tater topped breakfast bake





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portion size: 1 square

	50 Servings		100 Servings				
Ingredients	Measure	Weight	Measure Weight		Directions		
JENNIE-O® Turkey Sausage with Spicy Italian Seasoning, #639630, thawed		3 lbs. 14oz.		7 lbs. 12 oz.	1. Use 12"x20"x2.5" pans, 2 and one ½ pans for 50 serving and 5 pans for 100. Evenly divide sausage crumbles amo		
Cheddar cheese, shredded		1 lb. 10 oz.		3 lbs. 4 oz.	the pans.		
Eggs, large, beaten	16 ea. (1qt)		32 ea. (2qt)		2. Sprinkle 12 oz. cheese evenly over turkey in each pan.		
Milk, lowfat, 1%	2 qt. 2 c.		1 gal. 1qt.		3. Mix eggs and milk together. Pour evenly over each pan.		
Tater tots		8 lbs.		16 lbs.	4. Arrange 3.5 lb. tater tots on top in each pan. 5. Bake in 425° F oven for 30-35 minutes until tater tots have		
					browned and eggs are set.		

1 serving provides 2 oz. meat/meat alternate, and $\frac{1}{2}$ c. vegetable.

Calories	298 cal	Trans Fat	0 g
Fat	17 g	Cholesterol	101 mg
Saturated Fat	6 g	Sodium	783 mg
	Fat	Fat 17 g	Fat 17 g Cholesterol

Nutrients Per Serving										
Calories	298 cal	Trans Fat	0 g	Carbohydrates	23 g					
Fat	17 g	Cholesterol	101 mg	Dietary Fiber	3 g					
Saturated Fat	6 g	Sodium	783 mg	Protein	15 g					

6. Hold at 135° F until service. Cut each pan into 20 servings.