such as food safety, planning and preparing meals, and stretching food dollars, as well as hands-on food preparation and cooking techniques.

**DeGraff Memorial Hospital**  
445 Tremont Street  
North Tonawanda, NY 14120  
Ph: (716) 887-4869  
Fax: (716) 887-4773  
Website: http://degraff.kaleidahealth.org  
Program: _Nutrition Counseling_  
Description: Nutritional consultation and education is available for patients who must alter their diet to accommodate special conditions such as diabetes. Programs are also available for weight management.

**Eye Care & Vision Associates (EVCA)**  
_Daniel Cotter, MD_  
_Robert Gormley, MD_  
_Paul Holmwood, MD_  
_David Montesanti, MD_  
6917 Plaza Drive  
Niagara Falls, NY 14304  
Ph: (716) 731-6434  
Fax: (716) 731-6439  
Website: www.ecvaeyecare.com  
E-mail: info@ecvaeyecare.com  
Description: At Eye Care & Vision Associates (ECVA), skilled ophthalmologists, optometrists and opticians apply the most advanced methods of diagnosis and treatment for eye conditions and disorders to help patients maintain healthy sight throughout their lifetime.

**Fasula & Fetterman MDs**  
_Vivian Fasula, MD_  
_Charles Fetterman, MD_  
70 Professional Parkway  
Lockport, NY 14094  
Ph: (716) 434-7505  
Fax: (716) 439-9084  
Website: http://degraff.kaleidahealth.org  
Program: _Disease Management_  
Description: DeGraff Memorial Hospital has an outpatient diabetes & endocrinology clinic. They also offer ADA-approved diabetes education classes, individual diabetes education and medical nutrition therapy.
Fichte, Endl & Elmer Eye Care
Michael Endl, MD
Thomas Elmer, MD
Claus Fichte, MD
2400 Pine Avenue
Niagara Falls, NY 14301
Ph: (716) 282-1114
Fax: (716) 282-0523
Website: www.fichte.com
E-mail: info@fichte.com
Description: The office of Fichte, Endl & Elmer Eye Care, a leader in comprehensive eye care in Amherst and Niagara Falls, NY. They strive to provide top-notch ophthalmologic care in a comfortable, professional atmosphere.

James Hanna, DPM
225 Portage Road
Lewiston, NY 14092
690 Davison Road
Lockport, NY 14094
Ph: (716) 754-8926 (Lewiston)
(716) 433-8711 (Lockport)
Description: Podiatry practice offering foot care services to diabetic patients.

Legarreta Eye Center
Edward Legarreta, MD
667 Davison Road
Lockport, NY 14094
2590 William Street
Newfane, NY 14108
Ph: (716) 433-0091 (Lockport)
(716) 778-5900 (Newfane)
Fax: (716) 668-0705
Website: www.legarretaeyecenter.com
Description: Legarreta Eye Center is a multi-service eye care center offering medical, surgical and optical services including an extensive selection of frames. They strive to provide top-notch care.

Mount St. Mary’s Hospital
Education Department
5300 Military Road
Lewiston, NY 14092
Ph: (716) 298-2297
Fax: (716) 298-2054
Website: www.msmh.org
E-mail: debra.hoffman@msmh.org
Program: Center for Diabetes Management
Description: Taking Charge of Your Diabetes is an interactive group class that provides information on diabetes, meal planning, monitoring, exercise, medications, complications and habits for healthy living. The program is offered in the day and evenings. Individual instruction for insulin injection, monitoring, nutrition and gestational diabetes is also available. Special diabetes programs are offered throughout the year. Programs have been recognized by the ADA for meeting the National Standards for Diabetes Self-Management Education and are taught by Certified Diabetes Educators.

Mount St. Mary’s Hospital
5300 Military Road
Lewiston, NY 14092
Ph: (716) 745-7149
Fax: (716) 298-2054
Website: www.msmh.org
E-mail: debra.hoffman@msmh.org
Program: **Diabetes Support Group**

Description: These meetings are held the third Tuesday of the month in room 723A at 6:30pm.

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**Niagara Eye Care & Laser Center**

Alex Chop, MD  
1086 North Military Road  
Niagara Falls, NY 14304

Ph: (716) 283-2585

Description: Ophthalmology practice offering comprehensive eye care services to diabetic patients.

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**Niagara County Office for the Aging**

111 Main Street, Suite 101  
Lockport, NY 14094

Ph: (716) 438-4030  
Fax: (716) 438-4029

Website: www.niagaracounty.com/aging  
E-mail: glenda.reardon@niagaracounty.com

Program: **Eat Well Stay Well Dining**

Description: Individuals age 60 and older can receive individual counseling on diabetes management by a Registered Dietitian. This service is free of charge. Some group workshops are scheduled at congregate dining sites throughout the year. Individuals can e-mail or call to request assistance.

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**Niagara Falls Memorial Medical Center**

Dr. Anita Chaudhuri, MD  
621 Tenth Street  
Niagara Falls, NY 14302

Ph: (716) 298-1600  
Fax: (716) 839-2667

Website: www.nfmmc.org

Program: **Diabetes & Endocrinology Center of Niagara**

Description: The center takes a comprehensive approach to combating diabetes and other endocrine disorders – including osteoporosis and disorders of the thyroid, adrenal and pituitary glands – by emphasizing awareness and education in addition to diagnosis and disease management.

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**Niagara Falls Memorial Medical Center**

621 Tenth Street  
Niagara Falls, NY 14302

Ph: (716) 278-4102  
Fax: (716) 278-4866

Website: http://nfmmc.org  
E-mail: livingwithdiabetes@nfmmc.org

Program: **Living with Diabetes**

Description: *Living with Diabetes* is a four-session program that has been recognized by the American Diabetes Association for quality self-management education. Classes teach key components of diabetes, answer questions and give practical information for daily living. Classes are available morning, afternoon and evening. Also provides individualized nutrition counseling and instruction for patients on insulin administration/injections and glucometer use.

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**Podiatry Affiliates, PC**

6934 Williams Road, Suite 600  
Niagara Falls, NY 14304

Ph: (716) 298-1600  
Fax: (716) 839-2667

Website: www.podiatryaffiliates.com

Description: A patient with diabetes is at risk for serious foot problems that may require medical and surgical care, and can produce serious complications including ulceration, infection and/or amputation. Podiatric care, both medical and surgical, integrated with your overall medical care can reduce the incidence and severity of these complications. Diabetics should be seen by a podiatrist periodically for prevention of problems.
Retina Consultants of WNY
Christopher Jermak, MD
Medhi Khan, MD
Faruk Koreishi, MD
Paul J. Lee, MD
6930 Williams Road
Building C, Suite 3800
Niagara Falls, NY 14304
Ph: (716) 205-0151
Website: www.wnyretina.com
Description: Retina Consultants specialize in the diagnosis and treatment of diseases of the retina and vitreous of eye by means of medical and surgical management. One of their main areas of focus is macular degeneration/diabetic retinopathy. By working closely with a referring physician, they strive to provide the best medical treatment to provide the highest quality eye care.

Richard L. Sawicki, DPM
8657 Buffalo Avenue
Niagara Falls, NY 14030
Ph: (716) 283-3388
Fax: (716) 283-3452
E-mail: docsawicki@verizon.net
asawicki@verizon.net
Description: Diabetic foot care from a full service podiatry practice. Medical and surgical foot care is available.

Joseph Sciandra, DPM
307 Schenck Street
North Tonawanda, NY 14120
Ph: (716) 694-6720
Fax: (716) 694-6721
Description: Podiatry practice offering foot care services to diabetic patients.

Jude Violante, DPM
441 Center Street
Lewiston, NY 14092
Ph: (716) 754-2068
Fax: (716) 754-7015
Description: Podiatry practice offering foot care services to diabetic patients.

Jason Todd White, DPM
Lockview Plaza
2141 Main Street
Lockport, NY 14094
Ph: (716) 434-6601
Fax: (716) 434-1096
Description: Podiatry practice offering foot care services to diabetic patients.

