

**Fernando's®****05277**

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**CHEESE QUESADILLA**

**INGREDIENTS:** TORTILLA [WHOLE WHEAT FLOUR, WATER, ENRICHED BLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE SHORTENING (PALM AND/OR SOY BEAN OIL), CORN FLOUR (STONE GROUND WHITE CORN FLOUR, TRACES OF LIME, NO ADDITIVES), CONTAINS 2% OR LESS OF THE FOLLOWING MONO AND DIGLYCERIDES, LEAVENING (CORN STARCH, SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE AND MONOCALCIUM PHOSPHATE), WHEAT GLUTEN, SALT, GUAR GUM, SUGAR, RICE FLOUR, FUMARIC ACID, L-CYSTEINE HYDROCHLORIDE, ENZYMES, YEAST, SODIUM METABISULFITE AND "NATURAL FLAVOR", PASTEURIZED PROCESS AMERICAN CHEESE (AMERICAN CHEESE (MILK, CHEESE CULTURE, SALT, ENZYMES), WATER, SODIUM CITRATE, MILK FAT, SALT, COLOR (ANNATTO AND APCOCAROTENAL)), MONTEREY JACK CHEESE (PASTEURIZED CULTURED MILK, SALT, ENZYMES), WATER, CONTAINS 2% OR LESS OF ISOLATED SOY PROTEIN (ISOLATED SOY PROTEIN WITH LESS THAN 2% LECITHIN), TOMATO PASTE, RICE STARCH, POTATOES, SOYBEAN OIL, JALAPENO PUREE (JALAPENO PEPPERS, CITRIC ACID), DEHYDRATED ONION, SODIUM ALGINATE, SEA SALT (POTASSIUM MAGNESIUM CHLORIDE, SALT), NATURAL FLAVOR, JALAPENO SEASONING (8PICES (INCLUDING CHILI PEPPERS), ONION, PAPRIKA, GARLIC, SALT), NATURAL LIME JUICE POWDER [CORN SYRUP SOLIDS AND NATURAL FLAVORS (LIME JUICE SOLIDS, NATURAL FLAVORS), SEASONING BLEND (8PICES, GARLIC, ONION), NATURAL FLAVOR ENHANCER [DEHYDRATED SOY SAUCE (SOY SAUCE (SOY BEANS, WHEAT, SALT), MALTODEXTRIN), YEAST EXTRACT)], SPICE, NATURAL BUTTER FLAVOR [MALTODEXTRIN, NATURAL BUTTER FLAVOR, ANNATTO AND TURMERIC (FOR COLOR)], SODIUM PHOSPHATE.

CONTAINS WHEAT, SOY, MILK AND GLUTEN

**Nutrition Facts**

Serving Size 1 Piece (68 g)  
Servings Per Container 144

Amount Per Serving

**Calories 190** Calories from Fat **80**

% Daily Value\*

**Total Fat 9g** 14 %**Saturated Fat 6g** 30 %**Trans Fat 0g****Cholesterol 20mg** 7 %**Sodium 390mg** 16 %**Total Carbohydrate 18g** 6 %**Dietary Fiber 2g** 8 %**Sugars 1g****Protein 9g****Vitamin A 8%** - **Vitamin C 2%****Calcium 20%** - **Iron 8%**

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories:	2,000	2,500
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Total Fat	Less than	65 g	80 g
Sat Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

Calories per gram:

Fat 9 - Carbohydrate 4 - Protein 4

Copy not for documenting  
Federal meal requirements

— CN —  
EACH 2.40 OZ. QUESADILLA PROVIDES 1.00 OZ. EQUIVALENT MEAT ALTERNATE AND 1.00 OZ. EQUIVALENT GRAINS FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS (USE OF THIS LOGO AND STATEMENT AUTHORIZED BY THE FOOD AND NUTRITION SERVICE USDA 03-14).

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**HEATING INSTRUCTIONS**

	FRIED 360 F	MICRO	OVEN 300 F	CONVEC. 300 F
FROZEN	*N/R MIN.	*N/R MIN.	*N/R MIN.	*N/R MIN.
THAWED	*N/R MIN.	*N/R MIN.	10-12 MIN.	9-11 MIN.

Internal Temperature of product should be 160 F. \*N/R - Not Recommended

**KEEP FROZEN**

Dist. by Fernando's Foods,  
Compton, CA 90221

**NET WT. 21.60 LBS.**  
**144 CT/2.40 OZ.**



123 - 4254 - 0001

INSPECTED BY THE U.S. DEPT.  
OF AGRICULTURE IN  
ACCORDANCE WITH FNS  
REQUIREMENTS