



Epicureans

Summer 2018

Upcoming Meetings & Events:

ACF of Greater Buffalo GOLF TOURNAMENT



15TH ANNUAL GOLF OUTING
SENECA HICKORY STICK
GOLF COURSE
4560 CREEK RD.
LEWISTON, NY 14092

AUGUST 6, 2018
SIGN IN 11:00 AM
SHOTGUN START 12:30

CONTACT JOHN MATWIJKO
FOR MORE INFO:
 (716) 574-0209

Golf Forms inside this issue of Epicureans!

Reservations are needed to assist our meeting facilities to better serve the amount of people attending— please be professional and make reservations in advance!

Inside:

Officers and Board	2
Save the Date	3
Help Wanted	3
People in the News	4

The President's Message

Finally, the weather has turned and there will be warm sunny days ahead for us! Summer in Buffalo is the best with outdoor activities to take part in as well as many new restaurants to try. June is always a busy month for our industry. Country Clubs/restaurants/caterers begin their busy season with golf, the wedding season and graduations. There are many opportunities for employment in the area. Buffalo is still on the rise with new restaurants, markets, pop-up shops, waterfront dining. For our Culinary graduates, it is very promising. Work is everywhere and it is exciting to see.

April 21 and 22, our Chapter hosted a “Culinary Salon”, chaired by Scott Steiner, CCE at Niagara Falls Culinary Institute. There was a “live” ice carving competition as well as pastry/bread display competition day one. Day two was the hot food competition. We had participants from our Chapter as well as Rochester and few other areas. Thank you to Peter and Mary Lou Huebner from Canada Cutlery for sponsoring the Salon/Medals for this event. Stafford DeCambra, the ACF National President was lead judge, along with Chefs Albert Imming, CEPC and Larry Matson, CEC, AAC. It was an impressive display of culinary talent. Once again, it was exciting to observe the competitors, as they test their skills under pressure and with their peers. The chefs walk away feeling empowered and confident. All participants mentioned they would like to compete again next year! Thanks Chef Steiner for facilitating another successful Salon.

Sunday June 24, we honor the 2018 Chef of the Year recipient, Neal Plazio, CEC. The gala dinner will be held at UB Center for Tomorrow, on the UB North Campus Flint Road Entrance. Chef Plazio is employed at UB as Executive Chef for Dining and Shops. Renata Marchione, GM of Three Pillars Catering and Executive Chef Jessica Arends and their team, are eager to host the event. The ACF Executive Director, Heidi Cramb will be attending the dinner. We are honored to have Heidi celebrate this wonderful evening with Chef Plazio and the Chapter. Please note the RSVP date and dinner details on the invitations.

The 15th Annual Golf Outing will be held at Seneca Hickory Stick Golf Course in Lewiston, NY Monday, August 6, 2018. This is a fun event and good opportunity to catch up with friends while relaxing on the course. If golf is not for you, please join us for a steak dinner in the evening. As always, lot of prizes and winners for longest yard and closest to the pin. Please contact event chair, John Matwijkow, CCE (tweek34@aol.com or 716-574-0209) to organize your teams. We have corporate sponsorship teams as well as individual foursomes. Tee sponsors and Program Advertising are always welcome.

Enjoy the summer. Practice your golf swing and get that hole in one!

Fraternally yours,

Jacqueline Bamrick, CEC,AAC

2018 Board of Directors



*Fine Restaurants,
Hotels, Institutions,
Clubs, Pizzerias,
Colleges, & Schools
in the WNY Area*

530 Bailey Avenue • Buffalo, NY 14206
(716) 823-6600 • 1-888-823-4200
Fax (716) 823-1718

ASK FOR:
Mr. "T" John Kencik Tim Biddle Philip Tarantino Mike Bova
Bobby Orzechowski Tim English Mark Christy
Kevin Heping Liu James Sitarek

Serving only the FINEST
Specialty Produce Unipro - ProAct Distributor



Est. 1965

Restaurant & Banquet Facility
(716) 825-3675
3785 South Park Ave., Blasdell, NY
www.iliodipaolos.com

- Lunch
- Dinner
- Take-Out
- Banquets
- Catering
- Award Winning Wine List
- Gluten-Free Menu



J. H. Dodman Co., Inc.
Fine Meat Products
Buffalo, New York
(716) 854-3286 • Fax 854-1718



Palmer's is New York's oldest family-owned and operated, full-line food service distributor.
800-888-3474
www.palmerfoods.com




Provider of
Specialty Micro Greens

**ORGANIC
TOP QUALITY
LOCALLY GROWN**

BETSIE MENCHETTI
mtgs1@verizon.net

PO Box 574 Kenmore, NY 14217 Phone 716-864-1609 Fax 716-549-4791

MetroMicros.com

Founder

Angelo E. Pefanis, CCE/AAC/CFE
H: 716-835-0444

Chairman of the Board

Neal Plazio, CEC
UB Dining & Shops
W: 645-5013
C: 374-0488
E: nplazio@verizon.net

President

Jacqueline Bamrick, CEC, AAC
Erie Community College
H: 361-1473 W: 716-851-1035
E: bamrick@ecc.edu

Vice President

Maria Iacovitti, CEPC
Panera Bread, LLC
H: 835-0223
E: ma_rias208@hotmail.com

Secretary

Jane Cooke
This Little Pig
C: 716-480-2392
E: janemaid23@gmail.com

Treasurer

Ben Loomis, CEC
Niagara Falls Culinary Institute
C: (845) 544-3092
E: bloomis@niagaracc.suny.edu

Sergeant-at-Arms

Monte Dolce
C: 716-604-8881
E: kdolce@mac.com

Directors-at-Large

John Burden, CEC, AAC
C: 716-946-3921
E: chefburden@yahoo.com

Robert Lukasik
Erie Community College
H: 491-9131
E: lukasik@ecc.edu

Nathan R. Koscielski, CCE
Niagara Falls Culinary Institute
C: (716) 417-4468
E: chefnatek@gmail.com

Epicurean Editor in Chief

Robert Lukasik
Erie Community College
H: 491-9131
E: lukasik@ecc.edu

Junior Board Member

Jaime Graves
Double Tree by Hilton Niagara Falls
C: (607) 346-4370
E: sapphirestar@14821@yahoo.com

Associate Members

Ted Kavanagh
Sysco Foodservice
C: (716) 417-3999
E: Kavanagh.Ted@Syr.Sysco.com

Charles Martin
H: 716-674-0192 C: 716-359-5950
W: 800-632-6328 VM: 227
E: cmartin@maplevalefarms.com

Dorothy Morton
BHS Foodservice Solutions
W: 691-8080 Ext. 3042
dorothym@bhsfoodservicesolutions.com

Appointed Positions

Certification **Mark Wright, CEC/AAC**
Erie Community College - North Campus
H: 716-826-7054 W: 716-270-5256
E: Cheftvcc@aol.com

Historian **John Matwijkow, CCE**
NFCI/Unique Culinary Concepts
H: 716-775-0365 W: 716-614-6482
C: 716-574-0209 F: 716-614-6833
E: Tweeko34@aol.com

Education Chairperson **Monte Dolce**
C: 716-604-8881
E: kdolce@mac.com

Social Chairperson **Phyllis Venezia**
H: 716-699-2223
E: louisV1923@yahoo.com

Articles and information for the newsletter are subject to editing and condensation. Because of the limited space in the newsletter, we are not always able to publish all articles and information. In addition, use of articles and information without express permission of the ACF of Greater Buffalo is strictly prohibited.



Save the Date

Upcoming Events

CHEF OF THE YEAR DINNER
 UB CENTER FOR TOMORROW
 JUNE 24, 2018 AT 5:00

**ACF COOK CRAFT CREATE
 CONVENTION & SHOW**
 JULY 15- 19TH 2018
 HYATT REGENCY NEW ORLEANS

GOLF TOURNAMENT
 SENECA HICKORY STICK GOLF COURSE
 AUGUST 6, 2018
 SIGN IN 11:00 AM • SHOTGUN START 12:30
 4560 Creek Rd. • Lewiston, NY 14092



FAX: (716) 893-6466
 1-800-338-5011
 E-mail: bestserv@aol.com
 Installations • Repairs
 Service Contracts • Parts
 Commercial Kitchen Equipment
Buffalo's Expert Service Technicians, Inc.
 3003 Genesee Street • Buffalo, New York 14225 • 893-6464

HELP WANTED

Please contact Rob Lukasik- lukasik@ecc.edu if your facility is in need of employees. We can post the ads in our newsletter and get the news to all of our local culinary schools.

Seneca Niagara Resort and Casino
 Sous Chef
 FT and PT Cook positions
 Fine Dining, Casual, High Volume,
 and Banquet positions available

Buffalo Creek
 Sous Chef
 FT and PT Cook Positions
 3 New Restaurants- The Creek,
 WD Bar and Grill, and Savours

Both Locations offer competitive pay upon experience

- 2 weeks vacation
- 7 paid holidays
- Medical/Dental/Vision Coverage
- 401K/Life Insurance
- Laundry Service
- Free Gym Membership
- OnSite Medical Assistance

Please Note Directions on How to Join the ACF Online:

- 1) Go to <http://www.acfchefs.org>
- 2) Find the JOIN option under the MEMBERSHIP tab
- 3) Click the blue JOIN TODAY button on the right side
- 4) Enter your zip code and select the ACF of Greater Buffalo New York (NY061)
- 5) Click the blue JOIN TODAY button and select your level of membership
- 6) Fill our your information (name, work address, etc.)
- 7) Click SUBMIT and wait for email confirmation of your membership
- 8) Welcome to the ACF of Greater Buffalo!

Membership at a Glance May 2018

Membership Type	Count	Percentage
Allied	1	0.60 %
Associate:	11	6.30 %
Culinarian:	8	4.50 %
Culinary Enthusiast:	3	1.70 %
Professional Culinarian:	111	63.1 %
Senior Professional Culinarian:	11	6.30 %
Student Culinarian:	38	17.6 %
Total Membership Count:	176	

ACF OF GREATER BUFFALO DUES RENEWAL NOTICE

Please be aware if you are a chapter member with your dues up for renewal, and not updated by the due date, your newsletter will be delayed or not renewed until your membership is up-to-date

Please be aware to also check your certifications status for 2017



CULINARY QUIZ

1. What food product was responsible for the frequent epidemics Holy Fire and St. Anthony's Fire? Symptoms included progressive gangrene and mental derangement.
2. What are the top two selling spices in the world?
3. What milk is used to make authentic Italian mozzarella cheese?
4. What tree do prunes come from?
5. What does a Laitram Machine peel?

Answers on page 13

people in the news

Sympathy / Prayers / Congratulations / General Comments:

The Buffalo Chapter ACF **website address is changed**. It can now be accessed through: www.acfbuffalo.com or www.acfbuffalo.org. The site is updated and contains current board member list and the social meetings for each month.

Thank you to Chef Scott Steiner CCE, AAC for Chairing the Culinary Salon. It was an excellent experience for all involved in the competition. Thanks also to Nathan Koscielski, CCE for preparing breakfast and lunch the day of the event and to NFI for hosting.

Congratulations to John Matwijko, CEC on being selected as an Honorary American Academy of Chefs Fellow. John will be inducted at the Cook, Craft and Create Convention in July in New Orleans along with all the 2018 inductees.

It is imperative to keep your contact information current at the ACF National Office. Notify Kathy Adams (kadams@acfcchefs.net) with any changes re: email, phone number and address. The office is very attentive and responds quickly.

