



# Epicureans

Summer 2016

## Upcoming Meetings & Events:

**ACF of Greater Buffalo  
13th Annual  
Golf Outing**



**GOLF**

4560 CREEK ROAD  
LEWISTON, NEW YORK 14092

**MONDAY, AUGUST 1ST**

**SIGN-IN • 11:00 AM**

**SHOTGUN START • 12:30 PM**

**CONTACT: JOHN MATWIJKOW, CCE  
716-574-0209**

Please see forms in the  
back of Epicureans

Reservations are needed to assist  
our meeting facilities to better serve the amount  
of people attending— please be professional  
and make reservations in advance!

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## Letters from the Trenches!

Last summer I was extolling the need to reflect on what had come before, in a very existential way. I wanted people to think about their past year and consider how they could make it better. I wanted everyone to get into that special “zone” of cutting the grass and getting very meditative. Who’s got time for that?

The moments of being reflective are fleeting this summer, though I spent some quiet time in the car as I drove to Massachusetts. I feel like a conference junkie and I love it. I love the planning and the participation.

In March, UB hosted the National Association of College & University Food Services’ Northeast Regional Conference. I was involved with planning the Culinary Challenge, the Opening Reception, Tapping into Your Culinary Resources discussion panel, UB The Trend tasting and the final dinner Gala. And it was great. The real joy comes from participating though. I take so much away from every one of these conferences. The Chef Culinary Conference at the University of Massachusetts at Amherst is a wealth of knowledge. There were discussions of trends with demos and recipes, along with an opportunity for everyone to taste the items from the demos. There were discussions of initiatives to realign the way we think about vegetarian diets and make them more approachable with big flavors. And there was an opportunity to compete in an ACF sanctioned Market Basket competition. That might have been the best part of all.

As I prepare for the ACF National Convention, I am aware of many of the discussions that will take place. Many of the trends are known and a lot of the new products have been out since earlier in the summer. The thing that continues to be new is the interaction that takes place between attendees, presenters and vendors. There always seems to be a new way of doing things or a better way of addressing a situation. Even as I look over the agenda for the Board of Governors meeting, I’m thinking that many of the concerns we have at the chapter level are being considered at the national level. Finally the conference is rounded out with the ACF Student Team National Championship. The intricacies of competition continue to be fascinating. All of this makes for a knowledge packed conference.

Gandhi was quoted as saying, “Live as if you will die tomorrow, but learn like you will live forever.” I have often wondered if he was talking about chefs. We work so hard like there is no tomorrow, yet we are always eager to learn better and new ways. Make the most of every conference and opportunity to learn.

Professionally,  
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Articles and information for the newsletter are subject to editing and condensation. Because of the limited space in the newsletter, we are not always able to publish all articles and information. In addition, use of articles and information without express permission of the ACF of Greater Buffalo is strictly prohibited.

## 2016 Chef OF THE Year

Maria Iacovitti, CEPC

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 E: kdolce@mac.com

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Charles Martin  
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 E: cmartin@maplevalefarms.com

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 E: Tweeko34@aol.com

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 C: 716-604-8881 E: kdolce@mac.com

Social Chairperson .....Phyllis Venezia  
 H: 716-699-2223 E: louv1923@hughes.net



## Save the Date Upcoming Events

### ACF of Greater Buffalo 13th Annual Golf Outing



## GOLF

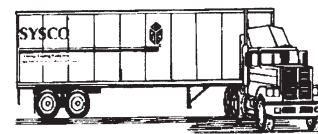
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## ACF of Greater Buffalo Membership at a Glance – July 2016

Membership Type	Count	Percentage
Associate:	8	4.80 %
Culinarian:	10	6.00 %
Culinary Enthusiast:	2	1.20 %
Professional Culinarian:	100	59.50 %
Senior Professional Culinarian:	15	8.90 %
Student Culinarian:	33	19.60 %
<b>Total Membership Count:</b>	<b>168</b>	



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To whom it may concern,

My name is John Matwijkow, I am the Chairmen of the Board of the American Culinary Federation of Greater Buffalo. Our organization is composed of culinary professionals from the Western New York Area. We have many chefs, managers, students, restaurants, country clubs, purveyors etc... in our networking community.

