

Fernando's®**21200**

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CHEESE AND BEAN BURRITO

INGREDIENTS: TORTILLA (WHEAT FLOURS (WHOLE WHEAT FLOUR, ENRICHED BLEACHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID)), WATER, SOY FLOUR, CORN FLOUR (STONEGROUND WHOLE GRAIN CORN MASA FLOUR, CELLULOSE GUM, TRACE OF LIME), SOYBEAN OIL, SALT, GUAR GUM, ANNATTO, TURMERIC), WATER, PASTEURIZED PROCESSED AMERICAN CHEESE (AMERICAN CHEESE (MILK, CHEESE CULTURE, SALT, ENZYMES), WATER, SODIUM CITRATE, MILKFAT, SALT, COLOR (ANNATTO, APOCAROTENAL)), PINTO BEANS, GREEN CHILIES (GREEN CHILIES, CITRIC ACID), CONTAINS 2% OR LESS OF ONION, SOY FLOUR, SOYBEAN OIL, ISOLATED SOY PROTEIN WITH LESS THAN 2% LECITHIN, SALT, PAPRIKA, CHILI POWDER (CHILI PEPPER, SPICES, SALT, GARLIC POWDER), SPICE, NATURAL FLAVOR, SODIUM ALGINATE.
CONTAINS WHEAT, SOY, MILK, AND GLUTEN.

Nutrition FactsServing Size 1 Burrito (128 g)
Servings Per Container 96

Amount Per Serving

Calories 310 Calories from Fat 90

% Daily Value*

Total Fat 9 g 15 %**Saturated Fat 4 g** 19 %**Trans Fat 0 g****Cholesterol 10 mg** 3 %**Sodium 580 mg** 24 %**Total Carbohydrate 40 g** 13 %**Dietary Fiber 9 g** 36 %**Sugars 4 g****Protein 16 g****Vitamin A 8 %** • **Vitamin C 6 %****Calcium 20 %** • **Iron 15 %**

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories: 2,000 2,500

Total Fat	Less than 65 g	80 g
Sat Fat	Less than 20 g	25 g
Cholesterol	Less than 300 mg	300 mg
Sodium	Less than 2,400 mg	2,400 mg
Total Carbohydrate	300 g	375 g
Dietary Fiber	25 g	30 g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4Copy not for documenting
Federal meal requirements

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EACH 4.50 OZ. BURRITO PROVIDES 2.00 OZ EQUIVALENT MEAT ALTERNATE AND 2.00 OZ EQUIVALENT GRAINS FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS. (USE OF THIS LOGO AND STATEMENT AUTHORIZED BY THE FOOD AND NUTRITION SERVICE, USDA 05-13.)			
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HEATING INSTRUCTIONS	FRIED 360 F	MICRO	OVEN 325 F	CONVEC. 300 F	
	FROZEN	*N/R MIN.	2-3 MIN.	20-25 MIN.	14-20 MIN.
	THAWED	3-5 MIN.	1-2 MIN.	14-20 MIN.	12-18 MIN.
Internal Temperature of product should be 160 F. *N/R - Not Recommended					



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INSPECTED BY THE U.S. DEPT.
OF AGRICULTURE IN
ACCORDANCE WITH FNS
REQUIREMENTS**KEEP FROZEN**Dist. by Fernando's Foods,
Compton, CA 90221**NET WT. 27.00 LBS.**
96 CT/4.50 OZ.