IMPORTANT NOTE! As previously announced, the Epicurean will no longer be printed and mailed out. We have gone to a digital format. For anyone concerned about access to a computer, we can still print a limited number of copies. Contact Charlie Martin at 716-359-5950



Chef OF THE Year ²⁰¹⁸

**CHEF OF THE YEAR DINNER
HONORING
NEAL PLAZIO, CEC
WILL BE HELD AT:**

**THE UB CENTER FOR TOMORROW
JUNE 24, 2018
5:00 PM**



SYSCO FOODSERVICE OF SYRACUSE



*North America's Leading Marketer
of Quality Assured Foodservice Products*

SYSCO Fresh Express Next Day Delivery for fresh portion cut meats and seafood

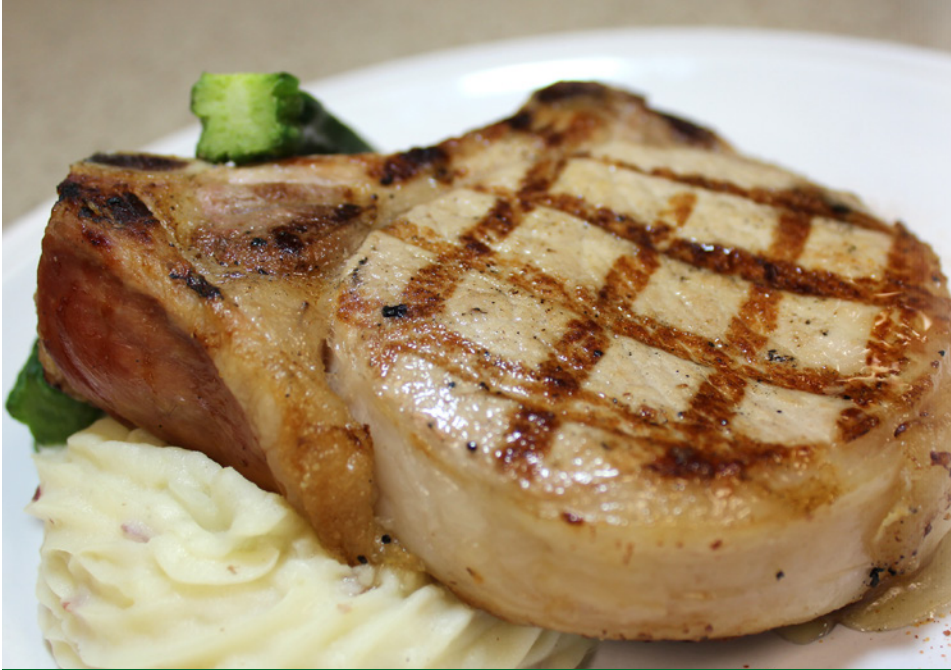


Good things
come from
Sysco[®]



- *Advanced Restaurant Finance*
- *Bevinco*
- *Micros*
- *NOVA Network*
- *Yellow Pages*

Contact us at 1-800-736-6000
or email at www.sysco.com



***Proudly Serving
Western NY and
the tri-state area
for over 65 years***

***Over 10,000 items to meet
your needs, many from
local manufacturers***

On Site Meat Processing

Fresh Seafood

800-632-6328 • 716-355-4000 • www.maplevalefarms.com



Programs in

- Culinary Arts
- Baking and Pastry Arts
- Brewing Science
- Hotel Restaurant Management

For More Information

North Campus 851-1391 City Campus 851-1034



Culinary Salon

On Saturday April 21st and Sunday April 22nd the Buffalo Chapter of ACF in conjunction with NFCI hosted our 2nd annual student and professional culinary competition. Thank you to Canada Cutlery (Peter and Mary Lou Huebner) for sponsoring the event. Thank you to our judges, National President Stafford DeCambra CEC, CCE, CCA, AAC, Albert Imming CMPC, AAC and Larry Matson CEC, CCE, AAC. The competitions went off without a hitch and everyone who participated earned enough points to receive a medal. Congratulations to all of the contestants. The hard work and practice really payed off. I would like to thank our President Jackie Bamrick CEC, AAC and the board of directors for allowing us to plan this event. Additionally I would like to thank our American Academy of Chefs Chair, Mark Wright for all of his assistance with the judges, the transportation and scorekeeping. To all of the staff and students at NFCI who worked through the weekend to make this event a success (Nathan Koscielski CCE, Mark Mistriner CEC, AAC, John Matwijkow CCE, Sabrina Faso, Seana Sullivan, Cathy Barron CEPC, Joy Letson CC, Cathy Piske) Thank you very much! For more pictures of the event visit our Facebook group ACF of Greater Buffalo.

