



65282

Farm Rich® Pepperoni Pizzatas



Nutrition Facts Amount per School Serving

Serving Size 2 sticks = 2 oz meat/meat alternate and 2 serving bread alternate

Amount per Serving					
Calories 360		Calories from Fat 170			
% Daily Value*					
Protein	19g		Vitamin A	459IU	10%
Total Fat	19g	30%	Vitamin C	1.63mg	2%
Saturated Fat	8g	42%	Calcium	340mg	35%
Cholesterol	35mg	12%	Iron	1.22mg	6%
Sodium	920mg	38%			
Total Carbohydrate	28g	9%			
Dietary Fiber	<1g	4%			
Sugars	3g				

Weight per stick, average:	62 grams
<u>Cheese content of product:</u>	32.89%
Weight of cheese per stick, average:	22.36 grams
1.0 oz (28.34 grams) of cheese equals 1.00 meat alternate	
22.36g x 2 sticks	44.72 grams
<u>Pepperoni content of product:</u>	11.36%
1.17 oz = 1 oz protein	6.05 grams
6.05g x 2 sticks	12.1 grams
<u>Dough content of product:</u>	41%
Enriched flour content of dough per stick, average:	13.62 grams
14.75 grams of enriched flour equals 1 slice bread credit.	
13.62g x 2 sticks	27.24 grams

We certify that the above information is true and correct.

Raymond L. Jones
 Raymond L. Jones
 Vice President, Food Safety
 & Shrimp Procurement

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