

Fernando's®

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CHEESE AND BEAN RED CHILI BURRITO

INGREDIENTS: TORTILLA [WHOLE WHEAT FLOUR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SOYBEAN OIL, CORN FLOUR, CONTAINS 2% OR LESS OF THE FOLLOWING: MONO AND DIGLYCERIDES, BAKING POWDER (CORN STARCH, SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), WHEAT GLUTEN, SALT, GUAR GUM, SUGAR, RICE FLOUR, FUMARIC ACID, L-CYSTEINE, ENZYMES, SODIUM METABISULFITE], WATER, PASTEURIZED PROCESSED AMERICAN CHEESE [AMERICAN CHEESES (MILK, CHEESE CULTURE, SALT, ENZYMES), WATER, SODIUM CITRATE, MILK FAT, SALT, COLOR (ANNATTO AND APOCAROTENAL)], PINTO BEANS, ISOLATED SOY PROTEIN, TOMATO PASTE, CONTAINS 2% OR LESS OF SOYBEAN OIL, RICE STARCH, CHILI POWDER (CHILI PEPPER, SPICES, SALT, GARLIC POWDER), SEA SALT (POTASSIUM MAGNESIUM CHLORIDE, SALT), SALT, GARLIC POWDER, DEHYDRATED ONION, CHEESE FLAVOR [DEHYDRATED BLEND OF CHEESE (SEMI-SOFT AND CHEDAR (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES)), MALTODEXTRIN, AUTOLYZED YEAST, FOOD STARCH—MODIFIED, SALT, TORULA YEAST, CONTAINS LESS THAN 2% OF BUTTER, NATURAL FLAVOR, LACTIC ACID, SODIUM PHOSPHATE, CALCIUM PHOSPHATE], SEASONING [HYDROLYZED SOY PROTEIN, FLAVORINGS (INCLUDING SPICE), AUTOLYZED YEAST, SALT], SODIUM ALGINATE, SODIUM PHOSPHATE, ONION POWDER, SPICE, NATURAL BUTTER FLAVOR [MALTODEXTRIN, NATURAL BUTTER FLAVOR, ANNATTO AND TURMERIC (FOR COLOR)], COCOA POWDER, CONTAINS WHEAT, SOY, AND MILK.

Copy not for documenting
Federal meal requirements

CN

EACH 5.00 OZ BURRITO PROVIDES 2.00 OZ EQUIVALENT MEAT ALTERNATE AND 094530

2.00 OZ EQUIVALENT GRAINS OR 1.50 OZ EQUIVALENT MEAT

ALTERNATE, 1/8 CUP LEGUME VEGETABLES AND 2.00 OZ EQUIVALENT

CN GRAINS FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS. (USE OF THIS LOGO AND STATEMENT AUTHORIZED BY THE FOOD AND NUTRITION SERVICE, USDA 03-16.)

CN

HEATING INSTRUCTIONS	FRIED 360 F		MICRO		OVEN 280 F		CONVEC. 280 F		
	FROZEN	*N/R	MIN.	*N/R	MIN.	*N/R	MIN.	*N/R	MIN.
	THAWED	*N/R	MIN.	*N/R	MIN.	25-30	MIN.	16-22	MIN.
Internal Temperature of product should be 160 F. *N/R - Not Recommended									

Nutrition Facts		
Serving Size 1 Burrito (142 g)		
Servings Per Container 60		
Amount Per Serving		
Calories 340	Calories from Fat 110	
% Daily Value*		
Total Fat 13 g	20 %	
Saturated Fat 7 g	35 %	
Trans Fat 0 g		
Cholesterol 15 mg	5 %	
Sodium 530 mg	22 %	
Total Carbohydrate 42 g	14 %	
Dietary Fiber 5 g	20 %	
Sugars 2 g		
Protein 15 g		
Vitamin A 8 %	Vitamin C 2 %	
Calcium 10 %	Iron 8 %	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:		
Calories: 2,000	2,500	
Total Fat	Less than 65 g	80 g
Sat Fat	Less than 20 g	25 g
Cholesterol	Less than 300 mg	300 mg
Sodium	Less than 2,400 mg	2,400 mg
Total Carbohydrate	300 g	375 g
Dietary Fiber	25 g	30 g
Calories per gram:		
Fat 9 • Carbohydrate 4 • Protein 4		

KEEP FROZEN

Dist. by Fernando's Foods,
Compton, CA 90221

NET WT. 18.75 LBS. 60 CT/5.00 OZ.



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INSPECTED BY THE U.S. DEPT.
OF AGRICULTURE IN
ACCORDANCE WITH FNS
REQUIREMENTS