

# island taco



Serving Suggestion



## island taco

portion size:  
1 taco

Ingredients	50 Servings		100 Servings		Directions
	Measure	Weight	Measure	Weight	
Jerk style seasoning mix					<ol style="list-style-type: none"> <li>Mix all jerk style seasoning ingredients in a bowl. Keep in an air tight container.</li> <li>Mix turkey with jerk seasoning then heat to 140°F and cook for 30 minutes.</li> <li>Combine all pineapple salsa ingredients.</li> <li>Warm tortillas. Fill each tortilla with 2 ½ oz. (#8 scoop or ½ c.) seasoned turkey. Top with a #8 scoop (½ c.) salsa.</li> </ol>
Allspice, ground	3 tbsp.		¼ c. 2 tbsp.		
Cinnamon, ground	1 tsp.		2 tsp.		
Sugar, light brown	¾ c.		1 ½ c.		
Cumin, ground	1 tsp.		2 tsp.		
Red pepper flakes	1 tbsp.		2 tbsp.		
Cloves, ground	1 tsp.		2 tsp.		
Pepper, black	1 ½ tsp.		1 tbsp.		
Salt	1 tsp.		2 tsp.		
JENNIE-O® Shredded Turkey Breast, #2201-20, thawed		8 lbs.		16 lbs.	
Jerk style seasoning	¾ c.		1 ½ c.		
Pineapple salsa					
Pineapple tidbits, canned, drained	3 #10 cans		6 #10 cans		
Onion, diced, ¼"	3 c.		1 qt. 2 c.		
Red bell pepper, diced, ¼"	3 c.		1 qt. 2 c.		
Jalapenos, diced, fresh or canned	¾ c.		1 ½ c.		
Cilantro, chopped	1 ½ c.		3 c.		
Lemon juice	¾ c.		1 ½ c.		
Tortillas, whole grain, 8" (44g)	50 ea.		100 ea.		

Serving suggestion: Instead of 1 large taco, a serving could be two tacos made with 6" tortillas each filled with ¼ c. (#16 scoop) turkey and ¼ c. salsa.

1 serving provides 2 oz. meat/meat alternate,  
1½ servings bread/grain, and ½ cup fruit.

For preparation by a food preparation establishment only,  
according to the food code or equivalent.

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### Nutrients Per Serving

Calories	277 cal	Trans Fat	0 g	Carbohydrates	19 g
Fat	4 g	Cholesterol	35 mg	Dietary Fiber	3 g
Saturated Fat	1 g	Sodium	527 mg	Protein	23 g