

shredded turkey enchilada



Serving Suggestion



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portion size:
1 enchilada

Ingredients	50 Servings		100 Servings		Directions
	Measure	Weight	Measure	Weight	
JENNIE-O® Shredded Turkey Thigh Meat, #2202-20, thawed		7 lbs. 8 oz.		15 lbs.	<ol style="list-style-type: none"> Mix turkey, cumin, onion powder, and enchilada sauce together. Spread ½ c. (#8 scoop) turkey mixture down middle of each tortilla. Roll up. Spread a thin layer of enchilada sauce in bottom of 2" deep pans. Lay enchiladas seam side down in pans. Cover enchiladas with remaining enchilada sauce. Sprinkle cheese evenly over enchiladas. Bake at 350°F for about 30 minutes to reach an internal temperature 145°F, sauce bubbles and cheese is melted. Hold at 140 °F until service.
Cumin, ground	1¼ c. 1 tbsp.		½ c. 2 tbsp.		
Onion powder	5 tsp.		3 tbsp.		
Enchilada sauce, prepared or canned	3 c.		1 qt. 2 c.		
Tortillas, whole grain, 8" (44g)	50 ea.		100 ea.		
Enchilada sauce, prepared or canned	2 qt. 2 c.		1 gal. 1 qt.		
Cheddar cheese, shredded		1 lb. 8 oz.		3 lbs.	

1 serving provides 2 oz. meat/meat alternate and 1½ servings bread/grain.

Nutrients Per Serving					
Calories	301 cal	Trans Fat	0 g	Carbohydrates	24 g
Fat	13 g	Cholesterol	66 mg	Dietary Fiber	4 g
Saturated Fat	5 g	Sodium	756 mg	Protein	18 g

For preparation by a food preparation establishment only, according to the food code or equivalent.