

**Child Nutrition Meal Pattern Contribution
Basic American Foods SKU 81056**

Potato Pearls® Country Style Mashed Potatoes, 12/30.7oz bags

Product Formulation Sheet:

Description of Credible Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/Purchase Unit	Creditable Amount (Quarter Cups)
Potatoes, dehydrated, Granules Low moisture Includes USDA Commodity	Starchy	0.3168	X	3.1563	1.00
Potatoes, dehydrated, Granules Low moisture Includes USDA Commodity	Starchy	0.6337	X	3.1563	2.00
Total Creditable Vegetable Amount:		1.00 / 2.00		Total Cups Starchy:	0.25 / 0.50



Nutrition Information			
USDA Vegetable	1/4 cup	1/2 cup	
Contribution Equivalent	10.19 g	20.38 g	
Calories*	35	70	
Protein*	less than 1g	1 g	
Carbohydrate*	8 g	15 g	
Dietary Fiber*	less than 1g	1 g	
Sugars*	0 g	less than 1g	
Total Fat*	0 g	1 g	
Trans Fat*	0 g	0 g	
Saturated Fat*	0 g	0 g	
Cholesterol*	0 mg	0 mg	
Iron	0.10 mg	0.20 mg	
Calcium	3.80 mg	7.61 mg	
Sodium*	135 mg	270 mg	
Potassium*	65 mg	125 mg	
Vitamin A	1.01 IU	2.02 IU	
Vitamin C	3.19 mg	6.39 mg	

* calculated using FDA Nutrition Facts rounding rules

SERVING SIZE MEASURE/WEIGHT	MEAL PATTERN CONTRIBUTION EQUIVALENT	EQUIVALENT SERVINGS PER BAG	EQUIVALENT SERVINGS PER CASE
1.86 oz.	1/4C Vegetable/Starchy	85.42	1025.04
3.71 oz.	1/2C Vegetable/Starchy	42.71	512.52

Ingredients: Potato (Dry), Shortening Powder (Partially Hydrogenated Soybean Oil, Lactose, Sodium Caseinate, Dipotassium Phosphate), Maltodextrin, Salt, Contain 2% or Less of: Partially Hydrogenated Vegetable Oil (Soybean, Cottonseed), Vegetable Mono and Diglycerides, Natural and Artificial Flavor, Artificial Color, Spice. Freshness Preserved with Sodium Bisulfite, BHT. Contains Milk and Sulfite.

Packaging and Storage Information: Store cool dry (less than 80 degree F); 270 Days (minimum).

Preparation and Cooking Instructions:

Pour 1 gallon of boiling water in mixing bowl. **HAND MIX:** Add potatoes, stir constantly with whisk. **MACHINE MIX:** Using whipp attachment, mix on low; slowly add product. Scrape bowl, whip on high until fluffy (1 1/2 minutes). Ready to serve or add recipe ingredients. Add more boiling water to make potatoes thinner, more potatoes to make thicker. For varying quantities add 1 part potatoes to 2 parts boiling water. This is a complete product.

Nutrition Claims: Gluten Free, Kosher Dairy

I certify that the above information is true and correct when prepared according to directions.

Joe E. Bailey, Regulatory Operations Manager

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