

Farm Rich[®] *Pizza* Cheese Crunchers™ 65225

Nutrition Facts

Amount per School Serving

Serving Size 4 sticks = 2 oz. meat/meat alternate, 2 bread credits Pack Size: 8/3.14 lbs

Amount per Serving

Calories 400 Calories from Fat 170

% Daily Value*

Protein	20a		Vitamin A	505IU	10%
	20g				
Total Fat	19g	29 %	Vitamin C	2.37mg	4%
Saturated Fat	8g	40%	Calcium	441mg	45%
Trans Fat	0g				
Cholesterol	30mg	10%	Iron	1.75mg	10%
Sodium	820mg	34%			
Total Carbohydrate	41g	14%			
Dietary Fiber	5g	20%			
Sugars	3g				

Number of pieces per pound of product: 11-12
Weight per piece, average: 1.4 oz

Cheese content of product:

Weight of cheese per piece: 0.51 oz

1.00 oz. of cheese equals 1 meat/meat alternate credit

Batter and Breading content of product:

Creditable grains per stick: 7.501 grams

14.75 grams of creditable grains = 1 serving

We certify that the above information is true and correct.

Raymond L. Jones

Vice President, Seafood Procurement and Regulatory Affairs

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