I am writing to request a donation of gift certificates, gift baskets and/or items of your choice for our annual Golf Outing on August 01, 2016 at Hickory Sticks in Lewiston, New York. This fundraising event showcases the culinary & hospitality professionalism in our area. This event is one of our chapter's fund raisers for the year, which utilizes proceeds for the junior/student members in competitions and scholarship opportunities. Many restaurants, schools, and distributors participate in this event by donating product, advertise with a tee/hole sign, partake with corporate sponsorship or donate raffle items.

This is a perfect opportunity for you to showcase your product and/or service. We would very much appreciate if you could assist in any way possible. There will be approximately 120 golfers.

If this is something that you might be interested in, please feel free to contact me at any time. Cell phone 716-574-0209 or by email: [tweeko34@aol.com](mailto:tweeko34@aol.com)

I look forward to hearing from you and developing an ongoing relationship with our organization.

Sincerely,

John Matwijkow, CCE  
ACF of Greater Buffalo Chapter  
Chairmen of the Board  
Golf Outing Chairperson  
[Tweeko34@aol.com](mailto:Tweeko34@aol.com)  
716-574-0209

## people in the news

**Thanks!** to **Michael Ferraro** and everyone at the **Saturn Club** for hosting the **Chef of the Year Dinner**. Thanks to all of those who attended for a fabulous night of celebration.

**Congratulations!** to **Maria Iacovitti, CEPC, Chef of the Year for 2016**. It is wonderful to pay honor to Maria as a chef and educator, along with her community involvement.

**Welcome!** to new members **Brigid M. Forrest** and **Caitlin E. Siresi**.

**Congratulations!** to **Jamie F. Graves, CPC** and **Kevin J. Kuhn, CC** on their certifications.

**Congratulations!** to **Dean Messina**, SUNY Fredonia, **Amelia Ruiz**, SUNY Buffalo, **Neal Plazio**, CEC, SUNY Buffalo, all of the ACF of Greater Buffalo, and **Amy Conger**, SUNY Potsdam for taking a **bronze medal** at the **University of Massachusetts Chef Culinary Conference Category W Market Basket Competition**.

**IMPORTANT NOTE!** As previously announced, the Epicurean will no longer be printed and mailed out. We have gone to a digital format. For anyone concerned about access to a computer, we can still print a limited number of copies.

Charlie Martin  
716-359-5950

## ACF OF GREATER BUFFALO DUES RENEWAL NOTICE

Please be aware that if you are a chapter member with your dues up for renewal, and not updated by the due date, your newsletter will be delayed or not renewed until your membership is up-to-date.

**Also be aware that several of our members certification are up for renewal in 2016. Be sure to check your status to stay current.**

## HELP WANTED

*Please contact Neal Plazio at [nplazio@verizon.net](mailto:nplazio@verizon.net) if your facility is in need of employees. We can post the ads in our newsletter and get the news to all of our local culinary schools.*



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[www.acfofbuffalo.net](http://www.acfofbuffalo.net)



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Seneca Hickory Stick Golf Course  
4560 Creek Rd  
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13<sup>th</sup> Annual Golf Outing  
Seneca Hickory Stick Golf Course  
August 1, 2016

Sign-in @ 11:00AM – Shot-Gun Start @ 12:30

## Corporate Sponsor

**\$650**

Includes

Greens Fee, Cart, Lunch, Cocktails,  
Dinner for 4 Golfers, Two Tee Signs and Gift Bags.

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Seneca Hickory Stick Golf Course  
August 1, 2016

Sign-in @ 11:00AM – Shot-Gun Start @ 12:30

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American Culinary Federation  
Greater Buffalo New York

13<sup>th</sup> Annual Golf Outing  
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