FIFTH ANNUAL HEALTHY CHOICES FOR CHILDREN: LINKING RESEARCH AND PRACTICE IN CHILDHOOD OBESITY PREVENTION

CONFERENCE AGENDA APRIL 5, 2011

Registration and Beverage Service

8:15-8:45 am

8:45-9:00 am	Welcome and Introductions Woodie Kessel, MD, MPH Assistant Surgeon General, USPHS, (ret)
9:00-10:00 am	Joanne Slavin, PhD, RD Your Guide to the 2010 Dietary Guidelines Professor, Department of Food Science and Nutrition, University Of Minnesota Member, 2010 Dietary Guidelines Advisory Committee
10:00-11:00 am	Dayle Hayes, MS, RD Strong Bodies, Smart Minds: Unified Strategies to Prevent Childhood Obesity, Promote Healthy Weights and Academic Success President, Nutrition for the Future, Inc. Chair, School Nutrition Services Dietetic Practice Group, American Dietetic Association
11:00-11:30 am	Break
11:30-12:30 pm	Katie Brown, EdD, RD, LD Lead the Way with Kids Eat Right! Director, Kids Eat Right campaign,

American Dietetic Association

Foundation

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12:30-1:30 pm	Lunch
1:30-3:00 pm	Building a Healthier School Environment Panel Discussion Woodie Kessel, MD, MPH Assistant Surgeon General, USPHS, (ret) BJ Carter, MS, Director, Healthy Children Healthy Futures Jim Quail, District 14 Superintendant, N.Y.C. Department of Education Liza Caraballo, Principal PS 120 Jackie Newgent, RD, CDN, Nutrition Consultant, Healthy Children Healthy Futures

Emily Ortiz, Parent, PS 120

Adjournment, Evaluation and



3:00 pm

4 hours of Continuing Education Credits to be awarded (Currently pending approval by Commission on Dietetic Registration and NYS School Nutrition Association)

[Program subject to change without notice]

Conference Site:

New York Academy of Medicine, Room 20 1216 Fifth Avenue, New York, N.Y. 10029 (212) 822-7272 www.nyam.org

Directions:

The Academy is located at the corner of Fifth Avenue and 103rd Street. The entrance is on 103rd Street.

By Subway

Take the #6 local train to 103rd Street. Walk west on 103rd Street; after crossing Park Avenue, turn right and walk a few yards, and then turn left onto the path through the garden of Carver Houses to Madison Avenue. Continue west on 103rd Street almost to Fifth Avenue. The entrance to the Academy is on 103rd Street.

By Bus

From south of 103rd Street

On Madison Avenue, take a northbound M1, M2, M3, or M4 bus to 103rd Street. Walk west on 103rd Street almost to Fifth Avenue. The entrance to the Academy is on 103rd Street.

From north of 103rd Street

On Fifth Avenue, take a southbound M1, M2, M3, or M4 bus to 103rd Street. The entrance to the Academy is on 103rd Street, on the southeast corner of the intersection of 103rd Street and Fifth Avenue.

For further directions visit: www.nyam.org

REGISTRATION FORM Please print

Name:
Title/Position:
School/Agency:
Email:
Telephone (day):
Would you like to receive information from Action for Healthy Kids?YESNO
Type of Continuing Education Credit Requested: □ ADA CPEU □ NYS SNA CEU

\$40.00 for Students

Non-refundable registration fee includes morning beverage service, lunch, and all conference materials.

Registration & payment must be received by March 22, 2011

Payment Type:

Registration Fee: \$75.00

- () Credit card payment via PayPal at <u>www.ActionforHealthyKids.org/2011NYSummit</u> (Students will be asked to show current student ID card at the door)
- () Personal Check made payable to *ADADC*. Students must mail photocopy of current student ID card with check payment.

Mail check payments and completed registration form to:
American Dairy Association and Dairy Council, Inc.
Attention: Health Professional
Interstate Place II
100 Elwood Davis Road
North Syracuse, NY 13212

For further information, please contact Marie Riska at (315) 472-9143 or mriska@adadc.com

American Dairy Association and Dairy Council, Inc. Interstate Place II 100 Elwood Davis Road North Syracuse, NY 13212

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Tuesday, April 5, 2011 8:15am – 3:00pm

With special guest Woodie Kessel, MD, MPH Assistant Surgeon General, USPHS, (ret)



New York Academy of Medicine Room 20 1216 Fifth Avenue (103rd Street)

Sponsored by:

Action for Healthy Kids - NYC
American Dairy Association and Dairy Council
Cornell University Cooperative Extension - NYC
New York Academy of Medicine: Section of
Pediatrics and Clinical Nutrition

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CONFERENCE OVERVIEW

Description:

Obesity Prevention is a public health concern. Managing overweight and obesity is critical to the prevention of disease and promotion of good health. After attending this conference participants will be able to:

- 1. Learn supporting science behind expanding breakfast in the classroom programs that positively impact the school-aged child's nutritional and academic status.
- 2. Identify and activate programs to tackle the childhood obesity epidemic, including the American Dietetic Association Foundation's Kids Eat Right campaign and Fuel Up to Play 60.
- 3. Learn the science behind the 2010 Dietary Guidelines for Americans and its practical implementation.

Target Audience: Registered Dietitians, Pediatricians and School Nutrition Administrators. Health and human service professionals and advocates from the fields of public health, fitness, nutrition, health, education, and related disciplines are welcome to attend the conference.

All proceeds from this conference will be donated to Action for Healthy Kids – NY.

Registration Fee: The non-refundable conference registration fee is \$75.00 with a \$40.00 student rate. Make check payable to: ADADC.

Deadline! Please submit your registration form and fee by March 22, 2011.

This Conference is sponsored by:







