



CARING FOR CUSTOMERS  
LIKE ONLY A FAMILY CAN®



What kids like and young bodies need.



## Your job is tough. We're here to help.

As young tastes evolve and become more sophisticated, the job of pleasing students is hard enough. Satisfying parents and communities just makes it tougher.

At Rich's we bring more than 60 years of foodservice expertise to schools. We're true innovators of products that meet your demands for taste, quality and nutrition. And we fully comprehend the realities of ever-tightening resources and skilled labor.

## A veritable smorgasbord of fun, tasty and wholesome products.

It's a fact. Young minds need healthy foods to function best. Our solutions deliver from the opening bell, through lunch and beyond.

From healthy breakfasts, breads and pizza crusts to seafood entrées and desserts, all of our products are tested and given high grades by students. Count on Rich's wide variety of products for the taste and nutrition kids need.

## Working together for just the right solutions.

As K-12 specialists, we share your passion for feeding tomorrow's leaders. And we will work closely with you to create menus and programs that build enthusiasm and participation. We also offer commodity partnerships for added cost efficiencies with cheese, flour and select proteins (please see our Commodity Partnership section for more information).

We all know that kids who

eat breakfast perform better.

The challenge is providing items

that draw them to the cafeteria.

Rich's can help by providing a

variety of kid favorites—some

new, some traditional, and

many made with whole grains

and vitamin-fortification.



### Cinnamon UBR (Ultimate Breakfast Round™)

A symphony of whole grains, fiber and protein that's pure fun to eat. Each 2.5 oz. serving has 6g of fiber, 4g of protein, and meets 30-10-30. It's the new shape of a healthy breakfast, in disguise.

### French Toast Sticks

Farm Rich® French Toast Sticks are definitely a favorite with kids. Whether it's our Original French Toast Stick, Whole Wheat or Vitamin-Fortified, kids love the great taste.

### Cinnamon Rolls

Pre-rolled and cut, they go right from the refrigerator in to the oven, creating that unmistakable aroma of fresh-baked goodness. The cinnamon flavor provides just the right amount of sweetness. Students will enjoy them without the icing and added sugar. Now available in whole grain.



### Biscuits and Donuts

Now available in zero-grams-trans-fat and made with whole grains. Fun to eat and always a treat. We've got all the most popular styles and sizes.

### And More...

See chart in back for a complete list.





value-added fruits & veggies

**Apple Sticks**

More fun than you can shake a stick at, presuming the sticks are golden delicious apples with a hint of cinnamon. Perfect for any time of the day—breakfast, lunch, a la carte snack, after-school and summer programs.

**Veggie Sticks**

Select grade-A kernels of corn, julienne carrots, sweet white onions and French-cut green beans from Farm Rich®. A tasty snack, ready for a dip in ranch, sweet-and-sour or teriyaki sauce. Makes kids want to eat their veggies.

**OnionO's**

Some of the most popular appetizers in restaurants are perfect for the school lunchroom, too. Ours are delicious, inside and out.



They're a hit in the nation's most popular restaurants, and they're definitely a hit at school. Cheese, Fruit and Veggie Sticks made by Farm Rich® not only taste great. They're available with whole grain breadings for added nutrition.



Kids like foods that fit their tastes and their hands.

Rich's makes a variety of tasty, delicious products that are easy to grip and fun to eat. And they are available in Better-For-You whole grain breadings and vitamin-enriched, too. We make it easy to grab a favorite.



hand-held meals & snacks

**Cheese Sticks**

Serve up the great taste of an all-time favorite. Farm Rich® Mozzarella Sticks are made with only the highest quality mozzarella cheese, perfectly seasoned in a crisp home-style, Italian or whole grain breading. And they're an excellent source of protein and calcium.

**Cheese Cruncher™**

Cheese sticks just got better—the sauce is now on the inside! Made with 100% mozzarella cheese, a flavorful sauce inside, and a crispy whole grain breading on the outside. Who said food can't be wholesome and fun?



**Southwest Chicken Panini™**

Students are no strangers to panini sandwiches served at trendy restaurants today. That's why they love our unique Southwest Chicken Panini™ featuring grill marks outside and perfectly seasoned, tender chicken inside. Made with reduced fat cheese and whole grain dough to provide optimum nutrition.

**Pizza Dippers**

Kids of all ages love tasty mozzarella cheese enrobed in our delicious pizzeria-style crust. Ready for a good dunk in marinara or tomato sauce. Also available with reduced fat cheese and whole grain dough.

**Pizzata®**

It's all the satisfaction of a slice of pepperoni pizza, just easier to eat. We use distinct layers of premium cheese, zesty sauce and pepperoni inside our restaurant-quality pizza dough crust. There's a big smile in every Pizzata®. Also available in reduced fat cheese, turkey pepperoni and whole grain dough.

## bread, rolls & pizza crusts

### Sheeted Pizza Dough & Flatbreads

Dough this light, airy and crunchy makes Rich's pizza the best. Our sheeted dough, easy to top and bake off, turns a school kitchen into a pizzeria. Available in par-baked formats, too. Contact us for great-tasting, creative recipes for your signature breakfast or lunch.

### Rolls & Sandwich Breads

Ours are light and airy inside with a nice crisp crust. Not heavy and bland. Fresh-baked rolls are perfect on the side with soup or salad offerings. We also have hamburger buns, sub and hoagie formats to make sandwiches better than ever.

### Fresh Baked Options

Rich's produces a variety of biscuits that bake up light and perfect. For something different, try our French Breadsticks. Kids today have sophisticated tastes. Our breads always satisfy.