Dennis Winiecki, DPM
87 Mead Street
North Tonawanda, NY 14120
Ph: (716) 692-1451
Description: Podiatry practice offering foot care services to diabetic patients.
Orleans County
Angel Food Ministries
Ashwood Wesleyan Church
12540 Platten Road
Lyndonville, NY 14098

Faith Bible Baptist Church
3064 North Gravel Road
Medina, NY 14103

Purpose of Heart Inc
25 East Bank Street
Albion NY, 14411

Ph:  (585) 765-9093 (Ashwood)
     (585) 798-5102 (Faith Bible)
     (585) 682-4348 (Purpose of Heart)

Website:  www.angelfoodministries.com

Description:  Individuals can choose from meal plans and pick up food at these locations. Food Stamps may also be used.

Catholic Charities
243 South Main Street
Albion, NY 14411

Ph:  (585) 589-7477

Website:  www.ccwny.org

Description:  A variety of services, including advocacy, counseling, emergency food and prescription assistance are available by appointment.

Lake Plains Eye Center
William Cosman, MD
Arthur Mruczek, Sr, MD
500 Erie Street
Medina, NY 14103

Ph:  (585) 798-2020

Website:  www.medina-ny.com/LakePlainsEyeCenter

Description:  As ophthalmologists, Lake Plains’ primary concern is to provide the best eye care possible. Not only are they dedicated to helping you see well, their doctors are concerned with the total you.

Medina Memorial Hospital
Community Partners - Wellness Center
415 West Avenue
Medina, NY 14103

Ph:  (585) 798-6641
Fax:  (585) 798-9543

Website:  www.medinamemorial.org
E-mail:  mmiano001@rochester.rr.com
cperry@medinamemorial.org

Program:  Living Well with Diabetes

Description:  Diabetes classes ranging from two hours to twelve hours; support groups; one-on-one diabetes self-management training with RNCDE and RD; and gestational diabetes counseling are available.

Oak Orchard Community Health Center
301 West Avenue
Albion, NY 14411

77 South Main Street
Lyndonville, NY 14098

Ph:  (585) 589-5613 (Albion)
     (585) 765-2060 (Lyndonville)
Fax:  (585) 589-0872 (Albion)
     (585) 765-2067 (Lyndonville)

Website:  www.oakorchardhealth.org
           www.oochc.org

Description:  Oak Orchard Community Health Center offers primary care, pediatric, family, and OB/GYN medical services. A certified diabetes educator, registered dietician, WIC coordinator, enrollment facilitator, Spanish language translator, migrant and perinatal outreach workers are on staff.

Orleans County Department of Health
14012 Route 31 West
Albion, NY  14411

Ph:  (585) 589-3278
Fax:  (585) 589-2878

Website:  www.orleansny.com
Description: The Orleans County Department of Health offers a variety of wellness programs focusing on preventative care.

**Orleans County Office for the Aging**

County Administration Building  
14016 Route 31 West  
Albion, NY 14411

**Ph:** (585) 589-2863  
**Fax:** (585) 589-3193

**Website:** www.orleansny.com

**Program:** **Nutrition Counseling**

Description: Counseling is provided by a registered dietitian and includes an individually written care plan based on a physician diet order, in addition to general nutrition education. For homebound elderly individuals, these appointments are available in the home by appointment.

**Harry Zirna, DPM**

300 Ohio Street  
Medina, NY 14103

**Ph:** (585) 798-1515

**Description:** Podiatry practice offering foot care services to diabetic patients.
Wyoming County
**Angel Food Ministries**
Attica Angel Food
14 Exchange Street
Attica, NY 14011

**Ph:** (585) 356-9034

**Website:** www.angelfoodminstries.com

**Description:** Individuals can choose from meal plans and pick up food at this location. Food Stamps may also be used.

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**Catholic Charities**
417 West Main
Arcade, NY 14009

4 West Buffalo Street, Suite B
Warsaw, NY 14569

**Ph:** (585) 492-0407 (Arcade)
(585) 786-3440 (Warsaw)

**Website:** www.ccwny.org

**Description:** A variety of services, including advocacy, counseling, emergency food and prescription assistance are available by appointment.

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**Cornell Cooperative Extension of Wyoming County**
401 North Main Street
Warsaw, NY 14569

**Ph:** (585) 786-2251
**Fax:** (585) 786-5148

**Website:** http://counties.cce.cornell.edu/wyoming

**Program:** *Eat Smart NY*

**Description:** Nutrition educators work with low income individuals with diabetes who have received a meal plan from a dietician. The service consists of 6-8 lessons which can be offered in a home or group setting.

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**Robert Hewson, DPM**
3 Handley Street
Perry, NY 14530

**Ph:** (585) 237-6721

**Description:** Podiatry practice offering foot care services to diabetic patients.

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**University Eye Specialists**

*Daniel Levin, MD*
*Reginald Ishman, MD*
*Alan Siegel, MD*
*William White, MD*

1 Parker Lane
Perry, NY 14530

2469 State Route 19 North
Warsaw, NY 14569

**Ph:** (585) 237-2323 (Perry)
(585) 798-2288 (Warsaw)

**Fax:** (585) 786-3699

**Website:** www.universityeyespl.com

**Description:** University Eye is a group of experienced, caring physicians who have provided the highest quality of comprehensive eye care in Western New York for more than 25 years. They care about their patients and strive to provide state-of-the-art eye care, from routine eye exams to the most complex eye surgery.

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**Wyoming County Community Health System**
400 North Main Street
Warsaw, NY 14569

**Ph:** (585) 786-8940 x 4546
**Fax:** (585) 786-1126

**Website:** www.wcchs.net

**Program:** *Diabetes Education*

**Description:** Diabetes education, support and nutritional education is available.
Wyoming County Health Department
5362 Mungers Mill Road
Silver Springs, NY 14550

Ph: (585) 786-8890
Fax: (585) 786-3537

Website: www.wyomingco.net

Program: Wyoming County Diabetes Coalition

Description: Walks and support groups have been discontinued in the county. Some dietary teaching is available. An annual diabetes event is held each spring.

Wyoming County Office for the Aging
8 Perry Avenue
Warsaw, NY 14569

Ph: (585) 786-8833
Fax: (585) 786-8832

Website: www.wyomingco.net/ofa

Program: Nutrition Counseling

Description: Nutrition counseling for recipients 60 years of age or older, on special diets or nutritional needs, is available.
Other Resources
**Becton Dickinson**  
Cindi Goodfellow, Diabetes Sales Consultant  
1023 Faulkner Way  
Greensburg, Pennsylvania 15601  
Ph: (724) 217-0475  
Fax: (724) 834-1791  
Website: www.BDdiabetes.com/us  
E-mail: cynthia.goodfellow@bd.com  
Description: Offers diabetic patients educational materials, informational websites, take-home kit samples, pen needle and syringe samples.

**BAM! Body and Mind**  
Website: www.bam.gov  
Description: Directed towards children, the BAM! Body and Mind website gives information and tools on how to live well and healthy.

**Eat Right**  
Website: www.eatright.org  
Description: Website offering food and nutrition information and tools sponsored by the American Dietetic Association

**Journey for Control**  
Website: www.journeyforcontrol.com  
Description: The Journey for Control website is an online tool for patients and providers who seek information and resources for the management of Diabetes.

**New York State Department of Health**  
Riverview Center  
150 Broadway, 3rd Floor West  
Albany, NY 12204  
Ph: (518) 408-5142  
Fax: (518) 474-3356  
E-mail: mms07@health.state.ny.us  
Description: The New York State Diabetes Prevention and Control Program (NYS DPCP) collaborates with local, state and national partners to reduce and eliminate the burden of diabetes in New York State.

**Medtronic Diabetes**  
Ph: (800) 646-4633 x 2596  
Fax: (716) 646-3902  
Website: www.MedtronicDiabetes.com  
E-mail: pat.danahy@medtronic.com  
Description: Medtronic offers a variety of classes for those patients using insulin; for those interested in pump or cgm therapy; and for those already using the technology who want to learn more. All classes are free of charge.

