

Thank you to the hard-working and dedicated Nativity After-School Enrichment Program committee members who made this year's program possible:

Tay Tahk

Nancy McNulty

Anne Putnam

We thank Jim Flading who organized the rooms, Ruth Frost and Marcia Mugridge for supporting the program, providing reminders to the committee and fielding questions concerns from committee members and parents.

We also thank all of the instructors who for a very tiny financial incentive give a tremendous gift to our children.

This is a great program and it genuinely enriches our children's education.

I strongly encourage parents to volunteer now to chair the program next year. If you are considering chairing or volunteering for this excellent program, please feel free to call or email me with your questions. My phone is 898-8596 and my email is tellis@hwi.buffalo.edu

Thanks everyone !

Tara A. Ellis

Winter 2010

Nativity After-School Enrichment Program

**Registration: Wednesday, February 3, 2010
2:30 pm - 7 pm
Nativity Cafeteria**

The program runs from February 22-April 9

What is the Nativity After-School Enrichment Program?

It is a selection of after-school activities to enhance our child's education in a fun and creative way !

All programs last six weeks and are scheduled for one hour immediately following dismissal. **Please pick your children up ON TIME.**

IMPORTANT NOTES:

All classes must have a minimum of five children enrolled or the class will need to be cancelled. If it is cancelled you will be notified by email and your money will be returned to you.

Classes start and end promptly, please be on time to pick up your child.

Parents must provide a note to Nativity granting their child permission to stay after school.

Some classes will provide afterschool snacks or use various props and supplies. **YOU MUST INFORM US AND THE INSTRUCTOR IN WRITING BEFORE THE START OF THE CLASS IF YOUR CHILD HAS ANY ALLERGIES TO FOODS, FABRICS OR ENVIRONMENTAL ITEMS. THIS IS YOUR RESPONSIBILITY TO LET US KNOW.**

"Take the Stage!"

Teacher: Jeannine Higgins
Grades: 1-3
Location: MBC upper 1 room , Final performance to be held in gym
Day: Thursdays
Fee: \$40, plus \$5 fee for costumes, props and snacks
Maximum: 15 students
Description: Join the Nativity Afterschool Drama Club and be a part of a stage production. We'll learn a play, rehearse our lines, and gather our costumes and props. At the end of the 8 week session, we'll put on a short stage play for our invited guests! Final show 4 p.m., April 1

Jr. Engineers and Architects

Teacher: Tay Tahk
Grades: 5-8
Location: Mrs. Tahk's Classroom
Day: Thursdays
Maximum: 20 students
Fee: \$40
Description: Do you like to build? Then join us while we build with special Lego pneumatics sets, carry out a soda straw bridge competition, learn to use Google sketchup, read about some of the world's great buildings and construct model buildings from recyclables... in short, become a Nativity Junior Engineer or Architect.

Cooking for Kids I

Teacher: Jim Flading
Grades: 2-4
Location: Cafeteria Kitchen
Day: Thursdays
Fee: \$40, plus \$10 for supplies*
Maximum: 10 students
Description: This is a hands on class for healthy snacking. We stay clear of kitchen hazards, like knives and stoves. We will make fun snack items from stuff in the cupboard and fridge. Your child will be able to snack healthy at home with minimal supervision from you.

Cooking for Kids II

Teacher: Jim Flading
Grades: 5-8
Location: Cafeteria Kitchen
Day: Mondays
Fee: \$40, plus \$15 for supplies*
Description: Kraft Mac & cheese and Ramen noodles will not be on this menu. Students will learn Sautee, and oven cooking. We will learn how to plan, shop for, time, cook and serve a couple of full meals. Mom may even get a break some day from you own "in house" chef.

**"It's hard to know the exact cost of foods so if at the end of the classes, there remains a surplus, I would refund each student excess funds." - Jim Flading*

The Real Story Behind the Greatest Moments in Sabres History

Teachers: Michael Kerwin and Ron Luders
Grades: 3-8
Location: Mr. Kerwin's Classroom, Room 209
Day: Wednesdays
Fee: \$40

Description: The course will focus on some of the most interesting and controversial moments in the history of the Buffalo Sabres, beginning with the 1973 playoff series with the Montreal Canadiens. Instruction will combine teacher-made presentations with audio/video clips and period stories from the local newspapers. The students will also be a part of a survey type project to determine the top 10 greatest moments in Sabres history.

Basic Spanish I

Teacher: Emilia Kane
Grades: 1-2
Location: Mrs. Kane's Classroom
Day: Tuesdays
Fee: \$40, plus a \$5 supply fee
Description: Learn Basic Spanish Skills through song and games !

Basic Spanish II

Teacher: Emilia Kane
Grades: 3-4
Location: Mrs. Kane's Classroom
Day: Thursdays
Fee: \$40, plus a \$5 supply fee
Description: Learn Basic Spanish Skills through song and games !