Rich's is a premier supplier of ready-to-bake doughs and bread products for commercial foodservice operations around the country. That same delicious quality is available for schools and commodity processing using Rich's specifications to guarantee that same quality and reduce your costs!

We've made it harder than ever for kids to pass up shrimp. With crispy, light batter and tender shrimp inside, they're a fun treat. Our meatballs feature a delicious Italian accent that really stands out. And for an easy, authentic BBQ entrée, you can't beat our take on the American classic.

## shrimp, meatballs & BBQ

### Shrimp Poppers

Nutritionists recommend eating at least two servings of seafood each week to boost heart health and brainpower. As the most popular brand of seafood, SeaPak® Shrimp Poppers are a fun and easy way to encourage kids to eat seafood. They provide variety for your menu, and they're fun to eat!

### Meatballs

As the name suggests, Casa Di Bertacchi® specializes in authentic Italian fare. And these pre-cooked beef meatballs are delicious proof. On top of spaghetti or side-by-side in a sub roll, they can't be beat. Available for commodity processing.

### BBQ

Rich's BBQ has been a restaurant favorite for more than 40 years. Kids love the authentic, sweet and smoky flavor. You'll love how easy it is. Just thaw, heat and serve. It's a true American classic.



sweet treats

**Cakes**

Let them eat cake! Especially when the cake is light, moist and delicious. We offer full and fractional sheets in both fully decorated and un-iced formats. For catering and special occasions, celebrate with Rich's cakes.



**Cookies & Brownies**

Fresh-baked cookies are the ultimate smile-makers—at home and at school. Rich's offers a popular variety of cookie dough that makes it easy. Premium ingredients make our cookies the ideal dessert or snack.

**Toppings**

For a perfect finish, count on Rich's. Get 100% yield and superior performance with great-tasting On Top® Non-Dairy Toppings (Original and Sugar-Free). Our legendary Rich's® Whip Topping® is a versatile base for many creamy desserts. Contact us for creative recipes using commodity fruits.

**Icings & Fillings**

Rich's Bettercreme® Icing is smooth as silk, and makes any icing job easier, faster and more impressive. Lighter icing goes farther, too. Try Bettercreme® in Vanilla and Chocolate.



All schoolwork and no play?

Not a chance with Rich's.

Sweet treats are our specialty and we make

them deliciously easy.

Fresh-baked cookies in

minutes. Holiday or game

day cakes, ready to roll or

ready to ice. And toppings

that add the definitive touch.

For sweets, think Rich's.



Rich's commodity process

makes it easy to save money

without sacrificing taste and

quality. Our Fee-for-Service

Program lets you receive

your commodity discount

up front. And because there

are no rebates, there's no

paperwork. Using your PAL

monies for commodity flour

can decrease grain product

costs by up to 15%. Our

commodity cheese program

can save 30 to 50% per serving.



commodity solutions

**Flour**

Decrease the cost of grain products by up to 15% by specifying Rich's commodity flour code B198. This code, unique to Rich's, ensures that all commodity products meet the same high standards that our commercial ones do.

**Cheese**

Converting your USDA commodity cheese can mean a savings of 30-50% per serving. When you specify Rich's for commodity cheese partnership, you can count on receiving the same quality Farm Rich® products moms buy at the grocery store, or kids see in restaurants. Turn your commodity mozzarella into an array of kid-pleasing cheese products!

**Beef**

Let Rich's turn your commodity beef into delicious Casa Di Bertacchi® meatballs. Premium quality, authentic Italian flavors that kids love.



Product Code	Item Descriptions	Baked Weight (oz.)	Whole Grains (g)	Serving Size	Food Based Serving Credits	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Cal from Sat Fat
<b>A.M. SOLUTIONS</b>										
<b>ULTIMATE BREAKFAST ROUNDS™</b>										
07943	Cinnamon UBR™ – 1.5 oz.	1.42	18.7	1 piece	1.25 B	160	5	28%	1.5	10%
07816	Cinnamon UBR™ – 2.5 oz.	2.4	31.2	1 piece	2 B	270	8	28%	3	10%
<b>FRENCH TOAST STICKS</b>										
37717	French Toast Sticks (made with whole grains)	2.52	5.38	2 pieces	2 B	210	7	30%	1	4%
67400	Original French Toast Sticks	1.76	0	2 pieces	1.5 B	160	7	39%	1.5	8%
67411	SmartStix™ French Toast Sticks	1.14	0	1 piece	1 B	100	4	36%	0.5	5%
68400	Original French Toast Sticks	1.76	0	2 pieces	1.5 B	160	7	39%	1.5	8%
68411	SmartStix™ French Toast Sticks	1.14	0	1 piece	1 B	100	4	36%	0.5	5%
<b>CINNAMON ROLLS</b>										
07760	Whole Grain Cinnamon Roll	1.15	4.8	1 roll	1 B	100	2.5	23%	0.5	5%
03439	Cinnamon Sweet Roll Dough	2.1	0	1 roll	1 B	160	3	17%	0.5	3%
03480	Petite Cinnamon Roll Dough	1.15	0	1 roll	.5 B	90	1.5	15%	0	0%
08221	Traditional Sweet Roll Dough	2.3	0	1 roll	1.25 B	180	3.5	18%	1	5%
08344	Cinnamon Sweet Roll Dough	3.8	0	1 roll	2 B	310	6	17%	1.5	4%
07094	2.5 oz. FTO Cinnamon Roll Dough	2.3	0	1 roll	1.75	210	6	26%	3	13%
07577	4.5 oz. FTO Cinnamon Roll Dough	1.17	0	1 roll	3.25	390	11	26%	5	12%
<b>BISCUITS</b>										
06063	ZTF Biscuit Round (Handi-Split)	2	0	1 biscuit	2.25 B	190	9	43%	6	28%
06184	ZTF Whole Grain Biscuit Dough	2	11.6	1 biscuit	2.25 B	190	9	43%	6	25%
13370	Country Style Biscuit Dough	2.22	0	1 biscuit	2.5 B	220	11	45%	3	12%
13717	Southern Style Biscuit Dough	2	0	1 biscuit	2.25 B	190	9	43%	2.5	12%
16256	Biscuit Dough Rounds	2	0	1 biscuit	2.25 B	190	9	43%	2.5	12%
16260	Biscuit Dough Rounds (Handi-Split)	2	0	1 biscuit	2.25 B	190	9	43%	2.5	12%
16280	Homestyle Biscuit Dough	2.3	0	1 biscuit	2.5 B	220	10	41%	2.5	10%
16328	Jumbo Round Biscuit – 3"	2.95	0	1 biscuit	3.25 B	290	15	47%	3.5	11%
11543	Cinnamon Raisin Biscuit Dough	2.27	0	1 biscuit	2.5 B	210	3.54	34%	2.5	11%
<b>DONUTS</b>										
02831	Plain Cake Donut Holes	0.4	0	5 pieces	1 B	50	3	54%	0.5	9%
03853	Jumbo Ring Donut	2.5	0	2.5 oz.	1.25 B	260	13	45%	3	10%
06971	Cinnamon Bun Donut	2	0	1.75 oz.	1 B	240	14	53%	2.5	9%
13530	Homestyle Ring Donut	2.1	0	2 oz.	1 B	220	11	45%	2.5	10%
49803	Long John Donut	2.25	0	2 oz.	1.25 B	230	12	47%	2.5	10%
02233	Glazed Donut	1.2	0	.5 oz.	.5 B	130	7	48%	1.5	10%
<b>PIZZA DIPPERS</b>										
65233	Better-for-You Stuffed Crust Pizza Dippers (1 oz.)	4	13.12	4 pieces	2 M/MA/2 B	250	8	29%	3	10%
65268	Stuffed Crust Pizza Dippers (1 oz.)	4	0	4 pieces	2 M/MA/2 B	320	14	39%	7	20%
65265	Stuffed Crust Pizza Dippers (2 oz.)	4	0	2 pieces	2 M/MA/2 B	340	17	45%	6	16%
<b>FRUIT STICKS</b>										
67240	Apple Sticks	2.96	0	5 pieces	¼ fruit/1 B	180	5	25%	1	5%
<b>VALUE-ADDED FRUITS &amp; VEGGIES</b>										
67240	Apple Sticks	2.96	0	5 pieces	¼ fruit/1 B	180	5	25%	1	5%
67262	Vegetable Sticks	2.76	0	5 pieces	¼ veg/1 B	150	6	36%	1	6%
67530	Onion O's	5.29	0	10 pieces	¼ veg/ 3 B	410	19	42%	3	7%
<b>HAND-HELD MEALS &amp; SNACKS</b>										
<b>HAND-HELD SNACKS &amp; MEALS</b>										
65300	Southwest Chicken Panini™	4.51	15.424	2 pieces	2 M/MA/2 B	270	9	30%	2.5	8%
65233	Better-for-You Crust Pizza Dippers (1 oz.)	4	13.12	4 pieces	2 M/MA/2 B	250	8	29%	3	10%
65232	Better-for-You Pizzata®	4.4	13.56	2 pieces	2 M/MA/2 B	250	8	29%	3	10%
65268	Stuffed Crust Pizza Dippers (1 oz.)	4	0	4 pieces	2 M/MA/2 B	320	14	39%	7	20%
65265	Stuffed Crust Pizza Dippers (2 oz.)	4	0	2 pieces	2 M/MA/2 B	340	17	45%	6	16%
65282	Pizzatas®	4.4	0	2 pieces	2 M/MA/2 B	360	19	48%	8	20%
65292	Handheld Pepperoni Sandwich	4.5	0	1 piece	2 M/MA/2 B	330	16	44%	8	22%

Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Sugar (g)	% Sugar from Baked Wt.	Protein (g)	Vit. A (IU)	Vit. C (mg)	Calcium (mg)	Iron (mg)	Svgs. per Case	Pack Size	Case Net Wt. (lbs.)	Commodity Donated Food (DF) per case	Commodity DF Used
0	0	150	26	3.58	11	26%	2	5.54	0	19.65	1.41	240	240	23.7	—	—
0	0	240	44	5.98	18	26%	4	9.24	0	32.79	2.35	140	140	23.09	—	—
0	0	250	33	2	9	13%	4	327	2.7	87	2	75	6/2 lb.	12	—	—
0	10	260	21	0	4	8%	3	11	0	10	0.7	90	5/2 lb.	10	—	—
0	10	95	14	0	4	12%	2	260	0	32	1	140	5/2 lb.	10	—	—
0	10	260	21	0	4	8%	3	11	0	10	0.7	180	10/2 lb.	20	—	—
0	10	95	14	0	4	12%	2	260	0	32	1	280	10/2 lb.	20	—	—
0	0	150	18	1.64	6	19%	2	201.9	0.15	13.17	0.65	240	240	19.738	—	—
0	0	180	30	1.07	6	10%	4	420.94	0.35	11.2	1.53	120	120	16.875	7.5	B198
0	0	100	16	0.59	3	9%	3	231.64	0.19	6.18	0.84	240	240	22.5	7.95	B198
0	0	200	33	1.2	7	11%	5	452.25	0.38	13.56	1.73	120	120	18.75	7.88	B198
0	0	340	56	1.93	12	11%	8	680.1	0.58	21.19	2.78	84	84	21	8.77	B198
0	5	230	35	2.03	12	17%	5	132.13	0.16	44.89	1.4	120	120	18.75	6.45	B198
0	10	400	62	4	22	17%	9	237.2	0.29	80.84	2.51	108	108	30.38	10.46	B198
0	0	660	23	1	2	4%	4	—	—	—	—	—	—	—	7.8	B198
0	0	670	23	1.93	2	4%	4	1.93	0.23	38.49	1.17	216	216	30.375	4.73	B198
4	0	740	26	0.74	2	3%	5	4.08	0.19	61.75	1.33	240	240	37.5	—	—
3.5	0	660	24	0.72	2	4%	3	3.88	0.18	59.35	1.27	216	216	30.375	2.43	B198
3.5	0	670	24	0.66	2	4%	4	3.66	0.17	55.27	1.19	240	240	33	—	—
3.5	0	670	24	0.66	2	4%	4	3.65	0.17	55.16	1.19	240	240	33	7.8	B198
3.5	0	600	28	0.8	2	3%	5	6.09	0.11	52.87	1.46	216	216	33.75	5.67	B198
5	0	970	34	0.95	3	4%	6	5.3	0.24	80.1	1.73	172	172	34.9375	—	—
0	0	720	30	1.31	5	8%	4	6.18	0.3	67.9	1.43	216	216	33.75	—	—
1	0	75	5	0.15	2	18%	1	3.35	0	2.64	0.21	440	440	12.31	—	—
4	0	260	30	0.98	3	4%	5	60.92	0.05	8	1.64	72	72	12.86	—	—
4	0	200	25	1.22	2	4%	4	50.84	0.59	29.72	1.98	96	96	13.62	—	—
3.5	0	220	25	0.82	3	5%	4	51.12	0.05	7.16	1.35	84	84	12.64	—	—
3.5	0	230	26	0.87	3	5%	4	54.05	0.05	7.1	1.45	60	60	9.82	—	—
1.5	0	40	16	0.45	8	24%	2	2.69	0	8.49	0.03	108	108	10.18	—	—
0	10	380	28	2	6	5%	19	500	1.17	328	1.71	100	5/5 lb.	25	11.39	B077
0	15	350	15	0	2	2%	10	404	0	422	0.8	100	5/5 lb.	25	11.74	B077
0	10	900	29	0	3	3%	18	407	0	537	1	108	1/27 lb.	27	12.68	B077
0	0	400	31	0	11	13%	2	0	0	31	0.5	67	6/2 lb.	12	—	—
0	0	400	31	0	11	13%	2	0	0	31	0.5	67	6/2 lb.	12	—	—
0	0	420	22	0	1	1%	3	684	3	50	0.5	72	6/2 lb.	12	—	—
0	0	920	54	4	5	3%	6	200	2.4	44	1.08	36	6/2 lb.	12	—	—
0	20	620	30	3	5	4%	20	529	2.33	283	2.02	90	5/5.07	25.35	7.99	B077
0	10	380	28	2	6	5%	19	500	1.17	328	1.71	100	5/5 lb.	25	11.39	B077
0	25	510	29	3	5	4%	17	350	4.23	249	1.96	90	5/4.95	24.75	7.59	B077
0	15	350	15	0	2	2%	10	404	0	422	0.8	100	5/5 lb.	25	11.74	B077
0	10	900	29	0	3	3%	18	407	0	537	1	108	1/27 lb.	27	12.68	B077
0	35	920	28	1	3	2%	19	459	1.63	340	1.22	90	5/4.95 lb.	24.75	7.6838	B077
0	30	560	27	2	5	4%	19	449	7	327	2	90	1/25.78	25.78	8.0496	B077

Product Code	Item Descriptions	Baked Weight (oz.)	Whole Grains (g)	Serving Size	Food Based Serving Credits	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Cal from Sat Fat
<b>HAND-HELD MEALS &amp; SNACKS (CONT.)</b>										
<b>CHEESE STICKS/CRUNCHERS™</b>										
65225	Cheese Pizza Cruncher™	4.53		4 pieces	2 M/MA/2 B	COMING SOON...				
65220	Better-for-You Breaded Mozzarella Cheese Sticks	4.58	27	6 pieces	2 M/MA/2 B	310	11	32%	3.5	10%
65215	Breaded Mozzarella Cheese Sticks	2.4	0	3 pieces	1 M/MA/1.25 B	210	10	43%	4.5	19%
65216	Breaded "Smart" Mozzarella Cheese Sticks	4.32	0	5 pieces	2 M/MA/2.25 B	440	21	43%	8	16%