**Roche Diagnostics Corporation**  
9115 Hague Road, PO Box 50457  
Indianapolis, IN 46250  
Ph: (716) 695-4775  
Fax: (716) 741-0271  
E-mail: pat.kreuzer@roche.com  
Program: Healthy Habits Program (2), Healthy Habits Employee Program  
Description: Roche offers educational materials that can be used in a variety of different learning venues. Our Quick Tips series offers key “diabetes learnings” that can be customized to the individual personally. Our Healthy Habits Programs are all taught by diabetes educators and are available in Spanish & pediatric versions. The Health Habits for the employer group can be used by large employer groups to help employees take steps to better manage their blood sugars. We also offer online diabetes education at ACCU-CHEK®.com.
Index
Diabetes Educators

Allegany County
Sherry Herdman, MS, RD, CDE
Jones Memorial Hospital
191 North Main Street
Wellsville, NY 14895
Ph: (585) 596-5035

Brenda Torrey, RN, CDE
Jones Memorial Hospital
191 North Main Street
Wellsville, NY 14895
Ph: (585) 596-5035
Email: torreyb@jmhny.org

Cattaraugus County
Maryann Cook, RN, CDE
Bertrand Chaffee Hospital
224 East Main Street
Springville, NY 14141
Ph: (716) 592-2871 x 1489

Mary K Fay, RD, CDE, CDN
Olean General Hospital
515 Main Street
Olean, NY 14760
Ph: (716) 375-6271
Email: mfay@ogh.org

Kelli Truman, RN, CDE
Lionel R John Health Center
Seneca Nation of Indians
987 RC Hoag Drive
Salamanca, NY 14779
Ph: (716) 945-5894

Barbara Walker, RN, CDE
Olean General Hospital
515 Main Street
Olean, NY 14760
Ph: (716) 375-4127
Email: bwalker@ogh.org

Chautauqua County
Jacqueline Carlson, RD, CDE
WCA Hospital
110 Mall Boulevard
Lakewood, NY 14750
Ph: (716) 763-7378
Email: Jacqueline.carlson@wcahospital.org

Lori Crassi, RD, CDE
Cattaraugus Indian Health Center
36 Thomas Indian School Drive
Irving, NY 14081
Ph: (716) 532-8223

Kathleen Krieg, RN, CDE
WCA Hospital
110 Mall Boulevard
Lakewood, NY 14750
Ph: (716) 763-7390

Kerry Mihalko, RD, CDE
Nutrition To Go
255 Maple Avenue
Cassadaga, NY 14718
Ph: (716) 665-0792
Fax: (716) 595-3310
Email: kmihalko1@stny.rr.com

Linda Walters, RN, CDE
Brooks Memorial Hospital
529 Central Avenue
Dunkirk, NY 14048
Ph: (716) 363-7296

Erie County
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Fax: (716) 677-0253

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Fax: (716) 674-1153
Website: www.propelhealth.com
Email: jensminger@propelhealth.com

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Kenmore, NY 14217
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Fax: (716) 447-6314
Website: www.chsbuffalo.org

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Buffalo, NY 14216
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West Seneca, NY 14224
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Margaret R Mersereau, BSN, CDE
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Clarence Center, NY 14032
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Fax: (716) 741-9885
Email: healthfulliving@mac.com

Mary Jo Parker, MS, RD, CDN
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Email: Mary_jo_Parker@juno.com

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Nutrition Concepts
3685 Southwestern Boulevard
Orchard Park, NY 14127
Ph: (716) 662-2408
Fax: (716) 662-2508
Website: www.nutrition-concepts.net
**Erie County, continued...**

**Deborah Richter, RD, CDN, CDE**  
St Joseph Campus / Sisters of Charity Hospital  
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Website: www.chsbuffalo.org

**Sharon Wicks, BS, RN, CDE**  
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**Niagara County**

**Shannon Cino, RD, CDE, CDN**  
Niagara Falls Memorial Medical Center  
621 10th Street  
Niagara Falls, NY 14302  
Ph: (716) 278-4102  
Fax: (716) 278-4866

**Debra Hoffman, RD, CDE**  
Mount St Mary’s Hospital Education Department  
5300 Military Road  
Lewiston, NY 14092  
Ph: (716) 298-2297

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**Orleans County**

**Marion R Miano, RN, CDE**  
Medina Memorial Hospital  
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Corfu, NY 14036  
Ph: (585) 542-2180  
Email: mmiano001@rochester.rr.com

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**Wyoming County**

**Margaret Ronan, RN, CDE**  
Wyoming County Community Health System  
400 North Main Street  
Warsaw, NY 14569  
Ph: (585) 786-8940 x 4866  
Email: mronan@wcchs.net
Health Care Providers

**Allegany County**

**Allegany Eye Associates**
12 Martin Street
Wellsville, NY 14895
Ph: (585) 593-6041
Website: www.alleganyeye.com/index.php

**Robert Gilfert, DPM**
4305 Fassett Lane
Wellsville, NY 14895
Ph: (585) 593-3900
Fax: (585) 593-3901

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**Cattaraugus County**

**Allegany Eye Associates**
130 South Union Street #8
Olean, NY 14760
Ph: (716) 372-8642
Website: www.alleganyeye.com/index.php

**Micheal Izzo, DPM**
100 Memorial Drive
 Gowanda, NY 14070
Ph: (716) 532-3368

**John Miller, DPM**
2646 West State Street
Olean, NY 14070
Ph: (716) 373-3338
Fax: (716) 373-4825

**Olean Medical Group**
535 Main Street
Olean, NY 14760
Ph: (716) 376-2282
Fax: (716) 373-6632
Website: www.oleanmedicalgroup.com

**Olean Podiatry, PC**
2605 West State Street
Olean, NY 14760
Ph: (716) 372-7396

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**Chautauqua County**

**Lakeshore Eye Care**
12657 Seneca Road
Irving, NY 14081
Ph: (716) 934-3300

**Northern Chautauqua Eye Clinic**
749 Central Avenue
Dunkirk, NY 14048
Ph: (716) 336-6300

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**Podiatry Associates of Jamestown**
844 Fairmount Avenue
Jamestown, NY 14701
Ph: (716) 483-2220
Fax: (716) 487-2885

**The Resource Center**
880 East 2nd Street
Jamestown, NY 14701
Ph: (716) 483-2344
Fax: (716) 661-1487
Website: www.resourcetherteronline.org

**Seneca Eye Surgeons**
27 Porter Avenue
Jamestown, NY 14701
Ph: (716) 483-2344
Website: www.senecaeye.com

**Robert Zimmer, DPM**
614 Central Avenue
Dunkirk, NY 14048
Ph: (716) 366-6393
Fax: (716) 366-6394

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**Erie County**

**Academic Medicine Service**
2980 Sheridan Drive #601
Buffalo, NY 14226
Ph: (716) 961-9900
Website: www.amsdocs.med.buffalo.edu

**Advanced Podiatry Services**
1271 Ridge Road
Lackawanna, NY 14218
Ph: (716) 824-9835
Fax: (716) 827-7095
Website: www.drhowardpenn.com

**Ambulatory Foot Care Center**
190 Main Street
Tonawanda, NY 14150
Ph: (716) 693-1050
Fax: (716) 693-1240
Website: www.ambulatoryfootcarecenter.com

**Armenia, Armenia & Bruno, MDs**
3723 Seneca Street
West Seneca, NY 14224
Ph: (716) 675-5000
Erie County continued...

Back of the Eye MD
4476 Main Street, Suite 114
Amherst, NY 14226
Ph: (716) 839-9009
Website: www.backoftheeyemd.com

Behavioral Healthcare Network (BHN)
PO Box 543
Williamsville, NY 14231
Ph: (716) 633-9100
Fax: (866) 352-3385
Website: www.behavioralhealthcarenetwork.org

Buffalo Endocrinology
600 Harlem Road
West Seneca, NY 14224
Ph: (716) 332-2121

Buffalo Eye Center
3750 Delaware Avenue
Kenmore, NY 14217
Ph: (716) 874-2455
Fax: (716) 874-5775
Website: www.buffaloeyecenter.com