Evolution Yoga for Children I

Teacher: Sara Marioles
Grades: 1-3
Location: MBC upper 1 room
Day: Tuesdays
Fee: \$40, please bring a mat or let us know you need one supplied

Description: Evolution Yoga is designed for children of all ages! Each class consists of 26 yoga postures. Children participating in this class will also learn different breathing exercises, various meditation techniques, and more information about the benefits of each Yoga posture! Yoga and Meditation boost self-esteem in young children, improve mental focus, and help to maintain overall health and wellness. Sara has been instructing Kid's Classes at Evolution Yoga in Buffalo and Orchard Park since September 2009. Sara has experience working with kids in Pre-K, Elementary, and Secondary School settings.

Evolution Yoga for Children II

Teacher: Sara Marioles
Grades: 4-6
Location: MBC upper 1 room
Day: Thursdays
Fee: \$40, please bring a mat or let us know you need one supplied

Description: Evolution Yoga is designed for children of all ages! Each class consists of 26 yoga postures. Children participating in this class will also learn different breathing exercises, various mediation techniques, and more information about the mental and physical benefits of each Yoga posture! Yoga and Meditation boost self-esteem in young children, build confidence in pre-teen girls, improve mental focus, and help to maintain overall health and wellness.

Instructor Bio: Sara Marioles
Sara has been instructing Kid's Classes at Evolution Yoga in Buffalo and Orchard Park since September 2009. Sara has experience working with kids in Pre-K, Elementary, and Secondary School settings.

Hand-Building Pottery Class

Teacher: Annie Romanello (From Village Clay)
Grades & Days: Tuesday Class - Grades K - 3
Wednesday Class - Grades 4 - 8
Location: Art Room, first floor
Fee: \$40, plus \$15 to cover firing costs and glazes.
Description: The children will learn to create with clay, three different ways. They will make a total of three projects (4 if time permits) which they also will then paint. Using the Basic Handbuilding Method, they will construct an Animal of their choosing; using the Coil Method they will make a jar or a canister; and using the Slab Method they will make an Ornamental Mask. Time permitting, they will also make a fourth project that will combine all of these methods.

Volleyball

Teacher: Gail Smith
Grades: 4-6
Location: Gym
Day: Thursdays March 4-April 1, Final Class on Wednesday April 7
Fee: \$40
Description: Volleyball fun - learn the basics of the sport !

Beading Class

Teacher: Kathleen Eckert
Grades: 4-6, Maximum Class Size is 10
Location: Art Room, first floor
Day: Thursday
Fee: \$40, plus \$15 for supplies
Description: Bead Creative is a company located in Amherst and Hamburg NY. Participants will be creating a variety of jewelry projects consisting of necklaces, bracelets and earrings.

American Red Cross Babysitting Course

Teacher: Red Cross Instructor(s)
Grades: 5-8
Location: MBC Center, Upper
Day: Two Tuesdays, March 2 and 9 from 3 p.m. - 6 p.m.
Fee: \$55, Independent Health gives a \$10 discount, please bring a copy of your insurance card for submission to the American Red Cross.

Description: The 6½ hour course gives 11-15 year olds the skills and confidence to safely and responsibly care for children and infants.

Through hands-on activities, interactive video and lively discussions, the course teaches young people how to-care for children and infants. The students also learn how to:

- ◆ Be good leaders and role models;
- ◆ Make good decisions and solve problems;
- ◆ Keep the children they babysit and themselves safe;
- ◆ Handle emergencies such as injuries, illnesses and household accidents;
- ◆ Write resumes and interview for jobs.

Students receive materials that are useful both during the course and on the job, including a handbook packed with information and full-color skill sheets; a compact emergency reference guide; and an interactive CD-ROM featuring an activity booklet with games songs, recipes and other activities, an electronic babysitting client organizer and much more.

Please note, student participation in BOTH sessions is MANDATORY to receive certification from the American Red Cross.

Fitness Training for Girls

Teacher: Dianna Sordo
Grades: 5-8
Location: Cafeteria
Maximum: 16 girls
Day: Thursdays
Fee: \$40, please bring a yoga mat
Description: An athletic conditioning workshop for the female athlete. We will focus on stretching, cardio, plyometrics, light weights and core work. Proper form and technique will be emphasized.

Students should wear athletic attire including sneakers. Please bring a water bottle and a yoga mat.

Nativity Ring Tones

Teacher: Mary Barone
Grades: 6-8
Location: Music Room
Day: Tuesdays
Fee: \$40
Description: Students will begin this course learning to use chimes. Over the course of the lessons, they will progress to a bell choir dedicated to making a joyful noise ! Come have fun learning the joy of music !

Dance Combo Class

Teacher: Cassidy Colpoys and an assistant
Grades: K-2
Location: MBC upper 1 room
Day: Wednesdays
Fee: \$40
Description: A tap, jazz and ballet combo class for girls and boys. The class also will include other dance-related activities such as reading the famous book *Angelina Ballerina ! Angelina Ballerina* is a fictional mouse, created by author Katharine Holabird and illustrator Helen Craig, who features in a popular series of children's books.

Greeting Cards for All Seasons

Teacher: Antoinette Baczkowski
Grades: 4-6
Location: Library
Day: Mondays
Fee: \$40
Description: Come create six personalized greeting cards including: a Thank You card, an Easter card, a Mother's Day card, a Father's Day card, a Birthday card and one card of the student's choosing.

Students will use a Sizzix die-cutting and embossing machine, shapers, brads and much more! All supplies will be provided.