## BREADS, ROLLS & PIZZA CRUSTS

### PIZZA DOUGH, CRUSTS & FLATBREADS

03063	7" Wheat Sheeted Pizza Dough	4.8	16.9	1 crust	6 B	350	3	8%	0	0%
03538	12" x 16" Presheeted Wheat Pizza Dough	20.9	73.6	1 sheet	26.25 B	1520	1.5	1%	0	0%
03604	16" Fresh 'n Ready® Oven Rising Sheeted Pizza Dough	2.12	0	1/2 crust	2.5 B	160	3	17%	1.5	8%
04649	9" x 9" White Wheat Oven Fired Flatbread	1.98	15.47	1/3 flatbread	2.25 B	140	2.5	16%	0	0%
05051	7" White Wheat Par-Baked Crust	4.5	34.5	1 crust	5 B	330	6	16%	1	3%
16387	7" Presheeted Pizza Dough	4.8	0	45g	5.25 B	360	3.5	9%	0.5	1%
34630	14" Presheeted Pizza Dough	16.5	0	52g	18.5 B	1130	10	8%	1	1%
35086	16" Presheeted Pizza Dough	22.6	0	53g	25.5 B	1570	15	9%	2.5	1%
35300	12" x 16" Presheeted Pizza Dough	20.9	0	1 crust	23.5 B	1430	12	8%	1.5	1%
03062	16" Wheat Sheeted Pizza Dough	22.6	79.7	1 crust	25.5 B	1750	15	8%	1.5	1%

### DINNER ROLLS & BREADSTICKS

05295	RTO Made with Whole Grain Dinner Roll Dough	1.69	16.4	1 roll	1.75 B	140	2.5	16%	0.5	3%
03301	Country Style Wheat Dinner Roll Dough	1.3	5.3	1 roll	1.25 B	90	1.5	15%	0	0%
04280	Butter & Egg Dinner Roll Dough	1.3	0	1 roll	1.25 B	90	1.5	15%	1	10%
04300	Wheat Dinner Roll Dough	1.3	0	1 roll	1.25 B	100	1	9%	0	0%
10778	Wheat Dinner Roll Dough	1.1	0	1 roll	1 B	75	1	12%	0	0%
08600	Homestyle Roll Dough	0.8	0	1 roll	.75 B	60	1.5	21%	0	0%
08803	Deluxe Wheat Sub Roll Dough	5.1	0	1 roll	5.75 B	350	4.5	12%	1.5	4%
08820	Homestyle Wheat Dinner Roll Dough	1.3	0	1 roll	1.25 B	100	1.5	14%	0	0%
11439	Homestyle Roll Dough	1.3	0	1 roll	1.25 B	100	2	18%	0	0%
14804	Southern Homestyle Roll Dough	1.7	0	1 roll	1.75 B	160	3	17%	0.5	3%
29120	Sweet Yeast Diamond Roll Dough	1.9	0	1 roll	2 B	180	3	15%	0.5	3%
29399	Parkerhouse Roll Dough (Tray Pack)	1	0	1 roll	1 B	80	2	23%	0.5	6%
29406	Yeast Roll Dough (Layer Pack)	1.7	0	1 roll	1.75 B	160	4	23%	1	6%
10532	Soft French Breadsticks	0.8	0	1 breadstick	.75 B	65	1	14%	0	0%
87783	French Breadsticks	1.8	0	1 breadstick	1.5 B	130	0.5	3%	0	0%
06142	Gluten-Free Italian Rolls (Baked)	4.41	0	1 roll	4.75 B	270	7	23%	0.5	2%

### SANDWICH BREADS

18147	Deluxe Wheat Sub Roll Dough	6.4	46.4	1 roll	7.75 B	490	7	13%	2	4%
18148	Deluxe White Sub Roll Dough	6.4	0	1 roll	8 B	490	6	11%	1.5	3%
03436	Country Style Wheat Petit Pain	2	7.6	1 roll	2.25 B	140	1	6%	0	0%
74579	Par-Baked Wheat Hoagie Roll	4	0	1 roll	4.5 B	280	1.5	5%	0	0%
03033	French Bread Dough	2	0	2 oz.	2.5 B	140	0.5	3%	0	0%
03199	Hoagie Roll Dough	2.3	0	1 roll	2.5 B	160	1.5	8%	0.5	3%
11308	Wheat Hamburger Bun Dough	1.7	0	1 roll	1.75 B	120	2	15%	0.5	4%
35975	Soft White Hamburger Roll Dough	1.91	0	1 roll	2 B	160	3	17%	0.5	3%

### BISCUITS

06063	ZTF Biscuit Round (Handi-Split)	2	0	1 biscuit	2.25 B	190	9	43%	6	28%
06184	ZTF Whole Grain Biscuit Dough	2	11.6	1 biscuit	2.25 B	190	9	43%	6	25%
13370	Country Style Biscuit Dough	2.22	0	1 biscuit	2.5 B	220	11	45%	3	12%
13717	Southern Style Biscuit Dough	2	0	1 biscuit	2.25 B	190	9	43%	2.5	12%
16256	Biscuit Dough Rounds	2	0	1 biscuit	2.25 B	190	9	43%	2.5	12%
16260	Biscuit Dough Rounds (Handi-Split)	2	0	1 biscuit	2.25 B	190	9	43%	2.5	12%

Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Sugar (g)	% Sugar from Baked Wt.	Protein (g)	Vit. A (IU)	Vit. C (mg)	Calcium (mg)	Iron (mg)	Svgs. per Case	Pack Size	Case Net Wt. (lbs.)	Commodity Donated Food (DF) per case	Commodity DF Used
												85	8/3lb.	24		B077
0	10	690	35	4	1	1%	21	585	0.72	387	1.49	84	8/3lb.	24	10.749	B077
0	15	410	19	1	1	1%	10	176	0	240	1.08	80	8.1.5 lb.	12	4.82	B077
0	30	740	33	4	1	1%	19	404	0.4	407	2.2	87.44	8/3 lb.	24	10.89	B077

