

Meatloaf Cupcakes



Cupcakes – those little frosted cakes baked in a muffin tin and snuggled in colorful paper liners – are a hot commodity. Indeed, editors at The Food Channel® list cupcakes among the top 10 food trends of the last decade.

Sysco Classic® Potato Pearls® Excel®

It doesn't get easier than Sysco Classic® Potato Pearls® Excel® with no mix preparation and consistent rich butter taste.

FEATURES AND BENEFITS

Starting Point

Easy to customize.

Easy Prep

Perfect mashed potatoes by hand or machine.

Sysco Classic® Potato Pearls® Excel

Consistent plate presentation every time.

Long-Lasting

Outlast the competition with longer holding times.





Meatloaf Cupcakes

PREPARATION INSTRUCTIONS

Ingredients

- 1½ lbs. 85% fat free ground beef
- ¾ cup (2 oz) uncooked oats, quick or old-fashioned
- ¾ cup (6 oz) tomato juice
- ½ cup or 2 large eggs
- ½ cup (2½ oz) minced onion
- ¾ tsp. salt
- ½ tsp. black pepper
- ½ cup ketchup
- 1½ cups (6 oz) Sysco Classic® Potato Pearls® Excel®
- 3 cups boiling water

Step 1 Combine beef with next 6 ingredients; mix well. Divide mixture among 12 medium muffin cups lined with foil liners (heaping ⅓ cup or 3 oz in each), pressing down and smoothing top of meat mixture.

Step 2 Spread ketchup evenly over meat mixture. Bake in convection oven at 325°F for 20 minutes, or standard oven at 350°F for 30 minutes, or until internal temperature of meat mixture reaches 165°F.

Step 3 Cover Potato Pearls® with boiling water; mix well for 20 seconds to ensure even distribution. Let stand 5 minutes to thicken. Pipe hot potatoes over baked meatloaf cupcakes.

Step 4 Optional topping: shredded cheddar cheese

Yield: 12 servings
Serving size: 1 cupcake

Already creating your own meatloaf? For an interesting way to serve, slice the meatloaf and top with mashed potatoes and finish in the salamander.

For more recipe ideas visit baf.com



PACKAGING AND YIELD INFORMATION	
	Potato Pearls® Excel® Mashed Potatoes
Case Pack	12/28 oz. pouches
Net Weight (lb)	21
Gross Weight (lb)	22.4
Prepared Yield per Carton (lb)	9.5
Prepared Yield per Case (lb)	114
½ Cup Servings per Carton	40
½ Cup Servings per Case	480

ITEM NUMBER	PACK/SIZE	BRAND	DESCRIPTION
3327848	12/28 oz. pouches	Sysco Classic	Potato Pearls® Excel®