Buffalo Medical Group
Endocrinology Services
85 High Street
Buffalo, NY 14203
Ph: (716) 857-8880
Website: www.buffalomedicalgroup.com

Buffalo Medical Group
Ophthalmology Services
85 High Street, Suite 316
Buffalo, NY 14203
Ph: (716) 857-8604
Website: www.buffalomedicalgroup.com

Buffalo-Niagara Retina Associates
220 Red Tail, Suite 3
Orchard Park, NY 14127
6480 Main Street, Suite 1
Williamsville, NY 14221
Ph: (716) 631-3300
Website: www.bnretina.com

Community Health Center of Buffalo
462 Grider Street
Buffalo, NY 14215
Ph: (716) 898-4062
Fax: (716) 898-3051
Website: www.chcb.net
Email: lrochon@chcb.net

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Fax: (716) 838-3084

Phillip Culliton, DPM
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Tonawanda, NY 14150
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Fax: (716) 835-2618

Roy DeFrancis, DPM
570 French Road
Cheektowaga, NY 14227
Ph: (716) 668-1610
Fax: (716) 668-1483

Diabetic Foot Clinic of Western New York (DFC)
85 High Street
Buffalo, NY 14203
Ph: (716) 857-8603
Website: www.centerforskinintegrity.com

Epstein & Vilardo, MDs
606 North French Road
Amherst, NY 14228
Ph: (716) 688-0996

Erie County Medical Center
Endocrinology Center
462 Grider Street
Buffalo, NY 14215
Ph: (716) 898-3147
Fax: (716) 898-5352
Website: www.ecmc.edu

Excelsior Orthopaedics
3925 Sheridan Drive, Suite 100
Amherst, NY 14226
Ph: (716) 250-9999
Website: www.excelsiorortho.com

Eye Care & Vision Associates (EVCA)
932 Elmwood Avenue
Buffalo, NY 14222
3712 Southwestern Boulevard
Orchard Park, NY 14127
One Hopkins Road
Williamsville, NY 14221
Ph: (716) 884-0880 (Buffalo)
(716) 648-5329 (Orchard Park)
(716) 631-8888 (Williamsville)
Fax: (716) 884-0811 (Buffalo)
(716) 648-3185 (Orchard Park)
(716) 631-3803 (Williamsville)
Website: www.ecvaeyecare.com
Email: info@ecvaeyecare.com
Erie County continued...

Eye Sight Medical Center
1890 Colvin Boulevard
Tonawanda, NY 14150
Ph: (716) 837-5200
Fax: (716) 837-8750

Cynthia Ferrelli, DPM
330 Harris Hill Road, Suite B
Williamsville, NY 14221
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Fichte, Endl & Elmer Eye Care
2825 Niagara Falls Boulevard, Suite 130
Amherst, NY 14228
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Fax: (716) 564-2060
Website: www.fichte.com
Email: info@fichte.com

Peter Forgach, MD
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Williamsville, NY 14221
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Hamburg Health Center
150 Elmview Avenue
Hamburg, NY 14075
Ph: (716) 648-3040
Fax: (716) 656-4254
Website: www.lifetimehealth.org
Email: lori.christiano@lifetimehealth.org

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Buffalo, NY 14210
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Hassenfratz Podiatry
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Fax: (716) 837-4112
Website: www.hassenfratz.com

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Fax: (716) 588-1465

Jefferson Family Practice
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Buffalo, NY 14208
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Fax: (716) 332-4247
Website: http://fammed.buffalo.edu/jefferson
Email: emmabyrd@buffalo.edu

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Sharon Kuritzky, MD
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Amherst, NY 14226
Ph: (716) 832-3281

Lancaster Depew Podiatry Group
3423 Bailey Avenue
Buffalo, NY 14215
5429 Broadway
Lancaster, NY 14086
Ph: (716) 836-8123 (Buffalo)
(716) 684-1010 (Lancaster)
Fax: (716) 823-2995

Legarreta Eye Center
2720 Union Road
Cheektowaga, NY 14227
1301 North Forest Road
Williamsville, NY 14221
Ph: (716) 668-3030 (Cheektowaga)
(716) 633-2203
Fax: (716) 668-0705
Website: www.legarretaeyecenter.com

Hyun Jin Lim-Soh, MD
290 Center Road
West Seneca, NY 14224
Ph: (716) 674-2393

Meadowlands Endocrinology
1000 Youngs Road
Williamsville, NY 14221
Ph: (716) 636-1947
Fax: (716) 636-1369
Erie County continued...
Millard Fillmore Hospital - Gates
Diabetes & Endocrinology Center of WNY
3 Gates Circle (10 – Center)
Buffalo, NY
Ph: (716) 887-4069
(716) 887-4935
Fax: (716) 887-4773
Website: http://gates.kaleidahealth.org

William E Mosher Health Center
899 Main Street
Buffalo, NY 14203
Ph: (716) 878-2700
Website: www.lifetimehealth.org

Paul Nasca, DPM
2562 Walden Avenue, Suite 105
Cheektowaga, NY 14225
Ph: (716) 683-3330
Fax: (716) 683-7759

Niswander Eye Center
40 North Union Road
Williamsville, NY 14221
Ph: (716) 634-4441
Fax: (716) 634-3174
Website: www.niswandereyecenter.com

Northtown Medical Associates
8750 Transit Road, Suite 110
East Amherst, NY 14051
Ph: (716) 639-1111
Fax: (716) 639-1150

Northtown Podiatry
2121 Main Street, Suite 214
Buffalo, NY 14214
9600 Main Street, Suite 2
Clarence, NY 14031
Ph: (716) 838-2983 (Buffalo)
(716) 759-2004 (Clarence)
Fax: (716) 838-2942 (Buffalo)
(716) 759-2009 (Clarence)
Website: www.northtownpodiatry.com
Email: northtownpodiatry@gmail.com

Northwest Buffalo Community Health Care Center
155 Lawn Avenue
Buffalo, NY 14207
Ph: (716) 875-2904
Fax: (716) 875-5346
Website: www.nwbcchcc.org

Olmsted Center for Sight
Paul Bulger Vision Rehabilitation Clinic
1170 Main Street
Buffalo, NY 14209
Ph: (716) 882-1025
Fax: (716) 885-6388
Website: www.olmstedcenter.org

Ophthalmology Associates
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Williamsville, NY 14221
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Frank Perillo, DPM
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Buffalo, NY 14216
Ph: (716) 838-1131

William Pierce, DPM
4184 Seneca Street, Suite 203
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Ph: (716) 675-3555
Fax: (716) 675-3556

Podiatry Affiliates, PC
3980 Sheridan Drive, Suite 308
Amherst, NY 14226
403 Main Street, Suite 603
Buffalo, NY 14203
Ph: (716) 839-3930 (Amherst)
(716) 852-7800 (Buffalo)
Fax: (716) 839-2667
Website: www.podiatryaffiliates.com

Podiatry Surgeon of WNY
135 Grant Street
Buffalo, NY 14213
94 Olean Street
East Aurora, NY 14052
80 Delaware Road
Kenmore, NY 14217
Ph: (716) 881-4300 (Buffalo)
(716) 652-0018 (East Aurora)
(716) 874-5540 (Kenmore)
Fax: (716) 839-2667
Website: www.buffalofeet.com

Stephan Pollack, MD
1630 Maple Road
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R&B Medical Group
297 Spindrift Drive, Suite 200
Williamsville, NY 14221
Ph: (716) 635-0688
Erie County continued…

Retina Consultants of WNY
3055 Southwestern Boulevard, Suite 108
Orchard Park, NY 14127
531 Farber Lakes Drive
Williamsville, NY 14221
Ph: (716) 712-2440 (Orchard Park)
(716) 632-1595 (Williamsville)
Website: www.wnyretina.com

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10440 Main Street
Clarence, NY 14031
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(716) 759-8005 (Clarence)
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Cheektowaga, NY 14225
Ph: (716) 634-3901

