

Fernando's®**21200**

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CHEESE AND BEAN BURRITO

INGREDIENTS: TORTILLA (WHEAT FLOURS [WHOLE WHEAT FLOUR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID)]], WATER, SOY FLOUR, SOYBEAN OIL, WHOLE GRAIN CORN FLOUR (STONEGROUND WHOLE WHITE CORN, CELLULOSE GUM, TRACE OF LIME), SALT, GUAR GUM, ANNATTO, TURMERIC), WATER, PASTEURIZED PROCESSED AMERICAN CHEESE (AMERICAN CHEESES [MILK, CHEESE CULTURE, SALT, ENZYMES]), WATER, SODIUM CITRATE, MILKFAT, SALT, COLOR [ANNATTO, APOCAROTENAL]), PINTO BEANS, GREEN CHILIES (GREEN CHILIES, CITRIC ACID), CONTAINS 2% OR LESS OF ONION, SOY FLOUR, SOYBEAN OIL, ISOLATED SOY PROTEIN (ISOLATED SOY PROTEIN WITH LESS THAN 2% LECITHIN), SALT, CHILI POWDER (CHILI PEPPER, SPICES, SALT, GARLIC POWDER), PAPRIKA, SPICE, GARLIC POWDER, SODIUM ALGINATE.

CONTAINS WHEAT, SOY AND MILK.Copy not for documenting Federal
Meal requirements

EACH 4.50 OZ. BURRITO PROVIDES 2.00 OZ EQUIVALENT MEAT ALTERNATE AND 2.00 OZ EQUIVALENT GRAINS FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS. (USE OF THIS LOGO AND STATEMENT AUTHORIZED BY THE FOOD AND NUTRITION SERVICE, USDA 09-17.)

096175

HEATING INSTRUCTIONS

	FRIED 360 F	MICRO	OVEN 325 F	CONVEC. 300 F
FROZEN	*N/R	Min. 2-3	Min. 20-25	Min. 14-20
THAWED	3-5	Min. 1-2	Min. 14-20	Min. 12-18

Internal temperature of product should be 160F. *N/R - Not Recommended



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INSPECTED BY THE U.S. DEPT.
OF AGRICULTURE IN
ACCORDANCE WITH FNS
REQUIREMENTS

F095-080817

Nutrition Facts

Serving Size 1 Burrito (128g)
Servings Per Container 96

Amount Per Serving**Calories 310** Calories from Fat 90**% Daily Value*****Total Fat 9g** 15%

Saturated Fat 4g 19%

Trans Fat 0g

Cholesterol 10mg 3%**Sodium 580mg** 24%**Total Carbohydrate 40g** 13%

Dietary Fiber 9g 36%

Sugars 4g

Protein 16g

Vitamin A 8% • Vitamin C 6%

Calcium 20% • Iron 15%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories	2,000	2,500
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Total Fat	Less than 65g	80g
Sat. Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

KEEP FROZEN

Dist. by Fernando's Foods,
Compton, CA 90221

NET WT. 27.00 LBS.
96 CT/4.50 OZ.