

Fernando's®

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CHICKEN, CHEESE AND BEAN BURRITO

18g Whole Grain Per Serving

INGREDIENTS: TORTILLA [WHOLE WHEAT FLOUR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SOYBEAN OIL, CORN FLOUR, CONTAINS 2% OR LESS OF MONO AND DIGLYCERIDES, BAKING POWDER (CORN STARCH, SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), WHEAT GLUTEN, SALT, GUAR GUM, SUGAR, RICE FLOUR, FUMARIC ACID, L-CYSTEINE, ENZYMES, SODIUM METABISULFITE], WATER, MECHANICALLY SEPARATED CHICKEN, PASTEURIZED PROCESS AMERICAN CHEESE [AMERICAN CHEESE (MILK, CHEESE CULTURE, SALT, ENZYMES), WATER, SODIUM CITRATE, MILK FAT, SALT, COLOR (ANNATTO AND APOCAROTENAL)], PINTO BEANS, CONTAINS 2% OR LESS OF ISOLATED SOY PROTEIN (ISOLATED SOY PROTEIN WITH LESS THAN 2% LECITHIN), TOMATO PASTE, VEGETABLE OIL, TEXTURED VEGETABLE PROTEIN PRODUCT (SOY FLOUR, CARAMEL COLOR, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, COPPER GLUCONATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, THIAMINE MONONITRATE, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN, CYANOCOBALAMIN), SALT, SEA SALT (POTASSIUM MAGNESIUM CHLORIDE, SALT), RICE STARCH, CHILI POWDER (CHILI PEPPER, SPICES, SALT, GARLIC POWDER), NATURAL FLAVORS, TEXTURED VEGETABLE PROTEIN (SOY PROTEIN CONCENTRATE, CARAMEL COLOR), ONION, SPICES, SOY LECITHIN, BEEF TYPE FLAVOR [HYDROLYZED SOY PROTEIN, FLAVORING (INCLUDING SPICES), AUTOLYZED YEAST, SALT], CHEESE FLAVOR (DEHYDRATED BLEND OF CHEESE (SEMIBOFT AND CHEDDAR [PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES]), MALTODEXTRIN, AUTOLYZED YEAST, FOOD STARCH—MODIFIED, SALT, TORULA YEAST, CONTAINS LESS THAN 2% OF BUTTER, NATURAL FLAVOR, LACTIC ACID, SODIUM PHOSPHATE, CALCIUM PHOSPHATE), SODIUM ALGINATE, SODIUM PHOSPHATE, COCOA POWDER, BUTTER FLAVOR [MALTODEXTRIN, BUTTER FLAVOR, ANNATTO AND TURMERIC (FOR COLOR), CONTAINS WHEAT SOY MILK AND GLUTEN.

Copy not for documenting
Federal meal requirements

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EACH 5.00 OZ BURRITO PROVIDES 2.00 OZ EQUIVALENT MEAT/MEAT ALTERNATE AND 2.00 OZ EQUIVALENT GRAINS FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS. (USE OF THIS LOGO AND STATEMENT AUTHORIZED BY THE FOOD AND NUTRITION SERVICE, USDA 02 - 13.)

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| Nutrition Facts | | |
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| Serving Size 1 Burrito (142 g) | | |
| Servings Per Container 60 | | |
| Amount Per Serving | | |
| Calories 330 Calories from Fat 130 | | |
| % Daily Value* | | |
| Total Fat 14 g | 22 % | |
| Saturated Fat 5 g | 25 % | |
| Trans Fat 0 g | | |
| Cholesterol 20 mg | 7 % | |
| Sodium 430 mg | 18 % | |
| Total Carbohydrate 36 g | 12 % | |
| Dietary Fiber 5 g | 20 % | |
| Sugars 3 g | | |
| Protein 15 g | | |
| Vitamin A 8 % • Vitamin C 2 % | | |
| Calcium 10 % • Iron 8 % | | |
| *Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | | |
| Calories: 2,000 2,500 | | |
| Total Fat | Less than 65 g | 80 g |
| Sat Fat | Less than 20 g | 25 g |
| Cholesterol | Less than 300 mg | 300 mg |
| Sodium | Less than 2,400 mg | 2,400 mg |
| Total Carbohydrate | 300 g | 375 g |
| Dietary Fiber | 25 g | 30 g |
| Calories per gram: | | |
| Fat 9 • Carbohydrate 4 • Protein 4 | | |

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|--|-------------|-----------|------------|------------------------|
| HEATING INSTRUCTIONS | FRIED 360 F | MICRO | OVEN 280 F | CONVEC. 280 F |
| | FROZEN | *N/R MIN. | *N/R MIN. | *N/R MIN. *N/R MIN. |
| | THAWED | *N/R MIN. | *N/R MIN. | 25-30 MIN. 16-22 MIN. |
| Internal Temperature of product should be 160 F. | | | | *N/R - Not Recommended |

KEEP FROZEN



Dist. by Fernando's Foods,
Compton, CA 90221

NET WT. 18.75 LBS.
60 CT/5.00 OZ.



129 - 3070 - 0009