Joseph Sciandra, DPM
1275 Hertel Avenue
Buffalo, NY 14216
Ph: (716) 875-3313
Fax: (716) 694-6721

Sirkin Eye Care Center
2441 Sheridan Drive
Tonawanda, NY 14150
Ph: (716) 836-8700
Fax: (716) 836-3549

Southtowns Eye Center
3151 Southwestern Boulevard
Orchard Park, NY 14127
Ph: (716) 674-6030
Fax: (716) 674-6052

Southtowns Foot Care
6272 West Quaker Street
Orchard Park, NY 14127
Ph: (716) 662-7729
Fax: (716) 662-1822

St Joseph’s Chronic Wound Service
2605 Harlem Road
Cheektowaga, NY 14225
Ph: (716) 891-2703
Fax: (716) 891-2757
Website: www.chsbuffalo.org

Nicholas Tiberia, DPM
100 Union Road
West Seneca, NY 14224
Ph: (716) 674-0375
Fax: (716) 677-2965

University Ophthalmology
3580 Sheridan Drive, Suite 115
Amherst, NY 14226
Ph: (716) 834-1113
Website: www.ubmd.com

Urban Family Practice
564 Niagara Street
Buffalo, NY 14201
Ph: (716) 882-0366
Fax: (716) 884-8096
Website: www.urbanfamilypractice.com

VA WNY Healthcare System
3495 Bailey Avenue
Buffalo, NY 14215
Ph: (716) 862-3145
Fax: (716) 862-8759
Website: www.buffalo.va.wny

Aaron Weisbrot, DPM
1241 Colvin Boulevard
Buffalo, NY 14223
Ph: (716) 877-3624
Fax: (716) 877-8409

Wellness Medical Practice, PLLC
Clinical Diabetes Care and Management
135 Grant Street
Buffalo, NY 14213
Ph: (716) 881-4300
Fax: (716) 881-5300
Email: hwellness@aol.com

Wetlaufer Eye Clinic
100 High Street
Building B, 5th Floor
Buffalo, NY 14209
Ph: (716) 854-1137
Fax: (716) 859-2555
Fax: (716) 859-1147
Website: www.bgh.kaleidahealth.org
Jason White, DPM  
15 South Forest Road  
Williamsville, NY 14221  
Ph: (716) 634-5993  
Fax: (716) 434-1096

Dennis Winiecki, DPM  
5181 Transit Road  
Williamsville, NY 14221  
Ph: (716) 634-5767

Women & Children’s Hospital of Buffalo  
Diabetes Center of Excellence  
219 Bryant Street  
Buffalo, NY 14222  
Ph: (716) 878-7262  
Fax: (716) 878-7364  
Website: www.wchob.org  
Email: diabetes@upa.chob.edu

Susan Wright, DPM  
2222 Main Street  
Buffalo, NY 14214  
Ph: (716) 833-2680

**Genesee County**

Advanced Podiatry Associates  
2 State Street  
Batavia, NY 14020  
Ph: (585) 343-8150  
Fax: (585) 343-1768

Batavia Foot Care Center  
203 Summit Street  
Batavia, NY 14020  
Ph: (585) 344-1677  
Fax: (585) 344-1685  
Website: www.bataviapodiatry.com

Batavia Ophthalmology  
229 Summit Street  
Batavia, NY 14020  
Ph: (585) 344-0933  
Fax: (585) 344-3669

Ross Fanara, DPM  
4110 West Main Street  
Batavia, NY 14020  
Ph: (585) 343-8638  
Fax: (585) 344-0746

University Eye Specialists  
217 Summit Street  
Batavia, NY 14020  
Ph: (585) 345-1342  
Fax: (585) 786-3699  
Website: www.universityeyespl.com

**Niagara County**

Niagara Falls Memorial Medical Center  
Diabetes & Endocrinology Center of Niagara  
621 10th Street  
Niagara Falls, NY 14302  
Ph: (716) 284-7592  
Fax: (716) 284-5273  
Website: http://nfmmc.org

Podiatry Affiliates, PC  
6934 Williams Road, Suite 600  
Niagara Falls, NY 14304  
Ph: (716) 298-1600  
Fax: (716) 839-2667  
Website: www.podiumaffiliates.com

Retina Consultants of WNY  
6930 Williams Road  
Building C, Suite 2800  
Niagara Falls, NY 14304  
Ph: (716) 205-0151  
Website: www.wnyretina.com

Richard L Sawicki, DPM  
8657 Buffalo Avenue  
Niagara Falls, NY 14304  
Ph: (716) 283-3338  
Fax: (716) 283-3452  
Email: docsawicki@verizon.net  
asawicki@verizon.net

Joseph Sciandra, DPM  
307 Schenck Street  
North Tonawanda, NY 14120  
Ph: (716) 694-6720  
Fax: (716) 694-6721

Jude Violante, DPM  
441 Center Street  
Lewiston, NY 14092  
Ph: (716) 754-2068  
Fax: (716) 754-7015

Jude Violante, DPM  
441 Center Street  
Lewiston, NY 14092  
Ph: (716) 754-2068  
Fax: (716) 754-7015

Jason Todd White, DPM  
Lockview Plaza  
2141 Main Street  
Lockport, NY 14094  
Ph: (716) 434-6601  
Fax: (716) 434-1096
**Niagara County continued...**

Dennis Winiecki, DPM  
87 Mead Street  
North Tonawanda, NY 14120  
Ph: (716) 692-1451

---

**Orleans County**

Lake Plains Eye Center  
500 Erie Street  
Medina, NY 14103  
Ph: (585) 798-2020  
Website: www.medina-ny.com/LakePlainsEyeCenter

Oak Orchard Community Health Center  
301 West Avenue  
Albion, NY 14411

77 South Main Street  
Lyndonville, NY 14098  
Ph: (585) 589-5613 (Albion)  
(585) 765-2060 (Lyndonville)  
Fax: (585) 589-0872 (Albion)  
(585) 765-2067 (Lyndonville)  
Website: www.oakorchardhealth.org  
www.oochc.org

Harry Zirna, DPM  
300 Ohio Street  
Medina, NY 14103  
Ph: (585) 798-1515

---

**Wyoming County**

Robert Hewson, DPM  
3 Handley Street  
Perry, NY 14530  
Ph: (585) 237-6721

University Eye Specialists  
1 Parker Lane  
Perry, NY 14530  
2469 State Route 19 North  
Warsaw, NY 14569  
Ph: (585) 237-2323 (Perry)  
(585) 798-2288 (Warsaw)  
Fax: (585) 786-3699  
Website: www.universityeyespl.com
### Programs

