



MCINTOSH HIGH CHIEFS

LIFT-A-THON SPONSOR PLEDGE SHEET

Sponsors may pledge either a fixed amount or a pledge per pound lifted.

For example, a pledge could be a fixed amount such as \$10, or a pledge could be 2¢ per pound, for instance. If the player were to lift a total of 700 pounds, then your total pledge at 2¢ per pound would be \$14.00.

Pledge monies will be collected **AFTER** lift total is achieved and the total weight has been certified.

Sponsor Individual/Business Name	Dollar Amount Pledge	Pledge per Pound	TOTAL WEIGHT LIFTED	TOTAL PLEDGE	COLLECTED (Y/N)
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					
15					
16					
17					
18					
19					
20					
21					
22					
23					
24					

Sponsor Individual/Business Name	Dollar Amount Pledge	Pledge per Pound	TOTAL WEIGHT LIFTED	TOTAL PLEDGE	COLLECTED (Y/N)
25					
26					
27					
28					
29					
30					
31					
32					
33					
34					
35					
36					
37					
38					
39					
40					
41					
42					
43					
44					
45					
46					
47					
			TOTAL PLEDGES		

McIntosh High School Chiefs
Glenn Griffin, Head Football Coach

Player Name _____

I hereby certify that the above named player lifted the weight amounts below for the total as shown:

Bench Press _____ Squat _____ Power Clean _____ TOTAL _____

Coach's Certification _____