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# Child Nutrition Meal Pattern Contribution Basic American Foods SKU 82765 Santiago® QUICK-START® Veg Chili w/Red Beans, 1/30lb bag

#### **Product Formulation Sheet: Meat/Meat Alternate**

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Description of Credible Ingredient per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/Purchase Unit	Creditable Amount		
Beans, Red, Small, dry Whole Includes USDA Commodity	0.7843	x	1.275	1.00		
Beans, Red, Small, dry Whole Includes USDA Commodity	1.5686	x	1.275	2.00		
Total Creditable M/MA Amount:				1.00 / 2.00		



	Nutrition Informatio	n		
USDA Meat/Meat Alternate	1/4 cup (1 Meat/Meat Alternate)		1/2 cup (2 Meat/Meat Alternate)	
Contribution Equivalent	35.14	80	70.28	80
Calories*	130		270	
Protein*	7	g <sub>0</sub>	14	g
Carbohydrate*	25	g	50	g
Dietary Fiber*	6	g <sub>0</sub>	12	g
Sugars*	4	g	7	g
Total Fat*	1	g .	1.5	g
Trans Fat*	0	g		g
Saturated Fat*	0	g	0	g
Cholesterol*	0	mg	0	m
Iron	2.56	mg	5.12	m
Calcium	46.28	mg	92.56	m
Sodium*	350	mg	700	m
Potassium*	510	mg	1010	m
Vitamin A	291.12	IU	582.25	IU
Vitamin C	12.42	mg	24.84	m

SERVING SIZE MEASURE/WEIGHT	MEAL PATTERN CONTRIBUTION EQUIVALENT	EQUIVALENT SERVINGS PER BAG	EQUIVALENT SERVINGS PER CASE
6.04 oz.	1 Meat/Meat Alternate	387.26	387.26
12.08 oz.	2 Meat/Meat Alternate	193.63	193.63

Ingredients: Red Beans, Tomato, Chili Pepper, Onion, Sugar, Salt, Modified Corn Starch, Spice, Green Bell Pepper, Garlic, Citric Acid, Calcium Chloride, Natural Flavor.

Packaging and Storage Information: Store cool dry (less than 80 degree F); 365 Days (minimum).

### **Preparation and Cooking Instructions**

1: Add 14.5 gallons water to kettle. 2: Add 1 bag (30 LB) chili mix and stir thoroughly. 3: Bring temperature to at least 195°F. 4: Reduce heat and simmer, covered for 45-60 minutes, stirring occasionally. TIPS: In step 2 add your choice of pre-cooked ingredients such as meats, diced vegetables or other beans.

Nutrition Claims: Vegetarian, Kosher Pareve, Gluten Free, No Artificial Colors or Flavors, No Preservatives.

I certify that the above information is true and correct when prepared according to directions.

Joe E. Bailey, Regulatory Operations Manager

10/18/2017 206368/02



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# Child Nutrition Meal Pattern Contribution Basic American Foods SKU 82765 Santiago® QUICK-START® Veg Chili w/Red Beans, 1/30lb bag

**Product Formulation Sheet: Vegetable** 

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Description of Credible Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG YIELD/ PURCHASE UNIT	Creditable Amount (Quarter Cups)	
Beans, Red, Small, dry Whole Includes USDA Commodity	Bean/Pea	0.7843	х	1.275	1.00	
Beans, Red, Small, dry Whole Includes USDA Commodity	Bean/Pea	1.5686	х	1.275	2.00	
Total Creditable Vegetable Amount:		1.00 / 2.0	0	Total Cups Bean/Pea:	0.25 / 0.50	



USDA Vegetable	1/4 cup	1/2 cup		
Contribution Equivalent	35.14	g	70.28	g
Calories*	130		270	
Protein*	7	g	14	g
Carbohydrate*	25	g	50	g
Dietary Fiber*	6	g	12	g
Sugars*	4	g	7	g
Total Fat*	1	g	1.5	g
Trans Fat*	0	g	0	g
Saturated Fat*	0	g	0	g
Cholesterol*	0	mg	0	mg
Iron	2.56	mg	5.12	mg
Calcium	46.28	mg	92.56	mg
Sodium*	350	mg	700	mg
Potassium*	510	mg	1010	mg
Vitamin A	291.12	IU	582.25	IU
Vitamin C	12.42	mg	24.84	mg

SERVING SIZE MEASURE/WEIGHT	MEAL PATTERN CONTRIBUTION EQUIVALENT	EQUIVALENT SERVINGS PER BAG	EQUIVALENT SERVINGS PER CASE
6.04 oz.	1/4C Vegetable/Bean/Pea	387.26	387.26
12.08 oz.	1/2C Vegetable/Bean/Pea	193.63	193.63

**Ingredients:** Red Beans, Tomato, Chili Pepper, Onion, Sugar, Salt, Modified Corn Starch, Spice, Green Bell Pepper, Garlic, Citric Acid, Calcium Chloride, Natural Flavor.

Packaging and Storage Information: Store cool dry (less than 80 degree F); 365 Days (minimum).

### **Preparation and Cooking Instructions**

1: Add 14.5 gallons water to kettle. 2: Add 1 bag (30 LB) chili mix and stir thoroughly. 3: Bring temperature to at least 195°F. 4: Reduce heat and simmer, covered for 45-60 minutes, stirring occasionally. TIPS: In step 2 add your choice of pre-cooked ingredients such as meats, diced vegetables or other beans.

Nutrition Claims: Vegetarian, Kosher Pareve, Gluten Free, No Artificial Colors or Flavors, No Preservatives.

I certify that the above information is true and correct when prepared according to directions.

Jose & Marcy

Joe E. Bailey, Regulatory Operations Manager