

**Child Nutrition Meal Pattern Contribution**

**Basic American Foods SKU 70659**

**Potato Pearls® Golden Extra Rich Mashed Potatoes 1/50# Bag**

**Product Formulation Sheet:**

Description of Credible Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/Purchase Unit	Creditable Amount (Quarter Cups)
Potatoes, dehydrated, Granules Low moisture Includes USDA Commodity	Starchy	0.3168	X	3.1563	1.00
Potatoes, dehydrated, Granules Low moisture Includes USDA Commodity	Starchy	0.6337	X	3.1563	2.00
<b>Total Creditable Vegetable Amount:</b>		<b>1.00 / 2.00</b>		<b>Total Cups Starchy:</b>	<b>0.25 / 0.50</b>



Nutrition Information			
USDA Vegetable	1/4 cup	1/2 cup	
Contribution Equivalent	9.83 g	19.66 g	
Calories*	35	70	
Protein*	less than 1g	2 g	
Carbohydrate*	7 g	15 g	
Dietary Fiber*	less than 1g	1 g	
Sugars*	0 g	0 g	
Total Fat*	0 g	0 g	
Trans Fat*	0 g	0 g	
Saturated Fat*	0 g	0 g	
Cholesterol*	0 mg	0 mg	
Iron	0.12 mg	0.23 mg	
Calcium	7.08 mg	14.16 mg	
Sodium*	160 mg	320 mg	
Potassium*	120 mg	240 mg	
Vitamin A	0.95 IU	1.90 IU	
Vitamin C	3.19 mg	6.38 mg	

\* calculated using FDA Nutrition Facts rounding rules

SERVING SIZE MEASURE/WEIGHT	MEAL PATTERN CONTRIBUTION EQUIVALENT	EQUIVALENT SERVINGS PER BAG	EQUIVALENT SERVINGS PER CASE
1.84 oz.	1/4C Vegetable/Starchy	2307.28	2307.28
3.69 oz.	1/2C Vegetable/Starchy	1153.64	1153.64

**Ingredients:** Potato (Dry), Salt, Maltodextrin, Contains 2% or Less of: Sunflower Oil, Mono and Diglycerides, Natural and Artificial Flavor and Artificial Color. Freshness Preserved with Sodium Bisulfite and BHT. Made on Equipment that Also Processes Milk.

**Packaging and Storage Information:** Store cool dry (less than 80 degree F); 270 Days (minimum).

**Preparation and Cooking Instructions**

Pour 2 gallons boiling water in mixing bowl. **HAND MIX:** Add 3 1/2 lbs. potatoes, stir constantly with whisk. **MACHINE MIX:** Using whip attachment, mix on low; slowly add 3 1/2 lbs of potatoes. Scrape bowl, whip on high until fluffy (3 1/2 minutes). Ready to serve or to add recipe ingredients. Add more boiling water to make potatoes thinner, more potatoes to make thicker. This recipe makes 78 servings. For varying quantities add 1 part potatoes to 2 parts boiling water. This is a complete product.

**Nutrition Claims:** Gluten Free, Kosher Dairy.

I certify that the above information is true and correct when prepared according to directions.

**Joe E. Bailey, Regulatory Operations Manager**

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