## BREADS, ROLLS & PIZZA CRUSTS

### PIZZA DOUGH, CRUSTS & FLATBREADS

0	0	700	65	5.26	2	1%	15	0	0.51	24.42	3.76	64	64	23.52	—	—
0	0	3070	286	28.23	11	2%	66	0	0.43	107.39	16.11	168	22	34.43	—	—
0	0	360	28	1	1	2%	7	0	0	0	1.81	240	20/29.5	36.875	—	—
0	0	270	25	3	1	2%	5	0	0	0	1.46	240	80/6	30	—	—
0	0	590	59	6.13	3	2%	11	45.89	0.05	15.99	3.18	144	1/20.25	20.25	—	—
0	0	720	70	2.72	2	1%	13	0.49	0.08	32.45	4.18	—	96	34.93	16.68	B198
0	0	2320	216	8.63	7	1%	46	0	0.24	99.45	13.24	—	28	34.98	—	—
0	0	3160	303	11.85	10	2%	55	0	0.37	132.63	18.04	—	20	34.43	16.43	B198
0	0	2930	273	10.92	9	2%	58	0	0.3	125.84	16.76	220	220	34.43	—	—
0	0	3530	329	32.47	13	2%	75	0	0.49	123.51	18.53	240	20	34.3	—	—

### DINNER ROLLS & BREADSTICKS

0	0	130	16	3	2	4%	4	0	0	0	1.08	180	180	22.5	2.7	B198
0	0	130	16	3	2	5%	4	0	0	7.22	0.99	240	240	22.5	5.7	B198
0	5	180	17	1	2	5%	3	58.36	0.07	13.07	1.11	240	240	22.5	10.5	B198
0	0	170	18	0.94	2	5%	4	0.31	0.03	6.13	1	240	240	22.5	8.4	B198
0	0	120	14	1	1	3%	3	0.23	0.02	4.3	0.73	240	240	18.75	—	—
0	0	120	11	0.41	1.5	7%	2	0.34	0.11	10.53	0.66	288	288	18	—	—
0	0	690	64	2.46	4	3%	13	0.87	0.11	18.27	3.86	60	60	22.5	—	—
0	0	130	18	0.99	3	8%	3	67.05	0.04	5.11	1.09	240	240	22.5	—	—
0	0	180	18	1	3	8%	3	0.58	0.2	18.49	1.13	240	240	22.5	—	—
0	0	160	28	0.98	6	12%	4	1.31	0.06	6.3	1.36	210	210	26.25	—	—
0	0	125	31	1.51	6	11%	6	42.26	5.52	9.56	1.43	180	180	25.3125	—	—
0.5	0	140	14	0.52	2	7%	2	0.46	0.14	13.17	0.81	288	288	18	—	—
0	0	220	26	1	5	10%	4	0.31	0.06	10.2	1.21	245	245	30.625	—	—
0	0	130	12	0.45	1	0%	2	1.55	0.01	3.59	0.71	320	320	20	—	—
0	0	250	27	1.01	0	0%	4	0.39	0	6.13	1.62	120	120	11.25	—	—
0	30	450	49	6	5	4%	3	0	0.06	0.04	0.04	48	6/8pk	14.36	—	—

### SANDWICH BREADS

0	0	930	88	6.66	6	3%	19	0	0.14	23.91	5.04	60	60	29.606	—	—
0	0	1020	93	3.53	5	3%	16	0.02	0	20.6	5.51	60	60	29.606	—	—
0	0	230	27	4.5	2	4%	7	0.13	5.3	25.16	2.08	200	1/25#	25	—	—
0	0	570	56	3.88	2	2%	10	0.72	9.8	46.59	4.5	75	1/18.75#	18.75	—	—
0	0	360	29	1	3	5%	5					24		29.25	14.45	B198
0	0	340	32	1.43	2	3%	6	0.48	0.05	14.41	2.02	120	120	20.63	10.28	B198
0	0	240	21	1.52	2	4%	4	1.98	0.04	8.05	1.08	180	180	22.5	—	—
0	0	260	29	1	4	7%	6	0.69	0.07	6.92	1.47	208	208	29.25	—	—

### BISCUITS

0	0	660	23	1	2	4%	4	—	—	—	—	—	—	—	7.8	B198
0	0	670	23	1.93	2	4%	4	1.93	0.23	38.49	1.17	216	216	30.375	4.73	B198
4	0	740	26	0.74	2	3%	5	4.08	0.19	61.75	1.33	240	240	37.5	—	—
3.5	0	660	24	0.72	2	4%	3	3.88	0.18	59.35	1.27	216	216	30.375	2.43	B198
3.5	0	670	24	0.66	2	4%	4	3.66	0.17	55.27						

Product Code	Item Descriptions	Baked Weight (oz.)	Whole Grains (g)	Serving Size	Food Based Serving Credits	Calories	Fat (g)	% Calories from Fat	Saturated Fat (g)	% Cal from Sat Fat
<b>BREADS, ROLLS &amp; PIZZA CRUSTS (CONT.)</b>										
<b>BISCUITS (CONT.)</b>										
16280	Homestyle Biscuit Dough	2.3	0	1 biscuit	2.5 B	220	10	41%	2.5	10%
16328	Jumbo Round Biscuit – 3”	2.95	0	1 biscuit	3.25 B	290	15	47%	3.5	11%
11543	Cinnamon Raisin Biscuit Dough	2.27	0	1 biscuit	2.5 B	210	3.54	34%	2.5	11%