<table>
<thead>
<tr>
<th>County</th>
<th>Hospital/Center</th>
<th>Address</th>
<th>Phone Numbers</th>
<th>Fax Numbers</th>
<th>Website</th>
<th>Email</th>
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<tbody>
<tr>
<td>Allegany County</td>
<td>Jones Memorial Hospital</td>
<td>191 North Main Street, Wellsville, NY 14895</td>
<td>(585) 596-5035</td>
<td>(585) 596-2055</td>
<td>website: <a href="http://www.jmhny.org">www.jmhny.org</a></td>
<td>Email: <a href="mailto:torreyb@jmhny.org">torreyb@jmhny.org</a></td>
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<td>Wellsville Lions Club Diabetes Center</td>
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<td></td>
<td>Olean General Hospital</td>
<td>515 Main Street, Olean, NY 14760</td>
<td>(716) 375-4127</td>
<td></td>
<td>website: <a href="http://www.ogh.org">www.ogh.org</a></td>
<td>Email: <a href="mailto:bwalker@ogh.org">bwalker@ogh.org</a>, <a href="mailto:mfay@ogh.org">mfay@ogh.org</a></td>
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<td>Diabetes Education Program</td>
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<td>Cattaraugus County</td>
<td>Bertrand Chaffee Hospital</td>
<td>222 East Main Street, Springville, NY 14141</td>
<td>(716) 592-2871 x 1489</td>
<td></td>
<td>website: <a href="http://www.chaffeehospitalandhome.com">www.chaffeehospitalandhome.com</a></td>
<td>Email: <a href="mailto:dschrantz@bch-jbr.org">dschrantz@bch-jbr.org</a></td>
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<td>Diabetes Education Counseling</td>
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<td>Bertrand Chaffee Hospital</td>
<td>222 East Main Street, Springville, NY 14141</td>
<td>(716) 592-2871 x 257</td>
<td></td>
<td>website: <a href="http://www.chaffeehospitalandhome.com">www.chaffeehospitalandhome.com</a></td>
<td>Email: <a href="mailto:dschrantz@bch-jbr.org">dschrantz@bch-jbr.org</a></td>
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<td>Individual Nutrition Counseling</td>
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<td>Cornell Cooperative Extension of Allegany &amp; Cattaraugus Counties</td>
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<td></td>
<td>Living Smart</td>
<td>28 Parkside Drive, Ellicottville, NY 14731</td>
<td>(716) 699-2377 x 111</td>
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<td>website: <a href="http://www.cchn.net">www.cchn.net</a></td>
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<td></td>
<td>Healthy Community Alliance</td>
<td>One School Street, Gowanda, NY 14070</td>
<td>(716) 532-1010</td>
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<td>website: <a href="http://www.co.chautauqua.ny.us">www.co.chautauqua.ny.us</a></td>
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<td></td>
<td>Diabetes Education &amp; Prevention</td>
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<td>Lionel R John Health Center</td>
<td>987 RC Hoag Drive, Salamanca, NY 14779</td>
<td>(716) 945-5894</td>
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<td>website: <a href="http://www.sni.org/health.html">www.sni.org/health.html</a></td>
<td>Email: <a href="mailto:Luanne.spruce@senecahealth.org">Luanne.spruce@senecahealth.org</a></td>
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<td>Stomping Out Diabetes at Oh:yo’</td>
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<td>Chautauqua County Health Network</td>
<td>200 Harrison Road, Jamestown, NY 14701</td>
<td>(716) 338-0010</td>
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<td>website: <a href="http://www.cchn.net">www.cchn.net</a></td>
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<td>Living Well – Chronic Disease Self-Management Program</td>
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<td></td>
<td>Chautauqua County Office for the Aging</td>
<td>HRC Building, 7 North Erie Street, Mayville, NY 14757</td>
<td>(716) 753-4471</td>
<td></td>
<td>website: <a href="http://www.co.chautauqua.ny.us">www.co.chautauqua.ny.us</a></td>
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<td>Nutrition &amp; Wellness Programs</td>
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<td>Chautauqua PT, OT &amp; SLP Professionals, PLLC</td>
<td>Riverwalk Center, 15 South Main Street, Suite 220, Jamestown, NY 14701</td>
<td>(716) 488-2322</td>
<td></td>
<td>website: <a href="http://www.chautauquapt.com">www.chautauquapt.com</a></td>
<td>Email: <a href="mailto:jgoerke@chautauquapt.com">jgoerke@chautauquapt.com</a></td>
</tr>
</tbody>
</table>
Chautauqua County continued...
Cornell Cooperative Extension of Chautauqua County
Eat Smart NY
3542 Turner Road, Suite 1
Jamestown, NY 14701
Ph: (716) 664-9502 x 216
Fax: (716) 664-6327
Website: http://chautauquacce.shutterfly.com

Cornell Cooperative Extension of Chautauqua County
Women, Infants, Children Nutrition Program
3542 Turner Road, Suite 1
Jamestown, NY 14701
Ph: (716) 664-9502 x 216
Fax: (716) 664-6327
Website: http://chautauquacce.shutterfly.com

Great Lakes Home Healthcare Services/Allied Healthcare Systems
37 West Main Street
Fredonia, NY 14063
15 South Main Street
Jamestown, NY 14701
Ph: (716) 672-4704 (Fredonia)
(716) 664-5092 (Jamestown)
Website: https://greatlakeshomehealthcare-store.stores.yahoo.net

Great Lakes Medical Research
138 East Main Street
Westfield, NY 14787
Ph: (716) 326-4890
Fax: (716) 326-4887
Email: seek@glmr.info

Hospice Chautauqua County
Connections
4840 West Lake Road
Mayville, NY 14757
Ph: (716) 753-5383
Fax: (716) 753-5253
Website: http://hospicechautco.org
Email: egaken@hospicechautco.org

Nutri-Perx
Choose to Lose
323 Central Avenue
Dunkirk, NY 14048
Ph: (716) 366-1012

Nutrition To Go
255 Maple Avenue
Cassadaga, NY 14718
Ph: (716) 665-0792
Fax: (716) 595-3310
Email: kmihalko1@stny.rr.com

WCA Hospital
Diabetes Self-Management Program
207 Foote Avenue
Jamestown, NY 14701
Ph: (716) 664-8246
(716) 664-8380
Fax: (716) 664-8230
Website: www.WCAHospital/diabetesed.php
Email: Jacqueline.carlson@wcahospital.org

Westfield Memorial Hospital
Diabetes Self-Management Education Program
189 East Main Street
Westfield, NY 14787
Ph: (716) 793-2211
(716) 326-4921
Fax: (716) 793-2312
Email: Kgreiner@svhs.org
Website: www.chautauquaopportunities.com

Erie County
Alianza Latina
Por Tu Familia
200 South Elmwood Avenue
Buffalo, NY 14201
Ph: (716) 852-5969
Fax: (716) 362-3172
Website: www.alwny.org

American Diabetes Association
315 Alberta Drive
Amherst, NY 14226
Ph: (716) 835-0274
Fax: (716) 835-0283
Website: www.diabetes.org

American Heart / American Stroke Association
Heart of Diabetes
20 Northpointe Parkway, Suite 130
Amherst, NY 14228
Ph: (716) 614-1986
Fax: (716) 564-1101
Website: www.iknowdiabetes.org/enroll.html
Email: Roseanne.stephan@heart.org

BlueCross BlueShield of Western New York
Diabetes Disease Management Program
257 West Genesee Street
Buffalo, NY 14202
Ph: (877) 878-8785
Fax: (877) 448-0702
Website: www.bcbswny.com
Email: belling.celine@bcbswny.org
Erie County continued...
Buffalo General Hospital
Diet Education
100 High Street
Buffalo, NY 14203
Ph: (716) 859-1897
Website: http://bgh.kaleidahealth.org
Email: cchelus@kaleidahealth.org

Buffalo Urban League
Remarkable Women: That’s You
15 East Genesee Street
Buffalo, NY 14203
Ph: (716) 854-7625
Fax: (716) 854-8960
Website: www.buffalourbanleague.org
Email: gtate@buffalourbanleague.org

BWI Health Promotions
Common Sense Nutrition for Diabetes
8355 Cherry Lane
Eden, NY 14057
Ph: (716) 992-2732
Fax: (716) 992-3747
Website: www.bwihp.com
Email: battleworks@verizon.net

Community Action Organization of Erie County
Health and Healing Circle
70 Harvard Place
Buffalo, NY 14209
Ph: (716) 881-5150
(716) 903-3290
Website: www.caoec.org
Email: myhealthyadvantage@yahoo.com

Cornell Cooperative Extension of Erie County
Eat Smart NY
21 South Grove Street
East Aurora, NY 14052
Ph: (716) 652-5400 x 175
Fax: (716) 652-5073
Website: http://counties.cce.cornell.edu/erie/esny.html

Educated Healthcare
“Safety First” HealthPac Workshop: A Consumer’s Guide to Managing Your Health Care
9700 The Pines
Clarence, NY 14031
Ph: (716) 713-7865
Fax: (716) 636-6244
Website: www.myhealthpac.com
Email: healthcarepac@yahoo.com

Elmwood Health Center
2128 Elmwood Avenue
Buffalo, NY 14207
Ph: (716) 874-4500
Fax: (716) 873-3638
Website: www.people-inc.org

