

Child Nutrition Meal Pattern Contribution
Basic American Foods SKU 10379
Potato Pearls® Gold Mashed Potatoes, 8/31.9 oz. pouches

Product Formulation Sheet:

Description of Credible Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/Purchase Unit	Creditable Amount (Quarter Cups)
Potatoes, dehydrated, Granules Low moisture Includes USDA Commodity	Starchy	0.3168	X	3.1563	1.00
Potatoes, dehydrated, Granules Low moisture Includes USDA Commodity	Starchy	0.6337	X	3.1563	2.00
Total Creditable Vegetable Amount:		1.00 / 2.00		Total Cups Starchy:	0.25 / 0.50



Nutrition Information			
USDA Vegetable	1/4 cup	1/2 cup	
Contribution Equivalent	11.36 g	22.73 g	
Calories*	45	90	
Protein*	less than 1g	2 g	
Carbohydrate*	8 g	16 g	
Dietary Fiber*	less than 1g	1 g	
Sugars*	less than 1g	1 g	
Total Fat*	1 g	2 g	
Trans Fat*	0 g	0 g	
Saturated Fat*	0 g	0.5 g	
Cholesterol*	0 mg	0 mg	
Iron	0.10 mg	0.20 mg	
Calcium	9.90 mg	19.81 mg	
Sodium*	180 mg	350 mg	
Potassium*	70 mg	135 mg	
Vitamin A	11.08 IU	22.16 IU	
Vitamin C	3.22 mg	6.45 mg	

* calculated using FDA Nutrition Facts rounding rules

SERVING SIZE MEASURE/WEIGHT	MEAL PATTERN CONTRIBUTION EQUIVALENT	EQUIVALENT SERVINGS PER BAG	EQUIVALENT SERVINGS PER CASE
2.13 oz.	1/4C Vegetable/Starchy	79.58	636.64
4.26 oz.	1/2C Vegetable/Starchy	39.79	318.32

Ingredients: Gold Flesh Potato (Dry), Potato (Dry), Butter Blend [Non Dairy Creamer (Corn Syrup Solids, Partially Hydrogenated Soybean Oil, Sodium Caseinate, Dipotassium Phosphate, Mono and Diglycerides), Dehydrated Butter (Cream, Salt), Nonfat Milk, Sodium Caseinate, Annatto Color, BHT and Natural Flavor], Nonfat Dry Milk, Salt, Canola Oil, Less than 2% of: Modified Food Starch, Artificial Color, Mono and Diglycerides, Natural and Artificial Flavor, Freshness Preserved with Sodium Bisulfite, Citric Acid and BHT. Contains Milk.

Packaging and Storage Information: Store cool dry (less than 80 degree F); 270 Days (minimum).

Preparation and Cooking Instructions

1. Pour 4 Liters (1 Gallon plus 1 Cup) hot water (170-190°F) into 6" deep half steamtable pan. 2: Add entire pouch of potatoes into water and stir for 30 seconds. 3: Let stand for 5 minutes. Stir and Serve.

Nutrition Claims: Gluten Free, Kosher Dairy.

I certify that the above information is true and correct when prepared according to directions.

Joe E. Bailey, Regulatory Operations Manager

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