<b>SHRIMP, MEATBALLS &amp; BBQ</b>										
<b>BREADED SHRIMP</b>										
47020	Shrimp Poppers	3.05	0	21 pieces	1 M/MA/1.5 B	230	12	47%	2	8%
40414	Popcorn Shrimp	1.68	0	21 pieces	1 M/MA/1.75 B	140	1	6%	0	0%

<b>MEATBALLS</b>										
55682	CN Labeled Commodity Meatball (.5 oz.)	2	0	4 pieces	2 M/MA	120	6	45%	2.5	19%
55683	CN Labeled Commodity Meatball (1 oz.)	2	0	2 pieces	2 M/MA	120	6	45%	2.5	19%

<b>BBQ</b>										
70501	Cowboy’s Sauce with Chopped Pork and TVP	4	0	4 oz.	2 M/MA	230	6	23%	2.5	10%
81901	Byron’s Pulled Pork BBQ – No Sauce	3	0	3 oz.	2 M/MA	220	17	70%	6	25%
09067	Double Rub Pork BBQ	3	0	3 oz.	3 M/MA	180	15	75%	5	25%
09750	Pulled Pork BBQ with Traditional Sauce	4	0	4 oz.	2 M/MA	290	14	43%	5	16%
09056	Pulled Pork with TVP and Traditional Sauce	4	0	4 oz.	2 M/MA	240	8	30%	3	11%
87177	Cowboy’s Sauce with Diced Beef BBQ and TVP	4	0	4 oz.	2 M/MA	290	14	43%	5	16%
88313	Cowboy’s Sauce with Chopped Beef and TVP	4	0	4 oz.	2 M/MA	250	8	29%	3.5	13%

## COOKIES, DESSERTS, TOPPINGS & ICINGS

<b>COOKIES &amp; BROWNIES</b>										
05452	RichLife Chocolate Chip Cookie Dough	0.92	0	1 cookie	.25 B	100	3.5	32%	1	8%
05508	RichLife Oatmeal Raisin Cookie Dough	0.92	0	1 cookie	.25 B	100	3.5	32%	0.5	4%
05596	RichLife Sugar Cookie Dough	0.92	3.5	1 cookie	.25 B	110	3.5	29%	0.5	4%
04845	Bronze: Ranger Cookie Dough	0.9	2.3	1 cookie	.75 B	120	5	38%	2.5	19%
04853	Bronze: Sugar Cookie Dough	0.9	0	1 cookie	.75 B	130	6	42%	1.5	10%
39693	Gold: Sugar Cookie Dough	1.4	0	1 cookie	1.25 B	210	12	51%	4.5	19%
04802	Bronze: Oatmeal Raisin Cookie Dough	0.9	3.5	1 cookie	.25 B	120	5	38%	1.5	11%
04810	Bronze: Chocolate Chip Cookie Dough	0.9	0	1 cookie	.25 B	120	5	38%	1.5	11%
04837	Bronze: Peanut Butter Cookie Dough	0.9	0	1 cookie	.25 B	120	6	45%	1.5	11%
06883	Bronze: Chocolate Chip Cookie Dough	2.3	0	1 cookie	1 B	330	17	46%	4.5	12%
38412	Silver: Chocolate Chip Cookie Dough	2.3	0	1 cookie	1 B	300	13	38%	4.5	14%
38494	Bronze: Varsity Chocolate Chip Cookie Dough	0.9	0	1 cookie	.25 B	120	5	38%	1.5	11%
39642	Gold: Chocolate Chunk Cookie Dough	1.4	0	1 cookie	.5 B	180	9	45%	3.5	18%
62821	Bronze: XXL Chocolate Chip Cookie	4.75	0	1 cookie	2 B	690	37	48%	12	16%
06145	Gluten-Free Chocolate Chip Cookie	2.12	0	1 cookie	.75 B	320	16	45%	8	23%
06844	Gluten-Free Coconutty Macaroons	0.57	0	2 cookies	.5 B	150	8	48%	7	42%
06144	Gluten-Free Fudge Brownie	2.82	0	1 brownie	1.25 B	360	15	38%	2	5%
06842	Gluten-Free Fudge Brownie Bites	0.54	0	2 brownies	.5 B	170	7	37%	0.5	3%

<b>CAKES &amp; COBBLERS</b>										
08125	4” Decorated Yellow Cake – Best Wishes	5	0	1 cake	1 B	510	23	41%	6	11%
91005	JWA Uniced Full Sheet Yellow Cake	128	0	full sheet	48.25 B	11730	376	29%	89	7%
91022	JWA Half Sheet Chocolate Cake	64	0	½ sheet	24 B	6100	198	29%	50	7%
91026	Uniced Half Sheet Yellow Cake	64	0	½ sheet	24 B	6210	207	30%	50	7%
70632	Sensible Choice SF Wht. Cake w/SF Wht. Buttercream Icing	24.25	0	1 cake	5.75 B	2730	149	49%	34	11%
14138	Cobbler Crust Dough Sheet	13.2	0	1.33 oz.	1 B	150	10	60%	2.5	15%

<b>TOPPINGS, ICINGS &amp; FILLINGS</b>										
06478	Natural Whip Whipped Topping	0.28	0	2 Tbsp.	—	25	2	72%	2	72%
02090	On Top® Pre-Whipped Topping Sugar-Free	0.28	0	2 Tbsp.	—	25	2	72%	2	72%
02559	On Top® Pre-Whipped Topping	0.28	0	2 Tbsp.	—	25	2	72%	2	72%
06031	Pre-Whipped Topping (10 lb.)	0.28	0	2 Tbsp.	—	25	2	72%	2	72%
08011	Rich’s® Whip Topping® (RTW) in PurePak	0.317	0	2 Tbsp.	—	25	2	72%	2	72%
16192	Sugar-Free Non-Dairy Whip Topping (RTW)	0.317	0	2 Tbsp.	—	25	2	72%	2	72%
06429	Vanilla Bettercreme® Icing and Filling	1.23	0	½ cup	—	130	9	62%	8	55%
62732	Double Rich Chocolate Bettercreme® Icing and Filling	1.23	0	½ cup	—	130	8	55%	8	55%