Erie County Department of Health
Be Active Erie County
95 Franklin Street, Room 950
Buffalo, NY 14202
Ph: (716) 858-7685
(716) 858-7695
Fax: (716) 858-4966
Website: www.erie.gov
Email: Kelly.asher@erie.gov
Cheryll.moore@erie.gov

Erie County Department of Health
Erie County Syringe Expanded Access & Disposal Project
95 Franklin Street
Buffalo, NY 14202
Ph: (716) 858-7695
Fax: (716) 858-4966
Website: www.erie.gov/health
Email: Cheryll.moore@erie.gov

Erie County Department of Health
Type 2 Diabetes Prevention in Children Project
95 Franklin Street, Room 979
Buffalo, NY 14202
Ph: (716) 858-7921
Fax: (716) 858-4966
Website: www.erie.gov/health
Email: moorec@erie.gov

Erie County Department of Health
WNY Coalition for Diabetes Prevention
95 Franklin Street, Room 975A
Buffalo, NY 14202
Ph: (716) 858-7629
Fax: (716) 858-7964
Website: www.erie.gov/health
Email: brinkwoj@erie.gov

Erie County Department of Senior Services
Stay Fit Dining / Fitness Program
95 Franklin Street
Buffalo, NY 14202
Ph: (716) 858-7639
Fax: (716) 858-4966
Website: www.erie.gov/stayfit
Erie County continued…
Erie Niagara Area Health Education Center
Health Talkers
355 Linwood Avenue
Buffalo, NY 14209
Ph: (716) 881-8222
Fax: (716) 881-8225
Website: http://enahec.org
Email: craigme@enahec.org

FidelisCare NY
Diabetes Management Program
40 John Glenn Drive
Amherst, NY 14228
Ph: (800) 247-1441 x 14260
Fax: (866) 815-7223 Attn: Joy Christie
Website: www.fideliscareny.org
Email: jchristie@fideliscare.org

Food & Drug Administration
Olympic Towers
300 Pearl Street, Suite 100
Buffalo, NY 14202
Ph: (716) 541-0318
Fax: (716) 555-3845
Website: www.fda.gov
Email: Diana.monaco@fda.hhs.gov

Healthful Living
PO Box 352
Clarence Center, NY 14032
Ph: (716) 601-5891
Fax: (716) 741-9885
Website: http://healthfullivingsite.com
Email: healthfulliving.mac.com

Jericho Road Ministries
Diabetic Center of Excellence
184 Barton Street
Buffalo, NY 14213
Ph: (716) 348-3000
Fax: (716) 348-3002
Website: www.jrm-buffalo.org
Email: emmabyrd@buffalo.edu

Juvenile Diabetes Resource Foundation WNY Chapter
331 Alberta Drive, Suite 106
Buffalo, NY 14226
Ph: (716) 833-2873
Fax: (716) 833-0199
Website: www.jdrf.org/westernny
Email: westernny@jdrf.org

Kenmore Mercy Hospital
Lifeskills Diabetic Self-Management Education Program
2950 Elmwood Avenue
Kenmore, NY 14217
Ph: (716) 447-6273
Fax: (716) 447-6314
Website: www.chsbuffalo.org

Kenmore Mercy Hospital
Outpatient Nutrition Counseling
2940 Elmwood Avenue
Kenmore, NY 14217
Ph: (716) 447-6539
Fax: (716) 447-6314
Website: www.chsbuffalo.org
Email: aneyman@chsbuffalo.org

LEWAC Associates of Western New York
135 Grant Street
Buffalo, NY 14213
Ph: (716) 881-6111
Fax: (716) 881-4411
Website: www.lewac.com
Email: hwellness@aol.com

Medical Associates Southtowns
Diabetes Center
300 Center Road #8
West Seneca, NY 14224
Ph: (716) 675-3754
Fax: (716) 675-7110
Email: medicalassociatespc@verizon.net

Mercy Hospital
Lifeskills Diabetes Self-Management Education Program
565 Abbott Road
Buffalo, NY 14220
Ph: (716) 828-2821
Fax: (716) 828-2714
Website: www.chsbuffalo.org

Mercy Hospital
Outpatient Nutrition Counseling
515 Abbott Road, Suite 1020
Buffalo, NY 14220
Ph: (716) 828-2132 (registered dietician)
(716) 828-2101 (appointment)
Fax: (716) 828-2714
Website: www.chsbuffalo.org
Email: asmokows@chsbuffalo.org
Erie County continued…
Millard Fillmore Hospital - Gates
Diabetes & Endocrinology Center of WNY
3 Gates Circle (10 – Center)
Buffalo, NY
Ph: (716) 887-4069
   (716) 887-4935
Fax: (716) 887-4773
Website: http://gates.kaleidahealth.org

Millard Fillmore Hospital – Suburban
Healthy U: Managing Diabetes
1540 Maple Road
Williamsville, NY  14221
Ph: (716) 887-4869
   (716) 887-4935
Fax: (716) 887-4935
Website: http://suburban.kaleidahealth.org

Nutris HealthWorks
First Line Therapy
400 International Drive
Williamsville, NY  14221
Ph: (716) 631-3555
Fax: (716) 631-9525
Website: www.nutrishealthworks.meta-ehealth.com

Nutrition Concepts
2685 Southwestern Boulevard
Orchard Park, NY 14127
Ph: (716) 662-2408
Fax: (716) 662-2508
Website: www.nutrition-concepts.net
Email: nutritionconcepts@verizon.net

Parents of Diabetics (PoDS)
St Luke’s Lutheran Church
900 Maryvale Drive
Cheektowaga, NY 14225
Ph: (716) 833-2873
Fax: (716) 833-1099
Website: www.podswny.org
Email: mail@podswny.org

Propel Health, LLC
PO Box 543
West Seneca, NY 14224
Ph: (716) 674-1148
Fax: (716) 674-1153
Website: www.propelhealth.com
Email: jensminger@propelhealth.com

Norma Quijada, MD
Diabetes Self Management Counseling
200 Sterling Drive, Suite 400
Orchard Park, NY 14127
Ph: (716) 877-0250
Fax: (716) 677-0253

Schofield Residence
Schofield Adult Wellness Center
3333 Elmwood Avenue
Kenmore, NY  14216
Ph: (716) 995-3851
Fax: (716) 874-6942
Website: www.schofieldcare.org

Sheehan Health Network
Diabetes Support & Education Group
425 Michigan Avenue
Buffalo, NY  14203
Ph: (716) 848-2124
Fax: (716) 848-2385
Website: www.sheehanhn.com

Sisters Hospital of Buffalo
Lifeskills Diabetes Self-Management Education Program
2157 Main Street
Buffalo, NY  14214
Ph: (716) 447-6205
Fax: (716) 862-1846
Website: www.chsbuffalo.org
Email: jturesky@chsbuffalo.org

St Joseph Campus / Sisters of Charity Hospital
Diabetes / Nutrition Education
2605 Harlem Road
Cheektowaga, NY 14225
Ph: (716) 891-2676
Fax: (716) 891-2788
Website: www.chsbuffalo.org
Email: drichter@chsbuffalo.org

St Joseph Campus / Sisters of Charity Hospital
Lifeskills Diabetes Self-Management Education Program
2605 Harlem Road
Cheektowaga, NY 14225
Ph: (716) 891-2676
Fax: (716) 891-2788
Website: www.chsbuffalo.org
Email: drichter@chsbuffalo.org

St Lawrence Church
Diabetes Instruction
1520 Delavan Avenue
Buffalo, NY  14215
Ph: (716) 308-6302
Fax: (716) 625-1323
Email: patriciadyer@gmail.com
**Erie County continued...**

**Tops Cooking School**  
**Your Health – Health/Cooking Classes**  
3980 Maple Road  
Amherst, NY 14226

355 Orchard Park Road  
West Seneca, NY 14224  
Ph: (716) 515-2000 (Orchard Park)  
(716) 517-3006 (West Seneca)  
Website: www.topsmarkets.com

