

Fernando's®**05210**

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BEEF CHILI, CHEESE & BEAN BURRITO**And Textured Vegetable Protein Product****PREFRIED**

INGREDIENTS: TORTILLA (WHOLE WHEAT FLOUR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SOYBEAN OIL, CORN FLOUR, MONO AND DIGLYCERIDES, BAKING POWDER (CORN STARCH, SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), WHEAT GLUTEN, SALT, GUAR GUM, SUGAR, RICE FLOUR, FUMARIC ACID, L-CYSTEINE, ENZYMES, SODIUM METABISULFITE), BEEF CHILI (GROUND BEEF (NO MORE THAN 25% FAT), WATER, TOMATO PASTE, ISOLATED SOY PROTEIN (ISOLATED SOY PROTEIN WITH LESS THAN 2% LECITHIN), TEXTURED VEGETABLE PROTEIN PRODUCT (SOY FLOUR, CARAMEL COLOR, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, COPPER GLUCONATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, THIAMINE MONONITRATE, PYRIDOXINE HYDROCHLORIDE, RIBOFLAVIN, CYANOCOBALAMIN), RICE STARCH, CHILI POWDER (CHILI PEPPER, SPICES, SALT, GARLIC POWDER), TEXTURED VEGETABLE PROTEIN (SOY PROTEIN CONCENTRATE, CARAMEL COLOR), SEA SALT (POTASSIUM MAGNESIUM CHLORIDE, SALT), SALT, NATURAL FLAVOR, ONION, CHEESE FLAVOR (DEHYDRATED BLEND OF CHEESE (BEMISOFT AND CHEDDAR (PASTEURIZED MILK, CHEESE CULTURE, SALT, ENZYMES)), MALTODEXTRIN, AUTOLYZED YEAST, FOOD STARCH—MODIFIED, SALT, TORULA YEAST, CONTAINS LESS THAN 2% OF BUTTER, NATURAL FLAVOR, LACTIC ACID, SODIUM PHOSPHATE, CALCIUM PHOSPHATE), SPICES, SODIUM ALGINATE, SODIUM PHOSPHATE, NATURAL BUTTER FLAVOR (MALTODEXTRIN, NATURAL BUTTER FLAVOR, ANNATTO AND TURMERIC (FOR COLOR))), WATER, AMERICAN CHEESE (AMERICAN CHEESES (MILK, CHEESE CULTURE, SALT, ENZYMES), WATER, SODIUM CITRATE, MILK FAT, SALT, COLOR (ANNATTO AND APCAROTENAL)), PINTO BEANS, CONTAINS 2% OR LESS OF ISOLATED SOY PROTEIN (ISOLATED SOY PROTEIN WITH LESS THAN 2% LECITHIN), VEGETABLE OIL, SALT, SEA SALT (POTASSIUM MAGNESIUM CHLORIDE, SALT), NATURAL FLAVORS, BEEF TYPE FLAVOR (HYDROLYZED SOY PROTEIN, FLAVORING (INCLUDING SPICES), AUTOLYZED YEAST, SALT), ONION, COCOA POWDER. PARFRIED IN VEGETABLE OIL. CONTAINS WHEAT, SOY, MILK AND GLUTEN.

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Federal meal requirements

EACH 5.00 OZ BURRITO PROVIDES 2.00 OZ EQUIVALENT MEAT/
CN 086264

MEAT ALTERNATE AND 2.00 OZ EQUIVALENT GRAINS OR 1.50 OZ EQUIVALENT MEAT/MEAT ALTERNATE,
1/8 CUP LEGUME VEGETABLES AND 2.00 OZ EQUIVALENT GRAINS FOR CHILD
NUTRITION MEAL PATTERN REQUIREMENTS. (USE OF THIS LOGO AND

STATEMENT AUTHORIZED BY THE FOOD AND NUTRITION SERVICE, USDA 01-13.)

CN

HEATING INSTRUCTIONS		FRIED 360 F	MICRO	OVEN 280 F	CONVEC. 280 F
	FROZEN	*N/R	MIN.	*N/R	MIN.
	THAWED	*N/R	MIN.	*N/R	MIN.
		Internal Temperature of product should be 160 F.			*N/R - Not Recommended

Nutrition Facts

Serving Size 1 Burrito (142 g)
Servings Per Container 60

Amount Per Serving

Calories 370 Calories from Fat 140

% Daily Value*

Total Fat 15 g 23 %

Saturated Fat 7 g 35 %

Trans Fat 0 g

Cholesterol 20 mg 7 %

Sodium 550 mg 23 %

Total Carbohydrate 35 g 12 %

Dietary Fiber 7 g 28 %

Sugars 3 g

Protein 17 g

Vitamin A 8 % • Vitamin C 2 %

Calcium 15 % • Iron 20 %

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories: 2,000 2,500

Total Fat	Less than 65 g	80 g
Sat Fat	Less than 20 g	25 g
Cholesterol	Less than 300 mg	300 mg
Sodium	Less than 2,400 mg	2,400 mg
Total Carbohydrate	300 g	375 g
Dietary Fiber	25 g	30 g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

KEEP FROZEN

Dist. by Fernando's Foods,
Compton, CA 90221

NET WT. 18.75 LBS.
60 CT/5.00 OZ



129 - 3070 - 0008