

**Fernando's®****05217**

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**FIESTA STYLE BEAN AND CHEESE BURRITO****18g Whole Grain per Serving**

INGREDIENTS: TORTILLA [WHOLE WHEAT FLOUR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SOYBEAN OIL, CORN FLOUR, CONTAINS 2% OR LESS OF THE FOLLOWING: MONO AND DIGLYCERIDES, BAKING POWDER (CORN STARCH, SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), WHEAT GLUTEN, SALT, GUAR GUM, SUGAR, RICE FLOUR, FUMARIC ACID, L-CYSTEINE, ENZYMES, SODIUM METABISULFITE], WATER, PASTEURIZED PROCESSED AMERICAN CHEESE [AMERICAN CHEESES (MILK, CHEESE CULTURE, SALT, ENZYMES), WATER, SODIUM CITRATE, MILK FAT, SALT, COLOR (ANNATTO AND APOCAROTENAL)], PINTO BEANS, ISOLATED SOY PROTEIN WITH LESS THAN 2% LECITHIN, TOMATO PASTE, CONTAINS 2% OR LESS OF SOY FLOUR, RICE STARCH, GREEN CHILIES (GREEN CHILI PEPPERS, CITRIC ACID), DEHYDRATED ONION, VEGETABLE OIL, DEHYDRATED GREEN BELL PEPPER, GREEN CHILI SEASONING (SPICES (INCLUDING CHILI PEPPER), GARLIC, ONION, GREEN BELL PEPPER, TOMATO, NON-MODIFIED FOOD STARCH, YEAST EXTRACT, CILANTRO & CITRIC ACID), SEA SALT (POTASSIUM MAGNESIUM CHLORIDE, SALT), SODIUM ALGINATE, SALT, COCOA POWDER, NATURAL FLAVOR, SODIUM PHOSPHATE, CHEESE FLAVOR [DEHYDRATED BLEND OF CHEESE (SEMIBOFT AND CHEDDAR (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES)), MALTODEXTRIN, AUTOLYZED YEAST, FOOD STARCH-MODIFIED, SALT, TORULA YEAST, CONTAINS LESS THAN 2% OF BUTTER, NATURAL FLAVOR, LACTIC ACID, SODIUM PHOSPHATE, CALCIUM PHOSPHATE], NATURAL FLAVOR ENHANCER [DEHYDRATED SOY SAUCE (SOY SAUCE (SOYBEANS, WHEAT, SALT), MALTODEXTRIN), YEAST EXTRACT], NATURAL BUTTER FLAVOR [MALTODEXTRIN, NATURAL BUTTER FLAVOR, ANNATTO AND TURMERIC (FOR COLOR)], SPICE, DEHYDRATED CARROT, DEHYDRATED GREEN ONION, FIRE ROASTED FLAVORING (NATURAL FLAVORINGS, MALTODEXTRIN, YEAST AUTOLYZATE, DEXTRIN). CONTAINS WHEAT, SOY, MILK AND GLUTEN.

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Federal meal requirements

EACH 5.00 OZ BURRITO PROVIDES 2.00 OZ EQUIVALENT MEAT ALTERNATE, 2.00 OZ EQUIVALENT GRAINS AND 1/8 CUP OTHER/ADDITIONAL VEGETABLE OR 1.50 OZ EQUIVALENT MEAT ALTERNATE, 2.00 OZ EQUIVALENT GRAINS, 1/8 CUP LEGUME VEGETABLE AND 1/8 CUP OTHER/ADDITIONAL VEGETABLE FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS. (USE OF THIS

LOGO AND STATEMENT AUTHORIZED BY THE FOOD AND NUTRITION SERVICE, USDA 01-13.)

**Nutrition Facts**Serving Size 1 Burrito (142 g)  
Servings Per Container 60

Amount Per Serving

**Calories 290** Calories from Fat 60

% Daily Value\*

**Total Fat 7 g** 11 %**Saturated Fat 4 g** 20 %**Trans Fat 0 g****Cholesterol 15 mg** 5 %**Sodium 390 mg** 16 %**Total Carbohydrate 42 g** 14 %**Dietary Fiber 6 g** 24 %**Sugars 3 g****Protein 15 g****Vitamin A 10 %** - **Vitamin C 30 %****Calcium 10 %** - **Iron 10 %**

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories: 2,000 2,500

**Total Fat** Less than 65 g 80 g**Sat Fat** Less than 20 g 25 g**Cholesterol** Less than 300 mg 300 mg**Sodium** Less than 2,400 mg 2,400 mg**Total Carbohydrate** 300 g 375 g**Dietary Fiber** 25 g 30 g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

**HEATING****INSTRUCTIONS****FRIED 360 F MICRO OVEN 280 F CONVEC. 280 F**

<b>FROZEN</b>	<b>*N/R</b>	<b>MIN.</b>	<b>*N/R</b>	<b>MIN.</b>	<b>*N/R</b>	<b>MIN.</b>	<b>*N/R</b>	<b>MIN.</b>
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<b>THAWED</b>	<b>*N/R</b>	<b>MIN.</b>	<b>*N/R</b>	<b>MIN.</b>	<b>25-30 MIN.</b>	<b>16-22 MIN.</b>
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Internal Temperature of product should be 160 F. \*N/R - Not Recommended

INSPECTED BY THE U.S. DEPT.  
OF AGRICULTURE IN  
ACCORDANCE WITH FNS  
REQUIREMENTS

**KEEP FROZEN**Dist. by Fernando's Foods,  
Compton, CA 90221**NET WT. 18.75 LBS.  
60 CT/5.00 OZ.**

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