Competition Pictures



Culinary Salon Gold Medalists



Sign-up and pay with a credit card online at:
www.acfofbuffalo.net



Seneca Hickory Stick Golf Course
4560 Creek Rd
Lewiston, NY 14092

American Culinary Federation
Greater Buffalo New York

15th Annual Golf Outing
Seneca Hickory Stick Golf Course
August 6, 2018
Sign-in @ 11:00AM – Shot-Gun Start @ 12:30

Corporate Sponsor

\$650

Includes

Greens Fee, Cart, Lunch, Cocktails,
Dinner for 4 Golfers, Two Tee Signs and Gift Bags.

Foursome

1. _____
2. _____
3. _____
4. _____

Sign to Read

Send completed form and payment to
ACF of Greater Buffalo
116 Garden Parkway
Grand Island, NY 14072

Sign-up and pay with a credit card online at:
www.acfofbuffalo.com



Seneca Hickory Stick
Golf Course
4560 Creek Rd
Lewiston, NY 14092

American Culinary Federation
Greater Buffalo New York

15th Annual Golf Outing
Seneca Hickory Stick Golf Course
August 6, 2018

Sign-in @ 11:00AM – Shot-Gun Start @ 12:30

Individual Foursome

\$500

Includes

Greens Fee, Cart, Lunch, Cocktails,
Dinner for 4 Golfers and Gift Bags.

Foursome

1. _____
2. _____
3. _____
4. _____

Send completed form and payment to
ACF of Greater Buffalo
116 Garden Parkway
Grand Island, NY 14072



American Culinary Federation
Greater Buffalo New York

15th Annual Golf Outing
Seneca Hickory Stick Golf Course
August 6, 2018

Sign-in @ 11:00AM – Shot-Gun Start @ 12:30

Tee Sponsor

\$125

Colored Sign with your Logo
You can provide the artwork or graphic designer will
design the sign for you

Sign to Read

Send completed form and payment to
ACF of Greater Buffalo
116 Garden Parkway
Grand Island, NY 14072



American Culinary Federation
Greater Buffalo New York

15th Annual Golf Outing
Seneca Hickory Stick Golf Course
August 6, 2018
Sign-in @ 11:00AM – Shot-Gun Start @ 12:30

Program Advertising

\$150

Inside Front Cover or Inside Back Cover,
5” Wide by 8” Long
You provide the art work

\$200

Back Cover,
5” Wide by 8” Long
You provide the art work

\$50

Patron Ad - ¼ Page
You provide the art work

**Send completed form and artwork to
ACF of Greater Buffalo
116 Garden Parkway ~ Grand Island, NY 14072**



SUPERIOR FOODSERVICE SOLUTIONS FROM
DESIGN TO SERVICE



DESIGN



EQUIPMENT



SUPPLIES



INSTALL



SERVICE

FORMERLY BUFFALO HOTEL SUPPLY CO., INC.
WWW.BHSFOODSERVICESOLUTIONS.COM
716.691.8080



CULINARY QUIZ

ANSWERS:

1. RYE FLOUR
2. PEPPER AND MUSTARD
3. WATER BUFFALO
4. THE PLUM TREE
5. SHRIMP

SHARE THE NEWS

Campus Dining & Shops has OPENINGS for COOKS

lead cooks & line cooks

CAMPUS
dining & shops

Making a difference, one plate at a time.

BUFFALO BUSINESS FIRST

B P t W

2019 BEST PLACES TO WORK



Includes generous benefits package including health insurance, vacation days, sick and personal days, paid holidays, financial savings plans, free meals, and many other discounts and perks!

Fill out an easy application **online** today

www.UBDiningJobs.com

All qualified applicants will receive consideration with employment without regard to race, color, religion, sex, or national origin



Superior Culinary Master®

2011 Associate Member of the Year, ACF Greater Buffalo New York Chapter

Proud Supporters of the ACF Greater Buffalo New York Chapter for over 20 Years!



Professional Tools Made in Europe, Guaranteed!

Visit our website at www.CCIKnives.com

1-800-698-8277 | Connect with us:    