Trans Fat (g)	Cholest. (mg)	Sodium (mg)	Carbs (g)	Dietary Fiber (g)	Sugar (g)	% Sugar from Baked Wt.	Protein (g)	Vit. A (IU)	Vit. C (mg)	Calcium (mg)	Iron (mg)	Svgs. per Case	Pack Size	Case Net Wt. (lbs.)	Commodity Donated Food (DF) per case	Commodity DF Used
3.5	0	600	28	0.8	2	3%	5	6.09	0.11	52.87	1.46	216	216	33.75	5.67	B198
5	0	970	34	0.95	3	4%	6	5.3	0.24	80.1	1.73	172	172	34.9375	—	—
0	0	720	30	1.31	5	8%	4	6.18	0.3	67.9	1.43	216	216	33.75	—	—

0	40	700	19	2	0	0%	10	6	0	30	2	53	5/2 lb.	10	—	—
0	60	500	21	0	0	0%	11	3.5	0	43	2	43	5/2 lb.	10	—	—

0	35	450	3	0	0	0%	14	226	4	29	2	160	4/5 lb.	20	12.14	A594
0	35	450	3	0	0	0%	14	226	4	29	2	160	4/5 lb.	20	12.14	A594

0	30	900	28	3	21	19%	14	—	—	—	—	80	4/5 lb.	20	—	—
—	50	45	1	0	0	0%	14	—	—	—	—	26	2	5	—	—
—	50	1360	1	0	0	0%	11	—	—	—	—	53	2/5 lb.	—	—	—
0	75	810	17	1	6	5%	24	—	—	—	—	—	—	—	—	—
0	35	1210	26	1	9	8%	14	—	—	—	—	80	4/5 lb.	20	—	—
0	30	900	28	3	21	19%	15	—	—	—	—	80	4/5 lb.	20	—	—
0	30	1180	32	1	27	24%	12	—	—	—	—	80	4/5 lb.	20	—	—

## COOKIES, DESSERTS, TOPPINGS & ICINGS

0	0	120	17	1	9	35%	1	0	0	0	0.72	288	288	18	—	—
0	0	95	17	1	8	31%	1	0	0	0	0.36	288	288	18	—	—
0	0	105	17	1	9	35%	1	0	0	0	0.36	288	288	18	—	—
1	0	65	16	0.44	9	35%	1	5.67	0.03	5.34	0.46	240	240	15	—	—
2.5	5	105	16	0.25	8	31%	1	197.57	0	8.21	0.47	240	240	15	—	—
2.5	10	230	23	0.39	12	30%	2	416.99	0	29.14	0.7	240	240	22.5	—	—
1.5	0	100	16	0.76	8	31%	1	2.95	0.11	17.92	0.5	240	240	15	—	—
1	0	80	17	0.47	10	39%	1	2.5	0	11.1	0.54	240	240	15	—	—
1.5	0	160	15	0.59	8	31%	2	8.8	0.04	15.49	0.38	240	240	15	—	—
6	5	210	42	1.02	27	41%	3	16.19	0	7.02	1.38	100	100	15.625	—	—
3	5	310	42	1.12	26	40%	4	9.11	0	58.33	1.34	144	144	22.5	—	—
1.5	0	125	17	0.32	10	39%	1	2.34	0	9.63	0.5	240	240	15	—	—
2	5	170	23	0.76	13	33%	2	299.21	0	17.31	0.83	240	240	22.5	—	—
9	10	420	82	2.57	50	37%	6	34.35	0	20.57	2.52	60	60	18.75	—	—
0	25	260	43	1	23	39%	1	0	0	0.04	0.06	48	48	7.39	—	—
0	5	85	17	1	11	69%	2	0	0	0.04	0.02		10/pks	7.98	—	—
0	30	55	52	2	33	42%	4	0	0	0.02	0.1	48	48	9.5	—	—
0	15	30	26	2	14	93%	2	0	0	0	0.08		10/pks	7.93	—	—

8	75	390	72	0.87	53	37%	5	397.81	0.26	36.44	1.32	12	12	5.94	—	—
38	1335	19980	1855	23.77	1110	31%	221	1838.96	5.34	1829.08	50.24	189	3	28.5	—	—
19	655	11490	941	30.44	565	31%	135	902.82	2.9	1077.45	24.28	100	5	23.5	—	—
19	925	9710	960	12.29	574	32%	123	1275.05	2.38	922.99	27.1	100	5	23.5	—	—
38	105	2620	325	6.08	3	0%	21	143.27	0	98.86	5.5	60	6	11.59	—	—
3	0	180	13	0	1	0%	2	2.17	0.58	121.37	8.56	288	24	24	—	—

0	0	0	2	0	1	13%	0	0	0	0	0	1200	12	2	—	—
0	0	0	2	0	0	0%	0	—	—	—	—	684	12	1	—	—
0	0	0	2	0	2	25%	0	—	—	—	—	672	12	1	—	—
0	0	0	2	0	2	25%	0	0	0	0	0	567	1/10 lb.	10	—	—
0																