

# Fernando's®

# 05827



## FIESTA STYLE CHEESE & BEAN BURRITO

### INDIVIDUALLY WRAPPED

INGREDIENTS: WHOLE GRAIN TORTILLA (WHOLE GRAIN WHEAT FLOUR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SOYBEAN OIL, MONO & DIGLYCERIDE, BAKING POWDER, SEA SALT, SUGAR, SOYBEAN LECITHIN, GUAR GUM, YEAST), WATER, MONTEREY JACK CHEESE (PASTEURIZED MILK CHEESE CULTURE, SALT AND ENZYMES), TOMATILLOS (TOMATILLOS, CITRIC ACID), PINTO BEANS, ISOLATED SOY PROTEIN (CONTAINS SOY LECITHIN), POBLANO CHILES, CONTAINS 2% OR LESS OF GREEN CHILES (GREEN CHILES, CITRIC ACID), SOYBEAN OIL, SEA SALT (POTASSIUM MAGNESIUM CHLORIDE, SALT), SALT, MODIFIED CORN STARCH, GARLIC POWDER, SPICE, NATURAL FLAVOR [MALTODEXTRIN, NATURAL BUTTER FLAVOR, ANHATTO AND TURMERIC FOR COLOR], ONION POWDER, SODIUM ALGINATE.  
CONTAINS: WHEAT, SOY AND MILK.

Copy not for documenting Federal meal requirements

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EACH 5.00 OZ BURRITO PROVIDES 2.00 OZ EQUIVALENT MEAT ALTERNATE 094883  
 AND 2.00 OZ EQUIVALENT GRAINS OR 1.50 OZ EQUIVALENT MEAT ALTERNATE,  
 1/8 CUP LEGUME VEGETABLE, AND 2.00 OZ EQUIVALENT GRAINS FOR CHILD  
 NUTRITION MEAL PATTERN REQUIREMENTS. (USE OF THIS LOGO AND STATEMENT  
 AUTHORIZED BY THE FOOD AND NUTRITION SERVICE, USDA 06 - 16.)

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<b>HEATING INSTRUCTIONS</b>		FRIED 360 F		MICRO		OVEN 280 F		CONVEC. 280 F	
	FROZEN	*N/R	MIN.	*N/R	MIN.	*N/R	MIN.	*N/R	MIN.
	THAWED	*N/R	MIN.	*N/R	MIN.	25 - 30 MIN.	16 - 22 MIN.		
Internal Temperature of product should be 160 F. *N/R - Not Recommended									

### Nutrition Facts

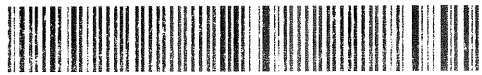
Serving Size 1 Burrito (142 g)  
 Servings Per Container 96

Amount Per Serving		<b>Calories 330</b>		Calories from Fat 100	
		% Daily Value*			
<b>Total Fat</b>	11 g			17	%
<b>Saturated Fat</b>	4 g			20	%
<b>Trans Fat</b>	0 g				
<b>Cholesterol</b>	15 mg			5	%
<b>Sodium</b>	486 mg			20	%
<b>Total Carbohydrate</b>	42 g			14	%
<b>Dietary Fiber</b>	4 g			16	%
<b>Sugars</b>	1 g				
<b>Protein</b>	15 g				
<b>Vitamin A</b>	0 %	<b>Vitamin C</b>	0 %		
<b>Calcium</b>	10 %	<b>Iron</b>	15 %		
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories: 2,000 2,500					
<b>Total Fat</b>	Less than	65 g	80 g		
<b>Sat Fat</b>	Less than	20 g	25 g		
<b>Cholesterol</b>	Less than	300 mg	300 mg		
<b>Sodium</b>	Less than	2,400 mg	2,400 mg		
<b>Total Carbohydrate</b>		300 g	375 g		
<b>Dietary Fiber</b>		25 g	30 g		
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4					

## KEEP FROZEN

Dist. by Fernando's Foods,  
 Compton, CA 90221

### NET WT. 30.00 LBS 96 CT/5.00 OZ.



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INSPECTED BY THE U.S. DEPT.  
 OF AGRICULTURE IN  
 ACCORDANCE WITH FNS  
 REQUIREMENTS