

**Fernando's® 05219**



**BEEF CHILI, CHEESE & BEAN BURRITO**

And Textured Vegetable Protein Product

**INGREDIENTS:** TORTILLA [WHOLE WHEAT FLOUR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SOYBEAN OIL, CORN FLOUR, MONO AND DIGLYCERIDES, BAKING POWDER (CORN STARCH, SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), WHEAT GLUTEN, SALT, GUAR GUM, SUGAR, RICE FLOUR, FUMARIC ACID, L-CYSTEINE, ENZYMES, SODIUM METABISULFITE], BEEF CHILI (GROUND BEEF (NO MORE THAN 25% FAT), WATER, TOMATO PASTE, ISOLATED SOY PROTEIN (ISOLATED SOY PROTEIN WITH LESS THAN 2% LECITHIN), TEXTURED VEGETABLE PROTEIN PRODUCT (SOY FLOUR, CARAMEL COLOR, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, COPPER GLUCONATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, THIAMINE MONONITRATE, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN, CYANOCOBALAMIN), RICE STARCH, CHILI POWDER (CHILI PEPPER, SPICES, SALT, GARLIC POWDER), TEXTURED VEGETABLE PROTEIN (SOY PROTEIN CONCENTRATE, CARAMEL COLOR), SEA SALT (POTASSIUM MAGNESIUM CHLORIDE, SALT), SALT, NATURAL FLAVOR, ONION, CHEESE FLAVOR (DEHYDRATED BLEND OF CHEESE (SEMIHARD AND CHEDDAR (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES)), MALTODEXTRIN, AUTOLYZED YEAST, FOOD STARCH—MODIFIED, SALT, TORULA YEAST, CONTAINS LESS THAN 2% OF BUTTER, NATURAL FLAVOR, LACTIC ACID, SODIUM PHOSPHATE, CALCIUM PHOSPHATE), SPICES, SODIUM ALGINATE, SODIUM PHOSPHATE, NATURAL BUTTER FLAVOR (MALTODEXTRIN, NATURAL BUTTER FLAVOR, ANNATTO AND TURMERIC (FOR COLOR))), WATER, AMERICAN CHEESE (AMERICAN CHEESES (MILK, CHEESE CULTURE, SALT, ENZYMES), WATER, SODIUM CITRATE, MILK FAT, SALT, COLOR (ANNATTO AND APocarOTENAL)), PINTO BEANS, CONTAINS 2% OR LESS OF ISOLATED SOY PROTEIN (ISOLATED SOY PROTEIN WITH LESS THAN 2% LECITHIN), VEGETABLE OIL, SALT, SEA SALT (POTASSIUM MAGNESIUM CHLORIDE, SALT), NATURAL FLAVORS, BEEF TYPE FLAVOR (HYDROLYZED SOY PROTEIN, FLAVORING (INCLUDING SPICES), AUTOLYZED YEAST, SALT), ONION, COCOA POWDER. CONTAINS WHEAT, SOY, MILK AND GLUTEN.

Copy not for documenting  
Federal meal requirements

CN 086250

EACH 5.00 OZ BURRITO PROVIDES 2.00 OZ EQUIVALENT MEAT/  
MEAT ALTERNATE AND 2.00 OZ EQUIVALENT GRAINS OR 1.50 OZ EQUIVALENT MEAT/MEAT ALTERNATE,  
1/8 CUP LEGUME VEGETABLES AND 2.00 OZ EQUIVALENT GRAINS FOR CHILD  
NUTRITION MEAL PATTERN REQUIREMENTS. (USE OF THIS LOGO AND  
STATEMENT AUTHORIZED BY THE FOOD AND NUTRITION SERVICE, USDA 01—13.)

CN

<b>HEATING INSTRUCTIONS</b>	<b>FRIED 360 F</b>	<b>MICRO</b>		<b>OVEN 280 F</b>	<b>CONVEC. 280 F</b>
	<b>FROZEN</b>	*N/R	MIN.	*N/R	MIN.
	<b>THAWED</b>	*N/R	MIN.	*N/R	MIN.
Internal Temperature of product should be 160 F. <span style="float: right;">*N/R - Not Recommended</span>					

<b>Nutrition Facts</b>	
Serving Size 1 Burrito (142 g)	
Servings Per Container 60	
Amount Per Serving	
<b>Calories 320</b>	<b>Calories from Fat 120</b>
% Daily Value*	
<b>Total Fat 13 g</b>	<b>20 %</b>
<b>Saturated Fat 7 g</b>	<b>35 %</b>
<b>Trans Fat 0 g</b>	
<b>Cholesterol 20 mg</b>	<b>7 %</b>
<b>Sodium 520 mg</b>	<b>22 %</b>
<b>Total Carbohydrate 35 g</b>	<b>12 %</b>
<b>Dietary Fiber 5 g</b>	<b>20 %</b>
<b>Sugars 3 g</b>	
<b>Protein 17 g</b>	
<b>Vitamin A 8 %</b>	<b>Vitamin C 2 %</b>
<b>Calcium 10 %</b>	<b>Iron 8 %</b>
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
Calories: 2,000 2,500	
<b>Total Fat</b>	Less than 65 g 80 g
<b>Sat Fat</b>	Less than 20 g 25 g
<b>Cholesterol</b>	Less than 300 mg 300 mg
<b>Sodium</b>	Less than 2,400 mg 2,400 mg
<b>Total Carbohydrate</b>	300 g 375 g
<b>Dietary Fiber</b>	25 g 30 g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

**KEEP FROZEN**



Dist. by Fernando's Foods,  
Compton, CA 90221

**NET WT. 18.75 LBS.  
60 CT/5.00 OZ**



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