**Wellness Institute of Greater Buffalo & WNY**  
**Promotion of Physical Activity**  
65 Niagara Square, Room 607  
Buffalo, NY 14202  
Ph: (716) 851-4052  
Fax: (716) 851-4309  
Website: www.nysphysicalactivity.org  
Email: wellness@city-buffalo.org  
beactive@city-buffalo.org

**Women & Children’s Hospital of Buffalo**  
**Diabetes and Pregnancy Program**  
219 Bryant Street  
Buffalo, NY 14222  
Ph: (716) 878-1227  
Fax: (716) 878-1230  
Website: www.wchob.org

**Genesee County**

**Angel Food Ministries**  
Bergen United Methodist  
27 South Lake Street  
Bergen, NY 14416

Calvary Baptist Church  
8703 Lake Street Road  
LeRoy, NY 14485

New Hope Ministries  
8052 Bank Street Road  
Batavia, NY 14020

Oakfield-Alabama Baptist Church  
2210 Judge Road  
Oakfield, NY 14125  
Ph: (585) 494-1312 (Bergen)  
(585) 768-2380 (Calvary)  
(585) 344-2997 (New Hope)  
(585) 948-9401 (Oakfield)  
Website: www.angelfoodministries.com

**Care-A-Van Ministries**  
4 Lewis Avenue  
Batavia, NY 14020  
Ph: (585) 343-0328

**Catholic Charities**  
25 Liberty Street, Suite 7  
Batavia, NY 14020  
Ph: (585) 343-0614  
Website: www.ccwny.org

**Cornell Cooperative Extension of Genesee County**  
**EatSmart NY**  
420 East Main Street  
Batavia, NY 14020  
Ph: (585) 343-3040 x 102  
Fax: (585) 343-1275  
Website: http://genesee.shutterfly.com/nutrition

**Genesee County Department of Health**  
**County Building II**  
3837 West Main Street Road  
Batavia, NY 14020  
Ph: (585) 344-2580 x 5000  
Fax: (585) 344-4713  
Website: www.co.genesee.ny.us

**Genesee County Office for the Aging**  
**Nutrition Counseling**  
2 Bank Street  
Batavia, NY 14020  
Ph: (585) 343-1611  
Fax: (585) 344-8559  
Email: saudino@co.genesee.ny.us

**Lake Plains Community Care Network**  
**Living Healthy: Chronic Disease Self-Management Program**  
56 Harvester Avenue, 3rd Floor, Suite 1  
Batavia, NY 14020  
Ph: (585) 345-6110  
Fax: (585) 345-7452  
Email: chayden@lakeplains.org

**Mental Health Association**  
25 Liberty Street  
Batavia, NY 14020  
Ph: (585) 344-2611  
Fax: (585) 345-1418  
Website: www.gcmha.org

**VAMC Ambulatory Care Clinic**  
**Diabetes Self Management Program**  
222 Richmond Avenue  
Batavia, NY 14020  
Ph: (585) 297-1000 x 72555  
Fax: (585) 297-1069  
Email: Michelle.Gaylord@Med.va.gov
Genesee County, continued...
United Memorial Medical Center – Healthy Living
Diabetes Education
127 North Street
Batavia, NY 14020
Ph: (585) 344-5331
Fax: (585) 344-5267
Website: www.ummc.org

United Memorial Medical Center – Healthy Living
Living Healthy with Diabetes: A Self-Management Education Program
127 North Street
Batavia, NY 14020
Ph: (585) 344-5331
Fax: (585) 344-5267
Website: www.ummc.org

Niagara County
Cornell Cooperative Extension of Niagara County
Eat Smart NY
1001 11th Street
Niagara Falls, NY 14301
Ph: (716) 278-8131
Fax: (716) 278-8174
Website: https://counties.cce.cornell.edu/niagara

DeGraff Memorial Hospital
Disease Management
445 Tremont Street
North Tonawanda, NY 14120
Ph: (716) 887-4869
Fax: (716) 887-4773
Website: http://degraff/kaleidahealth.org

DeGraff Memorial Hospital
Nutrition Counseling
445 Tremont Street
North Tonawanda, NY 14120
Ph: (716) 887-4869
Fax: (716) 887-4773
Website: http://degraff/kaleidahealth.org

Mount St Mary’s Hospital
Center for Diabetes Management
5300 Military Road
Lewiston, NY 14092
Ph: (716) 298-2297
Fax: (716) 298-2054
Website: www.ms mh.org
Email: debra.hoffman@msmh.org

Mount St Mary’s Hospital
Diabetes Support Group
5300 Military Road
Lewiston, NY 14092
Ph: (716) 745-7149
Fax: (716) 298-2054
Website: www.ms mh.org
Email: debra.hoffman@msmh.org

Niagara County Office for the Aging
Eat Well Stay Well Dining
111 Main Street, Suite 101
Lockport, NY 14094
Ph: (716) 438-4030
Fax: (716) 438-4029
Website: www.niagaracounty.com/aging
Email: glenda.reardon@niagaracounty.com

Niagara Falls Memorial Medical Center
Diabetes & Endocrinology Center of Niagara
621 10th Street
Niagara Falls, NY 14302
Ph: (716) 284-7592
Fax: (716) 284-5273
Website: http://nfmmc.org

Niagara Falls Memorial Medical Center
Living with Diabetes
621 10th Street
Niagara Falls, NY 14302
Ph: (716) 278-4102
Fax: (716) 278-4866
Website: http://nfmmc.org
Email: livingwithdiabetes@nfmmc.org
Orleans County
Angel Food Ministries
Ashood Wesleyan Church
12540 Plattan Rd
Lyndonville NY, 14098
Ph: (585) 785-9093 (Ashwood)
(585) 798-5102 (Faith Bible)
(585) 682-4348 (Purpose of Heart)
Website: www.angelfoodministries.com

Purpose of Heart, Inc
25 E. Bank St
Albion, NY 14411
Ph: (585) 765-9093 (Ashwood)
Website: www.angelfoodministries.com

Catholic Charities
243 South Main Street
Albion, NY 14411
Ph: (585) 589-7477
Website: www.ccwny.org

Medina Memorial Hospital – Wellness Center
Living Well with Diabetes
415 West Avenue
Medina, NY 14103
Ph: (585) 798-6641
Fax: (585) 798-9543
Website: www.medinamemorial.org
Email: mmiano001@rochester.rr.com,
ccperry@medinamemorial.org

Orleans County Department of Health
14012 Route 31 West
Albion, NY 14411
Ph: (585) 589-3278
Fax: (585) 589-2878
Website: www.orleansny.com

Orleans County Office for the Aging
Nutrition Counseling
14016 Route 31 West
Albion, NY 14411
Ph: (585) 589-2863
Fax: (585) 589-3193
Website: www.orleansny.com

Catholic Charities
417 West Main
Arcade, NY 14009
4 West Buffalo Street, Suite B
Warsaw, NY 14569
Ph: (585) 492-0409 (Arcade)
(585) 786-3440 (Warsaw)
Website: www.ccwny.org

Cornell Cooperative Extension of Wyoming County
Eat Smart NY
401 North Main Street
Warsaw, NY 14569
Ph: (585) 786-2251
Fax: (585) 786-5148
Website: http://counties.cce.edu/wyoming/nutrition/esny

Wyoming County Community Health System
Diabetes Education
400 North Main Street
Warsaw, NY 14569
Ph: (585) 789-8940 x 4546
Fax: (585) 786-1126
Website: www.wcchs.net

Wyoming County Health Department
Wyoming County Diabetes Coalition
5362 Mungers Mills Road
Silver Springs, NY 14550
Ph: (585) 786-8890
Fax: (585) 786-3537
Website: www.wyomingco.net

Wyoming County Office for the Aging
Nutrition Counseling
8 Perry Avenue
Warsaw, NY 14569
Ph: (585) 786-8833
Fax: (585) 786-8832
Website: www.wyomingco.net/ofa

Wyoming County
Angel Food Ministries
Attica Angel Food
14 Exchange Street
Attica, NY 14011
Ph: (585) 356-9034
Website: www.angelfoodministries.com
GO TO www.p2wny.org