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## Child Nutrition Meal Pattern Contribution Basic American Foods SKU 10215 WHIPP® Mashed Potatoes Complete w/Vitamin C 6/5.31# Cans

## **Product Formulation Sheet:**

Description of Credible Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/Purchase Unit	Creditable Amount (Quarter Cups)
Potatoes, dehydrated, Granules Low moisture Includes USDA Commodity	Starchy	0.3168	x	3.1563	1.00
Potatoes, dehydrated, Granules Low moisture Includes USDA Commodity	Starchy	0.6337	х	3.1563	2.00
Total Creditable Vegetable Ar	table Vegetable Amount: 1.00 / 2.0		0	Total Cups Starchy:	0.25 / 0.50



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USDA Vegetable	1/4 cup		1/2 cup	
Contribution Equivalent	9.36	g	18.72	g
Calories*	35		70	
Protein*	less than 1g		2	g
Carbohydrate*	8	g	15	g
Dietary Fiber*	less than 1g		1	g
Sugars*	less than 1g		1	g
Total Fat*	0	g	2	g
Trans Fat*	0	g	0	g
Saturated Fat*	0	g	0	g
Cholesterol*	0	mg	0	mg
Iron	0.10	mg	0.19	mg
Calcium	5.88	mg	11.76	mg
Sodium*	10	mg	20	mg
Potassium*	60	mg	120	mg
Vitamin A	1.14	IU	2.27	IU
Vitamin C	16.29	mg	32.59	mg

SERVING SIZE MEASURE/WEIGHT	MEAL PATTERN CONTRIBUTION EQUIVALENT	EQUIVALENT SERVINGS PER CAN	EQUIVALENT SERVINGS PER CASE
1.82 oz.	1/4C Vegetable/Starchy	257.38	1544.28
3.64 oz.	1/2C Vegetable/Starchy	128.69	772.14

**Ingredients:** Potato (Dry), Whey Product (Whey, Calcium Caseinate, and Calcium Stearoyl-2-Lactylate), Mono and Diglycerides, Ascorbic Acid (Vitamin C), Calcium Stearoyl-2-Lactylate. Freshness Preserved with Sodium Bisulfite and BHT. Contains Milk and Sulfite.

Packaging and Storage Information: Store cool dry (less than 80 degree F); 365 Days (minimum).

## **Preparation and Cooking Instructions:**

1. Pour: 12 quarts boiling water in mixer bowl. (Optional: add butter, salt or other ingredients). 2. Add Potatoes and Mix: using whip attachment, mix on low and slowly add potatoes. Mix for one minute. Scrape bowl, whip on high until fluffy (3-5 minutes). 3. Serve. Add more boiling water to make potatoes thinner or more potatoes to make thicker.

Nutrition Claims: Gluten Free, Low Sodium, Kosher Dairy.

I certify that the above information is true and correct when prepared according to directions.

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