

Child Nutrition Meal Pattern Contribution
Basic American Foods SKU 10169
Potato Pearls® Premium Nature's Own Mashed Potatoes, 10/29.3oz pouches

Product Formulation Sheet:

Description of Credible Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/Purchase Unit	Creditable Amount (Quarter Cups)
Potatoes, dehydrated, Granules Low moisture Includes USDA Commodity	Starchy	0.3168	X	3.1563	1.00
Potatoes, dehydrated, Granules Low moisture Includes USDA Commodity	Starchy	0.6337	X	3.1563	2.00
Total Creditable Vegetable Amount:		1.00 / 2.00		Total Cups Starchy:	0.25 / 0.50



Nutrition Information			
USDA Vegetable	1/4 cup	1/2 cup	
Contribution Equivalent	10.18 g	20.37 g	
Calories*	40	80	
Protein*	less than 1g	2 g	
Carbohydrate*	7 g	15 g	
Dietary Fiber*	less than 1g	1 g	
Sugars*	0 g	less than 1g	
Total Fat*	1 g	1.5 g	
Trans Fat*	0 g	0 g	
Saturated Fat*	0 g	0 g	
Cholesterol*	0 mg	0 mg	
Iron	0.09 mg	0.19 mg	
Calcium	3.55 mg	7.10 mg	
Sodium*	125 mg	250 mg	
Potassium*	60 mg	120 mg	
Vitamin A	0.97 IU	1.94 IU	
Vitamin C	3.19 mg	6.38 mg	

* calculated using FDA Nutrition Facts rounding rules

SERVING SIZE MEASURE/WEIGHT	MEAL PATTERN CONTRIBUTION EQUIVALENT	EQUIVALENT SERVINGS PER BAG	EQUIVALENT SERVINGS PER CASE
1.95 oz.	1/4C Vegetable/Starchy	81.57	815.70
3.91 oz.	1/2C Vegetable/Starchy	40.78	407.80

Ingredients: Potato (Dry), Canola Oil (Preserved with Citric Acid and BHT), Salt, Contains 2% or Less of the Following: Sodium Caseinate, Natural and Artificial Flavor, Mono and Diglycerides, .Artificial Color, DATEM. Freshness Preserved with Sodium Bisulfite and BHT. Contains Milk.

Packaging and Storage Information: Store cool dry (less than 80 degree F); 270 Days (minimum).

Preparation and Cooking Instructions

1: Pour one gallon (3.8 L) water (170-190°F) into 6" deep half steamtable pan. 2: Add potatoes & stir: Stirring rapidly with a slotted spoon quickly pour entire pouch of potatoes into water. Continue to stir for 30-45 seconds making sure to cover all four corners. 3: Sit: Allow potatoes to sit for 7 minutes. 4: Stir well: Serve.

Nutrition Claims: Gluten Free, Kosher Dairy

I certify that the above information is true and correct when prepared according to directions.

Joe E. Bailey, Regulatory Operations Manager

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